THE UNITED WAY INVESTS IN THE BUILDING BLOCKS FOR A GOOD LIFE: EDUCATION, INCOME & HEALTH.

EDUCATION
Apple Country Head Start
Big Brothers Big Sisters of NW Virginia
Boy Scouts, Shenandoah Area Council
Boys & Girls Club of NSV
Fremont Street Nursery
Girl Scout Council of Nations Capitol
Healthy Families of NSV
Heritage Child Development Center, CHEERS
LFCC Education Foundation
Shenandoah Education Foundation
Shenandoah Valley Discovery Museum
Winchester Day Nursery
Winchester Education Foundation

INCOME
American Red Cross of The Shenandoah Valley
Blue Ridge Legal Services
Faithworks, Inc.
Habitat for Humanity, WFC
Highland Food Pantry
Literacy Volunteers, Winchester Area
NW Works, Inc.
Response, Inc.
Shenandoah Alliance for Shelter
The Laurel Center
The Salvation Army
Veterans Community Resources
WATTS

HEALTH
Abba Care, Inc.
Adult Care Center of NSV
Aids Response Effort, Inc.
Blue Ridge Hospice
Child Safe Center
CLEN
Council on Alcoholism, Lord Fairfax House
Concern Hotline
Dental Clinic of NSV
Faith in Action
Free Medical Clinic
Girls on the Run of Shenandoah Valley
Healthy Families Shenandoah County
NAMI of NSV
NSV Substance Abuse Coalition
Shen-Paco Industries
Shenandoah Area Agency on Aging
Shenandoah County Community Free Clinic
Shenandoah Dental Clinic

THE CHALLENGES ARE REAL

“WE WERE WALKING A FINANCIAL TIGHTROPE”
Many individuals and families in our community struggle to earn enough to meet basic needs. Through the United Way Community Impact Income Grants, United Way helps people build assets and savings to meet long term goals such as education, home ownership and retirement.

“IT’S TOUGH TO DECIDE BETWEEN MEDICINE OR PAYING THE RENT.”
We all need good health to grow, learn, work and play. Through our United Way Impact Health Grants, United Way helps people without insurance to receive dental, prescription and health care services. So individuals can have the gift of sight, opportunity, hope and dignity.

“CHILDREN DON’T COME WITH INSTRUCTION BOOKS.”
Children need a strong start to succeed in school and in life. Investing in early care and education is the best way to prepare young people for success. The United Way Impact Education Grants makes sure children have a supportive home environment, quality child care, mentors and early grade reading skills.

Join the conversation
@UWNSV
www.unitedwaynsv.org

United Way of Northern Shenandoah Valley
329 N. Cameron St. Winchester, VA, 22601
We aspire to drive collaborative community change relating to the Education, Income and Health needs of our region.

**EDUCATION**
Helping children and youth achieve their potential.

The average High School graduate earns $9,000 more a year compared to a drop-out.

**INCOME**
Promoting financial stability and independence.

As many as 1 in 5 households earn less than $25,000 a year.

**Health**
Improving people’s health.

Nearly 60% of adults with a mental illness don’t receive treatment.

**HOW WE HELP**
- Preparing children for learning readiness.
- Mentoring programs to reduce truancy.
- Academic enrichment programs.
- Training initiatives and career opportunities.

**GIVE.**
Your contribution will make a difference year round, helping those who need it most. You can give through payroll deduction at your workplace, by mail or easily online.

**ADVOCATE.**
Champion a cause. Make your voice heard. Collective action is powerful and United Way makes your caring count.

**VOLUNTEER.**
Contribute your time to a project or a cause that’s important to you. We all have something to offer and great things happen when we Live United.

**HOW WE HELP**
- Reduced food insecurity.
- Basic needs such as food, clothing, shelter and support services for those in need.
- Adult basic literacy program, providing reading, writing, math and computer skills.
- Assisting individuals with employment, job preparation and life skills training.

**HOW WE HELP**
- Medical/dental care and support to those in need.
- Transportation for seniors to access medical care.
- Assistance with risky behaviors (such as drug/alcohol abuse, transmitted diseases, etc.).
- Helping people deal with depression and mental health issues.

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- Academic enrichment programs.
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