

Literacy Volunteers Shenandoah County

P.O. Box 303
134 N. Church St.
Woodstock, VA 22664

Phone: 540-459-2446
Website: www.lv-sc.org

Mission:

To help adults improve their reading ability and teach English to foreign born

Area & Services: Shenandoah County; Tutoring in reading and English via basic literacy, English as a second language, family literacy

Eligibility: Everyone

Volunteer Needs: Volunteers needed to tutor one or two hours a week and assist professional instructors. Orientation and training provided.

Special Events: Literacy Works Celebration

Office Hours: Monday-Friday
Varies

Organized: 1983



Literacy Volunteers Winchester Area

301 N. Cameron St., Suite 102
Winchester, VA 22601
www.lvwa.org

Phone: 540-536-1648
Fax: 540-536-0198
E-mail: info@lvwa.org

Mission:

*Improving our community by advancing essential literacy skills
for adults through education and advocacy.*

Area & Services: Winchester City, Frederick and Clarke Counties;
Provides one-on-one and small group tutoring in reading, writing, math,
Pre-GED, English language, computers, citizenship, and personal finance.
The Family Literacy program is a holistic approach to support literacy for
adults and children in our community.

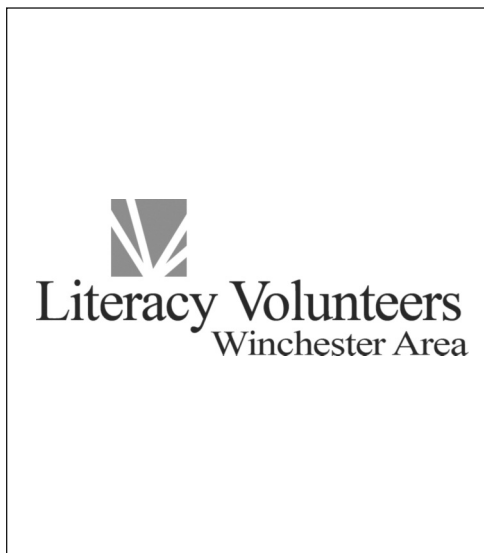
Eligibility: Adults and families

Volunteer Needs: Tutoring (one-on-one, small group, classes), office support, special events,
fundraising, grant writing, technology

Special Events: Storybook Ball (October) and
Adult Spelling Bee (Spring)

Office Hours: Monday-Thursday
9 am-5 pm

Organized: 1985



KL

Lord Fairfax Area Food Bank

1802 Roberts St.
P.O. Box 3142
Winchester, VA 22604
Email: cholley@brafb.org

Phone: 540-450-1799
Fax: 540-722-4217
Website: www.brafb.org

Mission:

To obtain and efficiently distribute nutritious foods and other products to member agencies while developing programs and partnerships to help eliminate hunger

Area & Services: Winchester; Clarke, Fauquier, Frederick, Loudoun, Page, Rappahannock, Shenandoah, and Warren Counties

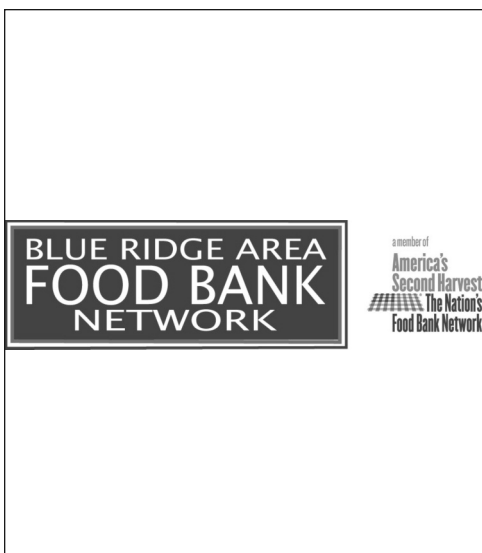
Eligibility: Member agencies must be 501-(c)-(3) organizations or recognized churches

Volunteer Needs: Warehouse workers, shelf stockers, transportation of donated food, answer phones, people to clean, sort food and coordinate food drives

Special Events: Fund Raising Letter campaign, food drives, Scouting for Food and Letter Carrier food drives

Office Hours: Monday-Friday
8:30 am-3 pm

Organized: 1981



Lord Fairfax Community College

Middletown Campus
173 Skirmisher Lane
Middletown, VA 22645
Fauquier Campus
6480 College St.
Warrenton, VA 20187

Toll free: 1-800-906-LFCC (5322)
Phone: 540-868-7000
Fax: 540-868-7100
Phone: 540-351-1505
Fax: 540-351-1540

Mission:

Lord Fairfax College (LFCC) is a comprehensive, open-access institution and one of 23 community colleges that make up the Virginia Community College System. Serving a growing and diverse eight-locality region in northwestern Virginia, promoting excellence in teaching and learning as the means to advance the development of students. The College is dedicated to creating a positive, supportive, learning-centered environment for all students, employees and community members. Committed as well to strengthening the educational, economic and cultural life of our diverse community. Through commitment, providing accessible, flexible, high-quality and cost-effective educational and workforce training programs that prepare students for further education, job advancement, meaningful careers, life-long learning and personal fulfillment

KL

Area & Services: LFCC provides for the educational needs of the City of Winchester, and Clarke, Fauquier, Frederick, Page, Rappahannock, Shenandoah and Warren Counties

Eligibility: Open admission

Volunteer Needs: Tutoring, fundraising



Special Events: Martin Luther King, Jr. Day Honors Convocation, Fairfax Follies, 5K Scholarship, Walk/Run, Commencement, Dinner Theatre, Alumni Reunion

Office Hours: Monday-Friday
8 am-4:30 pm

Organized: 1970

March of Dimes Foundation

13690 Berkmar Circle

Charlottesville, VA 22901

Website: www.marchofdimes.org/va, www.nacersano.com (Spanish)

Phone: 800-868-5894

Fax: 1-434-293-2403

Mission:

*To improve the health of babies by preventing birth defects,
premature birth and infant mortality*

Area & Services: Shenandoah Valley and Northern Piedmont
Providing residents with educational resources on maternal and child health

Eligibility: Everyone

Volunteer Needs: Volunteers are needed to assist with preparations for the March for Babies and other special events throughout the area

MN



Special Events: Spring—March for Babies;
Fall—Pink and Blue Jeans for Babies, Signature Chefs Auctions; Prematurity Awareness Month (November)

Office Hours: Monday-Friday
9 am-5 pm

Organized: 1938

Mended *Little* Hearts of the Shenandoah Valley (previously MLH of Winchester)

158 W Stonewall St.

Phone: 540-908-2214

New Market VA 22844

Email: ShenandoahValleyVA@mendedlittlehearts.org

Website: www.shenandoahvalley.mendedlittlehearts.net

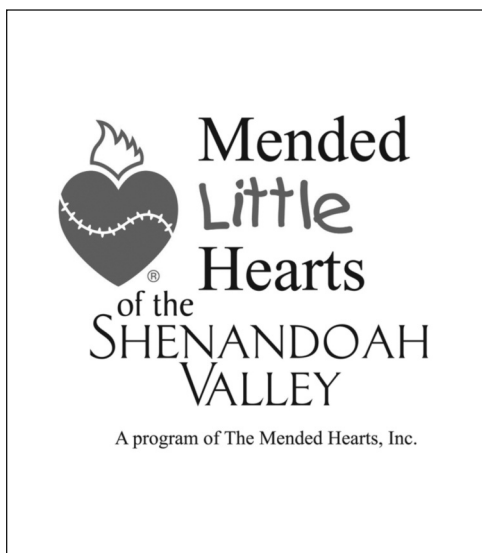
Mission:

Mended Little Hearts provides hope and support to children, families, and caregivers impacted by congenital heart defects in order to extend and improve quality of life.

Area & Services: Rockingham, Shenandoah, Frederick/Winchester, Warren, Clarke and Page Counties in VA and the West Virginia Panhandle

Eligibility: Individuals, families, healthcare professionals affected by congenital heart disease.

MN



Office Hours: Monthly Support Meetings

Organized: Founded in November 2009

Mental Health America - Warren County

PO Box 358
Front Royal, VA 22630

Phone: 540-984-0303

Mission:

Works as a coordinated citizen's movement to promote mental health and wellness in the community.

Area & Services: Warren County - informational displays and materials at health fairs, liaison to local mental health group home.

Eligibility: Warren County resident

Volunteer Needs: Board members and fair representatives always needed.

MN

Organized: 1974



NAACP Winchester Branch #7127

P.O. Box 2365
Winchester, VA 22604

Phone: 540-327-7061

Mission:

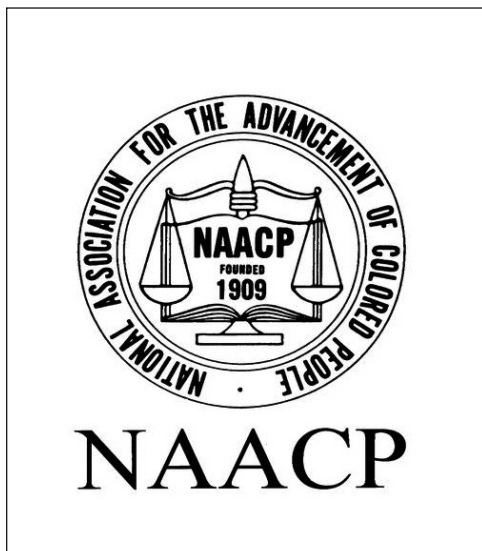
The mission of the National Association for the Advancement of Colored People is to ensure the political, educational, social, and economic quality of rights of all persons and to eliminate racial hatred and racial discrimination

Area & Services: Winchester; Clarke and Frederick Counties;
We are a 21st century advocacy organization that fights for the advancement of minority groups by bridging the gaps in seven advocacy areas including education, economic empowerment, healthcare, criminal justice, civic engagement, international affairs and poverty issues.

Eligibility: All interested parties who reside or work in Frederick or Clarke Counties or the City of Winchester

Volunteer Needs: Varies

MN



Special Events: Freedom Fund Banquet, Apple Blossom Formal Dance, Annual Golf Tournament at Rock Harbor

Office Hours: Monthly meetings held on second Saturdays are open to all current and prospective members

Organized: 1909; locally in 1976 and reactivated in 2009

The National Alliance on Mental Illness (NAMI)

Winchester

P.O. Box 4550

Winchester, Virginia 22604

Website: www.namiwinchester.org

Phone: 540.533.1832 (affiliate phone)

540.532.2366 (education registration line)

Email: namiwinchester@live.com

Mission:

To provide support, education and advocacy for individuals, their families and others most affected by mental illness

Area & Services: City of Winchester, Counties of Clarke, Frederick, Warren, Shenandoah and Page

Eligibility: NAMI is a membership organization. Annual membership is \$35 annually. However, you do not have to be a paid member to utilize our services.

Volunteer Needs: Peer mentors, teachers, facilitators, presenters and coordinators for our signature education and support programs.

MN



Special Events: May Mental Health Awareness Month
Mental Illness Awareness Week (first full week of October)

Office Hours: Vary

Organized: February 1983

National Counseling Group, Inc.

817 Cedar Creek Grade, Suite 202
Winchester, VA 22601

Phone: 540-450-2734

Fax: 540-450-2735

Email: paul.scardino@nationalcounselinggroup.com

Website: www.nationalcounselinggroup.com

Mission:

To Alleviate Suffering and Improve Lives

Area & Services: Winchester; Frederick, Clarke, Warren, Shenandoah Counties
Providing In-Home, Outpatient, Addiction, Parenting, Crisis Services

Eligibility: Youth and Adults; Accepts Medicaid, CSA funding, Self Pay

MN



Office Hours: Monday-Friday
9 am-5 pm

Organized: 1993

NewBridges Immigrant Resource Center

64 West Water St.

Harrisonburg, VA 22801

Website: www.NewBridgesIRC.org

Phone: 540-438-8295

E-mail: jmillergonzalez@newbridgesirc.org

Mission:

To assist with the spiritual, social and economic needs of immigrants in the Shenandoah Valley, connecting people and churches in order to create a resilient community, that values the cultural diversity of our different groups

Area & Services: Harrisonburg and surrounding counties

Eligibility: Anyone who speaks little or no English

Volunteer Needs: Case management volunteers to help immigrants deal with medical bills from the hospital, provide information and referrals to immigrants, help with obtaining passports and other documents, and help our office and fundraising staff with newsletters, grant writing, and many other tasks. Bilingual speaking abilities are required for work related to clients

MN



Special Events: Annual Taste of the World event

Office Hours: Monday-Thursday
9 am-4 pm

Organized: 2000

New Eve Ministries Maternity Home

P.O. Box 1518
Winchester, VA 22604
Website: www.neweveministries.org

Phone: 540-450-0775
E-mail: info@neweveministries.com

Mission:

New Eve Ministries is a Catholic, pro-life organization dedicated to providing a home for expectant mothers in a crisis pregnancy. The home provides for mothers of any faith the opportunity to grow in self-respect and independence while celebrating the dignity of their motherhood.

Area & Services: Winchester, Frederick County and contiguous counties and cities. Providing transitional housing, support, spiritual and material assistance with the goal of giving mothers the opportunity to build a better life

Eligibility: Expectant mothers, 18 years of age or older, who are homeless or are fleeing an abusive situation

Volunteer Needs: Drivers, Mentors, Tutors, Babysitters, House Moms

MN



Special Events: Fall Fund Raising Gala

Office Hours: Phone messages checked daily

Organized: 2006

Northern Shenandoah Valley Adult Education

Lord Fairfax Community College
173 Skirmisher Lane
Middletown, VA 22645

Phone: 540-869-0748
Email: ajudd@lfcc.edu
Website: needmyged.org

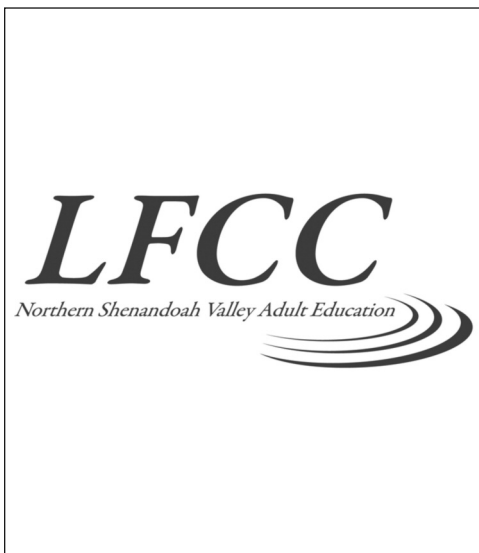
Mission:

As a partner in Virginia's workforce development system, Northern Shenandoah Valley Adult Education at Lord Fairfax Community College strengthens the Commonwealth's economy by supporting innovative, effective educational programs that prepare individuals for college, careers, and responsible citizenship.

Area & Services: Winchester, and the counties of Clarke, Frederick, Page, Shenandoah, and Warren. Free Adult Basic Education, GED Prep, and English for Speakers of Other Languages classes.

Eligibility: Adults over the age of 18

MN



Special Events: Free morning and evening classes

Office Hours: Monday-Friday
8 am-5 pm

Northern Shenandoah Valley Regional Commission

400-E Kendrick Lane, Suite E
Front Royal, VA 22630
Website: <http://nsvregion.org/>

Phone: 540-636-8800
Email: info@nsvregion.org

Mission:

*To plan and assist in planning, and where necessary,
assist in the implementation*

Area & Services: City of Winchester; Clarke County; Frederick County, Middletown, Stephens City; Strasburg and Shenandoah County; Page County; Luray; and Warren County and Front Royal

Eligibility: All governmental and private entities

Volunteer Needs: Organizing input of data, computer skills, and organizing community groups

MN



Office Hours: Monday-Friday
8:30 am-5 pm

Organized: 1970

Northwestern Community Services Board

Various locations in the Northern Shenandoah Valley

Main Admin Office:

Phone: 540-636-2931

209 W. Criser Rd.

Fax: 540-636-7171

Front Royal, VA 22630

Website: NWCSB.com

Mission:

It is the mission of Northwestern Community Services to help people through life's challenges with quality behavioral health services guided by principles of respect, recovery, and self-determination.

Area & Services: Northwestern Community Services offers an array of outpatient, case management, day support, residential and emergency programs that are designed to enhance the quality of life for both children and adults affected by emotional/behavioral disorders, mental illness, substance use, and mental retardation and developmental disabilities (ID/MR/DD). Northwestern specializes in rehabilitative and family support services for individuals with such long-term challenges as schizophrenia, bipolar disorder, major depression, addiction, and those with significant impairments from ID/MR/DD. New referrals are screened for appropriateness and, depending upon capacity/need for service requested, may require placement on a waiting list.

NWCS also provides 24-hour emergency evaluation, short-term treatment and hospital referral to individuals having mental health, emotional, substance use, or behavioral crises that pose a safety risk to themselves or others. After regular office hours when centers are closed, access to our professional emergency staff is available through Concern Hotline.

Northwestern is a public provider with a staff of over 150 caring professionals. While some public funds support these programs, fees make up the largest portion of the budget and charges are based upon the individual or family's available resources and ability to pay. Participating with the Virginia Wounded Warrior program.



Eligibility: Determined when an individual calls in for service through the call center. (see above)

Volunteer Needs: Varies depending on location

Northwestern Regional Educational Programs (N.R.E.P.)

1481 Senseny Road
Winchester, VA 22602
Website: www.frederick.k12.va.us

Phone: 540-665-0103
Fax: 540-665-2461

Mission:

*To identify and provide services for any child aged 2 to 21
who has a combination of disabilities*

Area & Services: Winchester; Clarke and Frederick Counties; Providing special education services, in addition to speech, music, physical, and occupational therapy; counseling, nurse care, vision and hearing services for students in public school systems

Eligibility: Eligibility for services determined by local educational agency

Volunteer Needs: Volunteers are needed to help in all areas of the organization

Office Hours: Monday-Friday
8 am-4 pm

Organized: 1976



NW Works, Inc.

3085 Shawnee Drive
Winchester, VA 22601
Website: www.nwworks.com

Phone: 540-667-0809
Fax: 540-313-9058
E-mail: feedback@nwworks.com

Mission:

*To enable adults with disabilities to select, secure,
and sustain valued employment and training*

Area & Services: Winchester; Clarke, Frederick and Warren Counties;
Provides in-facility and community-based
employment opportunities; CARF Accredited;
janitorial & landscaping services available and contract work

Eligibility: Anyone 18 or older diagnosed with a disability;
basic self-care skills; must have some form of funding

Volunteer Needs: For volunteer opportunities, contact Vera Pistel at 540-313-9440

MN



Special Events: Vocational training
opportunities, special
activities for workers, annual
Haunted Casino Night Fundraiser

Office Hours: Monday-Friday
8 am-4 pm

Organized: 1970

Open Door Food Pantry, Inc.

P.O. Box 292
Mount Jackson, VA 22842

Voice mail: 540-740-8025

Mission:

To provide food to needy persons and families

Area & Services: Mount Jackson, Basye, Quicksburg, Forestville, Orkney Springs

Eligibility: Those who meet government requirements for SNAP and low income

Volunteer Needs: We are an all-volunteer organization and we always need more, younger help

**Open
Door
Food
Pantry**

Special Events: Distribution Day, third Thursday of each month; hours are 1 pm-6 pm; we are also on call for emergencies at 540-740-8025

Organized: 1991

OP

Our Health, Inc.

329 N. Cameron St., Suite 200
Winchester, VA 22601
Website: www.ourhealthva.org

Phone: 540-536-1600
Fax: 540-536-0192

Mission:

Our Health supports partner agencies to improve the health and wellbeing of our community by enhancing capacity, fostering collaboration, and improving outcomes

Area & Services: Fairfax Planning District
Community non-profit and public service campus, Volunteer Action Center, grant writing and administration, training and technical assistance

Eligibility: Non-profit and public service agencies dedicated to serving the health and well-being of those most in need in our service delivery area

Volunteer Needs: Volunteers are welcome in all aspects of the organization. The Our Health Volunteer Action Center assists in helping volunteers select non-profit agencies.

OP



Special Events: Please go to our website listed above to see list of upcoming events

Office Hours: Monday-Friday
9 am-5 pm

Organized: 1999

Page One of Page County, Inc.

42 W. Main St.

Luray, VA 22835

E-mail: pageone@centurylink.net

Phone: 540-743-4357

Fax: 540-743-4863

Mission:

To help those less fortunate in the county with emergency situations

Area & Services: Page County; Food, rent, water, fuel, clothing

Eligibility: Low-income, ID, resident for six months

Volunteer Needs: Thrift helpers to sort clothing, stock shelving

**Page One
of
Page
County**

Special Events: Special sale on first Friday and Saturday of the month

Office Hours: Family Assistance Hours:
9 am-11:30 am
Monday, Tuesday;

Thrift Shop:
9 am-4 pm, Monday-Friday;
9 am-2 pm, Saturday

Organized: 1977

OP