# United Way of Northern Shenandoah Valley

**Community Services Directory 2019-2021** 



# United Way of Northern Shenandoah Valley

Visit us on the web at: www.unitedwaynsv.org



# **TABLE OF CONTENTS**

President's Letter	3
Alphabetical Index	4-10
Alphabetical Listing of Service Organizations	11-174
Toll-Free Directory	175-178
Service Index (Listings by Categories)	179-186
Listing of Food Pantries	187-190
Listing of Public Schools	191-195

# United Way of Northern Shenandoah Valley COMMUNITY SERVICES DIRECTORY 2019-2021

#### Dear Neighbors:

Across our region, medical emergencies, financial crises, and housing insecurities force families to make tough choices every day. The ability to meet basic needs, including access to safe housing, adequate food and medical care, provides stability for our community. Hundreds of nonprofits across our region are working to address these needs.

This Community Resource Directory is a comprehensive guide to area non-profits and services. It contains information on over 165 non-profits community-wide, covering the city of Winchester, and the counties of Frederick, Clarke, Shenandoah, Page, and Warren. The directory, which has been offered by United Way NSV since 1996, is made available at no cost to area businesses, schools, medical offices and the community at large.

Over the years, United Way of Northern Shenandoah Valley has assessed our community needs and provided special resource information aimed at current issues affecting local residents. This edition includes more than 25 new agencies and a comprehensive list of food pantries and public schools.

In 2018, we launched the Valley Assistance Network (VAN), a program to help families navigate community resources. The core service of VAN is a comprehensive resource and referral system to help families connect with services. In phase two, clients have access to financial education and coaching to help move them become financially secure. Using the Community Services Directory, our staff and volunteers at VAN are 'walking resource guides' where real people walk alongside families who need help connecting with services.

We hope this resource is helpful to you. Please keep in mind that information changes frequently and it's important to call ahead to verify services. If you need additional assistance or have agencies to add to the list of resources, please contact the Valley Assistance Network at (540) 773-3178.

We thank our friends at LSC Communication for printing this valuable tool for our community. Additionally, we want to express our appreciation to United Way volunteers, staff, and The Northern Virginia Daily for their support.

Sincerely,

Madir Ryon

Nadine Pottinga, President and Chief Executive Officer

United Way of Northern Shenandoah Valley

# **ALPHABETICAL INDEX**

A Small Hand	11
AARP Tax-Aide Volunteer Income Tax Assistance	12
ABBA Care Inc	13
Access Independence	14
ADAPT (Adult Day Activities Program Team)	15
Adult Care Center of the Northern Shenandoah Valley, Inc	16
AIDS Response Effort, Inc.	17
Alcoholics Anonymous	18
Alzheimer's Association	19
American Cancer Society	20
American Lung Association	21
American Red Cross of the Shenandoah Valley	22
Arise of Page Co	23
Big Brothers Big Sisters of Northwest Virginia	24
Blue Ridge Center for Therapeutic Horsemanship	25
Blue Ridge Educational Center	26
Blue Ridge Habitat for Humanity	27
Blue Ridge Habitat for Humanity Restore	28
Blue Ridge Hospice	29
Blue Ridge Housing Network, Inc	30
Blue Ridge Legal Services	31
Blue Ridge Opportunities	32
Blue Ridge Poison Center	33
Boy Scouts of America - Shenandoah Area Council	34

Brain Injury Association of Virginia	35
Bridging the Gaps	36
Bright Futures Frederick/Winchester	37
Catholic Charities Diocese of Arlington	38
C-CAP - Winchester	39
CDI Headstart	40
Centralized Housing Intake	41
CFW - Child Foster Care	42
Child Safe Center	43
Choices, Council on Domestic Violence for Page Co., Inc.	44
Clarke County Parks & Recreation Department	45
Community Prenatal Access	46
Community Veterans Engagement Board	47
Concern Hotline, Inc	48
Council on Alcoholism - Lord Fairfax House	49
Deaf and Hard of Hearing Services Center, Inc	50
Dental Clinic of NSV	51
Department of Social Services-Clarke County	52
Department of Social Services-Frederick County	53
Department of Social Services-Shenandoah County	54
Department of Social Services-Page County	55
Department of Social Services-Warren County	56
Department of Social Services-Winchester	57
Diabetes Management Program Valley Health	58
disAbility Law Center of Virginia	59

Disabled American Veterans	60
Division of Child Support Enforcement	61
Dr. Terry Sinclair Health Clinic	62
Edgehill, A Recovery Retreat Center	63
F.R.E.E. Foundation of Northern Shenandoah Valley	64
Faith in Action	65
Faithworks, Inc	66
Families Reaching Out Group (Froggy's Closet)	67
Family Promise of Shenandoah County	68
FISH of Clarke County, Inc	69
Frederick County Esther Boyd Animal Shelter	70
Frederick County Parks & Recreation Department	71
Fremont Street Nursery	72
Front Royal/Warren County C-CAP	73
Front Royal Pregnancy Center	74
Girl Scout Council of the Nation's Capital	75
Godfrey Miller Historic Home and Fellowship Center	76
Grace House	77
Grafton Integrated Health Network	78
Habitat for Humanity of Page County	79
Habitat for Humanity of Warren County	80
Handley Regional Library	81
Healthy Families Northern Shenandoah Valley	82
Healthy Families Page and Shenandoah Counties	83
Henry & William Evans Home for Children	84

Heritage Child Development Center	85
Highland Food Pantry	86
Home Health Services - Valley Health	87
Horizon Goodwill Industries	88
House of Hope	89
Humane Society of Warren County	90
I'm Just Me Movement	91
Infant & Toddler Connection of Shenandoah Valley (ITC-SV)	92
Lions Clubs Eyeglasses Program of Winchester/Frederick County	93
Literacy Volunteers - Winchester Area	94
Lord Fairfax Area Food Bank	95
Lord Fairfax Community College	96
Lord Fairfax Health District (Health Departments)	97
Lord Fairfax Small Business Development Center	98
Lutheran Family Services	99
Lydia's Clothes Closet, Inc.	100
Mental Health America - Warren County	101
Moms in Motion	102
NAACP - Winchester Area	103
Narcotics Anonymous	104
National Alliance on Mental Illness (NAMI) Winchester	105
New Bridges Immigrant Resource Center	106
New Eve Maternity Home	107
Northern Shenandoah Valley Adult Education	108
Northern Shenandoah Valley Regional Commission	109

Northern Shenandoah Valley Substance Abuse Coalition	110
Northwestern Community Services Board	111
Northwestern Regional Educational Programs (NREP)	112
NW Works, Inc	113
Our Health, Inc	114
Page County Free Clinic	115
Page County Public Libraries	116
Page One of Page County, Inc	117
People Incorporated of Virginia	118
Phoenix Project	119
reSolutions, Inc.	120
Response, Inc.	121
Ronald McDonald House Charities of Charlottesville, Inc	122
Senior Community Service Employment Program (SCSEP)	123
Shenandoah Alliance for Shelter	124
Shenandoah Area Agency on Aging	125
Shenandoah Community Health Clinic	126
Shenandoah County Library System	127
Shenandoah County Parks & Recreation Department	128
Shenandoah County Pregnancy Center	129
Shenandoah County Search, Inc.	130
Shenandoah Valley Community Residences, Inc.	131
Shenandoah Valley Compassionate Care Pharmacy	132
Shenandoah Valley Discovery Museum	133
SHEN-PACO Industries, Inc	134

Skyline Community Action Partnership - Headstart	. 135
SPCA-Winchester	. 136
Special Love, Inc Camp Fantastic	. 137
St. Luke Community Clinic	. 138
Steppin' Out Walking Club	. 139
Strength in Peers	. 140
The Arc of Northern Shenandoah Valley	. 141
The Arc of Warren, Inc.	. 142
The Kids Club of Northern Shenandoah Valley	. 143
The Laurel Center	. 144
The Life Center of Page Valley	. 145
The Reading Road Show - Gus Bus	. 146
The Red Wagon Ministry	. 147
The Salvation Army - Front Royal/Warren County	. 148
The Salvation Army - Winchester	. 149
The Warren Coalition	. 150
Timber Ridge School	. 151
Toys for Tots	. 152
United Way of Front Royal/Warren County	. 153
United Way of Northern Shenandoah Valley	. 154
Valley Assistance Network	. 155
Valley Health System	. 156
Valley Light Foundation	. 157
Virginia Autism Resource Center	. 158
Virginia Career Works, Shenandoah Valley Region	. 159

Virginia Cooperative Extension	. 160
Virginia Department for Aging and Rehabilitative Services	. 161
Virginia Department of Veterans Services	. 162
Virginia Employment Commission	. 163
Virginia Lawyer Referral Service	. 164
Virginia Relay Center	. 165
Volunteers of America Chesapeake	. 166
Winchester Area Temporary Thermal Shelter (WATTS)	. 167
Winchester Day Preschool & Child Care Center	. 168
Winchester Parks and Recreation Department	. 169
Winchester Rescue Mission	. 170
Winchester Victim Witness Program	. 171
Winchester/Frederick/Clarke Crime Solvers	. 172
Woodstock Clothes Closet	. 173
Youth Development Center, Inc.	174

# A Small Hand Shenandoah Valley Lutheran Ministries

Pantry is located in Edinburg Christian Church, 210 Center Street, Edinburg Administrative Address is P.O. Box 132, Toms Brook, VA 22660 Website: www.svlm.org Email: Shenvallevlm@gmail.com

## Mission

A Small Hand bridges the gap between where government assistance for infants stops and community support starts.

## Area and Service:

A specialist pantry for Shenandoah County infants (newborn to 3 years old.) Children and infants who are currently enrolled in the government-supported Women, Infant, & Children (WIC) program can visit A Small Hand twice a month. They will be offered a two-week supply of disposable diapers and wipes, along with additional items as they are available: clothes, food, formula, hygiene items (shampoo, lotion, etc.).

**Volunteer Needs:** An all-volunteer organization that would appreciate help with inventory donations and packing goods. Spanish-speaking individuals are needed. Friends who crochet, quilt, and knit items for children, fundraisers, and fresh ideas also needed. Come by on Thursdays!



**Special Events:** We participate in Shenandoah County community events

**Pantry Hours:** Open on Thursdays (except Thanksgiving) 9 to 11 am and 5 to 7 pm

# AARP Tax-Aide Volunteer Income Tax Assistance

Locations in Winchester, Front Royal, Luray, Edinburg, and other communities throughout the Shenandoah Valley – see website for addresses and schedule. Sites open Feb. 1 through April 15. You may also refer to www.shenandoahaaa.com for information.

601 E Street NW Phone: 1-888-OUR-AARP

Washington, DC 20049 1-888-687-2277

Email: taxaide@aarp.org

Website: http://www.aarp.org/money/taxes/aarp\_taxaide/

## Mission

Free tax preparation service for persons with low and moderate income, with special attention to those 50 and older. Through a cadre of trained volunteers, we have helped low- to moderate-income individuals for more than 40 years.

**Area and Service:** Free preparation of personal income tax returns for persons with low to moderate income

**Eligibility:** Open to anyone with low to moderate income, special attention to persons 50 years of age and older

**Volunteer Needs:** Tax preparers are trained by the IRS and need to be computer literate. Need to be comfortable with figures and have done their own taxes in the past. Training takes place every January.



# ABBA Care, Inc.

200 Weems Lane Winchester, VA 22061

Website: www.abbacare.org

Phone: 540-665-9660 Fax: 540-722-8053

E-mail: info@abbacare.org

### **Mission**

Encouraging sexual integrity, empowering life-affirming pregnancy and parenting decisions, strengthening relationships

#### Area and Services:

Free of charge services: pregnancy tests, STD/STI information, pregnancy confirmation ultrasound, confidential peer counseling (for men and women), accurate options information, abortion recovery support (PACE program), ongoing pregnancy and parent education, community referrals, material resources (maternity and baby) Post-abortion information: 540-665-9660. Ask for Chris. All information stays confidential

Eligibility: Women and men facing an unplanned pregnancy

**Volunteer Needs:** Volunteer opportunities vary from one-time event help to ongoing participation alongside the staff. Details available online



**Special Events:** Change for Life baby bottle campaign (winter), Walk for Life (spring), annual banquet (fall), movie night

### **Office Hours:**

Monday through Thursday 10 am to 5pm Friday 10 am to 2 pm Schedule an appointment

# Access Independence, Inc.

324 Hope Drive Winchester, VA 22601

Website:

www.accesssindependence.org

E-mail: askai@accessindependence.com

Phone: 540-662-4452 Fax: 540-662-4474 TDD: 540-662-5556

# **Mission**

To promote independent living by providing services that enhance the quality of life for people with disabilities living in Virginia's Northern Shenandoah Valley.

## Area and Service:

Individual and systems advocacy, independent living skills, peer mentoring, personal care assistance and housing registry, home modifications, assistive technology and adaptive equipment. Education - information & referral, community education and awareness, waiver services, accessibility services, advocacy - individual advocacy and community advocacy

# **Eligibility:**

A person with a disability

**Volunteer Needs:** Make donations, help with events, planning, fundraising, or serve as a Board member.



Office Hours: 8:30 am to 5 pm Monday

through Friday

Organized: June 1985

# **ADAPT** (Adult Day Activities Program Team)

Address: 2273 Valley Ave. Winchester, VA 22601 E-mail: jjudd@grafton.org

Fax: 540-723-8865 Website: www.grafton.org

Phone: 540-272-7540

### Mission

ADAPT is committed to the belief that everyone has the right to a meaningful life with opportunities for growth, self-expression, and social interactions

## Area and Service:

Serves City of Winchester and Frederick County. Grafton's ADAPT participants have opportunities for socialization, recreation, creative expression, and the development of vocational, community and self-care skills. Staff assist in securing volunteer opportunities so the participants can give back to their community.

# **Eligibility:**

Adults with intellectual disabilities, ID Waiver funding, or private pay. Provides jobs.



**Office Hours:** 9 am to 2 pm Monday

through Friday

# **Adult Care Center**

Of the Northern Shenandoah Valley, INC.

411 N. Cameron St., Suite 100 Phone: 540-722-2273 Winchester, VA 22601 Fax: 540-450-2263

Website: www.adultcarecenter.net E-mail: adultcare@ntelos.net

## Mission

Provides assistance to those with conditions impacting memory and independence for the purpose of enriching a person's life story through encouraging and engaging services and activities

## **Area and Service:**

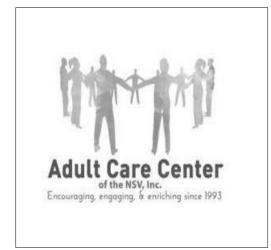
Services offered to anyone throughout the region (Transportation not provided); Monday-Friday adult day, health care for adults unable to stay by themselves due to conditions such as Alzheimer's disease. Support services for caregivers.

# **Eligibility:**

Private pay, Medicaid provider, Veteran Affairs approved facility

# **Volunteer Needs:**

Volunteers are needed to assist with activities in group or one-or-one setting.



Office Hours: Monday through Friday

7:30 am to 5:30 pm

# AIDS Response Effort, Inc.

124 W. Piccadilly Street Winchester, VA 22601

Website: www.aidsresponseeffort.org

Phone: 540-536-5291 Fax: 540-536-5805

#### Mission

AIDS Response Effort (ARE) is a non-profit organization providing compassionate care and critical information to men, women, and children impacted by HIV/AIDS in the Northern Shenandoah Valley of Virginia

For Housing Assistance, the first step is Centralized Intake – 540-271-1701

# **Area and Services:**

Serves City of Winchester and Clarke, Frederick, Shenandoah, Page, and Warren counties and neighboring West Virginia counties. Tenant-based assistance (TBRA), short-term rental mortgage and utility assistance (STRMU), shelter plus-care-coordinated service, free rapid HIV testing, condom distribution program

# **Eligibility:**

HIV positive; additional eligibility guidelines may be in place for some programs

Volunteer Needs: Check ARE website under volunteer tab



Office Hours: Monday through Friday

8:30 am to 5 pm

# **Alcoholics Anonymous**

A.A. World Services is located at 475 Riverside Drive at W. 120 St.,  $11^{th}$  floor, New York, NY 10115

Toll free Helpline: 800-839-1686

Website: www.aa.org

https://aavirginia.org/meetings

# Mission

Alcoholics Anonymous is an international fellowship of men and women who have or have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere.

#### Area and Service:

AA is a self-supportive fellowship and there are no boundaries to its service. AA is a Twelve Step program. A.A.'s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to become happily and usefully whole.

**Eligibility:** There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

**Volunteer Needs:** Numerous volunteer needs are available to persons who join the fellowship.



Office Hours: 24 hours a day hotline

# Alzheimer's Association

# National Capital Area Chapter

Website: www.alz.org/nca 24/7 Helpline: 800-272-3900

## **Mission**

To eliminate Alzheimer's disease through the advancement of research, to provide and enhance care and support for all affected, and to reduce the risk of dementia through the promotion of brain health

# **Area and Services:**

City of Winchester; Frederick, Clarke, and Warren counties; as well as Northern Virginia, Suburban and Southern Maryland, and the District of Columbia. Programs and services are offered free of charge or at low cost to those in need. Offer a 24/7 Helpline, information and resources, online tools, support groups, education workshops, conferences, and safety services. Advocate for critical Alzheimer's research and prevention and care initiatives at the state and federal level.

Eligibility: Available to all

**Volunteer Needs:** Current opportunities include community outreach representatives, support group facilitators, speakers bureau representatives, education program presenters, special events planning, and logistics volunteers. Orientation, training, and on-going support provided

alzheimer's  $\bigcap$  association°

**National Capital Area Chapter** 

**Special Events:** Walk to End Alzheimer's, Alzheimer's Association, Trial Match, The Longest Day.

Office Hours: Helpline 24/7

# **American Cancer Society**

Helpline: 800-227-2345 Local Phone: 540-667-6675

Website: www.cancer.org

E-mail: Julie.jordanhowey@cancer.org

#### Mission

On a mission to free the world from cancer through funding, research, expert information, supporting patients, and spreading the word about prevention

# **Area and Service:**

City of Winchester and Clarke, Frederick, Page, Shenandoah, Warren, Culpepper, Fauquier, and Rappahannock counties. The American Cancer Society provides an array of services. Please refer to the website for information.

# **Eligibility:**

Cancer patients and their families

**Volunteer Needs:** Volunteers are needed to assist in program delivery, fundraising events, and cancer education.



**Special Events:** For a full list, please visit the website

Office Hours: Monday through Friday

8 am to 4:30 pm

2654 Valley Ave., Suite B

# **American Lung Association**

9702 Gayton Rd. Suite 110 Richmond, VA 23238

Website: www.lungvirginia.org Helpline: 1-800-LUNGUSA Phone: 717-541-5864 Fax: 1-888-415-5757

Email: lungva@lunginfo.va Cportz@lunginfo.org

#### Mission

Improving lung health and preventing lung disease through education, advocacy, and research

### **Area and Service:**

Serves the Northwestern quarter of Virginia, 21 countries, 9 cities; provides public education, research, and mobilization of resources to control and cure lung disease. Some of the many online educational courses include Freedom from Smoking, Asthma Basics, and Better Breathers Clubs.

# **Eligibility:**

Anyone with an interest in lung disease

## **Volunteer Needs:**

Over 10 different ways to give and volunteer. Medical and non-medical volunteers needed to support a wide variety of programs.



Office Hours: 8:30 am to 4:30 pm

# **American Red Cross**

# of the Shenandoah Valley

561 Fortress Drive Winchester, VA 22603 Website:

www.redcross.org/centralvirginia

Phone: 540-662-5412

Fax: 540-662-5482

E-mail: bill.brent@redcross.org Kathy Trenum – Disaster Services Kathy.trenum@redcross.org

## Mission

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

## Area and Service:

Clarke, Warren, Frederick, Page, and Shenandoah counties and the City of Winchester. Provide services to the Armed Forces, disaster services, health and safety training, and blood services

Eligibility: On an as-needed basis

# **Volunteer Needs:**

Blood donors, assistance with blood drives, office volunteers, disaster volunteers, and services to the Armed Forces volunteers



# **Special Events:**

Vehicle Donation Health and Safety Training Classes Volunteer Events

Office Hours: Monday through Friday

8:30 am to 4:30 pm

# **Arise of Page County**

P.O. Box 291 Luray, VA 22835

Website: www.ariseofpc.org

For help, call 540-746-6350 or 540-860-8940

# **Mission**

Arise of Page County is a Christian non-profit organization that provides help, presents hope, and prepares lives through Jesus Christ.

# **Area and Service:**

Provides a safe, temporary residence for homeless families and individuals in Page County and distributes food, personal hygiene items, and other basic necessities.

# **Eligibility:**

Homeless individuals and families in Page County

# **Volunteer Needs:**

Contribute time or goods as a volunteer. Contact a board member. Call the above phone numbers.



# Big Brothers Big Sisters of Northwest VA

121 Youth Development Court Winchester, VA 22602

Website: www.bbbsnwva.org

Phone: 540-662-1043 Fax: 540-545-7826

E-mail: mentoring@bbbsnwva.org

## **Mission**

Provides children facing adversity with strong and enduring professionally-supported one-to-one relationships to help change lives for the better, forever

# **Area and Service:**

City of Winchester and Clarke and Frederick counties

# **Eligibility:**

Children living within the service area may enter the program between the ages of 6 to 12 and may remain in the program through their 18th birthday

## **Volunteer Needs:**

Adults 18 and over who have lived in City of Winchester or Frederick or Clarke counties for 3 months. Must have a valid driver's license, clean driving record, vehicle insurance, transportation; pass background check (criminal/sexual and CPS), commit to weekly visits up to 1 year.



**Special Events:** Bowl For Kids' Sake, Super Hero Breakfast, Littles-Bigs Christmas Party

Office Hours: Monday through Friday

9 am to 5 pm

# Blue Ridge Center for Therapeutic Horsemanship

P.O. Box 438 Boyce, VA 22602 644 Lime Marl Lane Millwood, VA 22646 Website: www.brcth.org Phone: 540-533-2777

E-mail: brcthinc@hotmail.com

# **Mission**

To provide life enhancing, equine-assisted activities for persons with disabling conditions

## Area and Service:

Northern Shenandoah Valley of Virginia and contingent counties of West Virginia. Provides therapeutic horsemanship and equine-facilitated learning for school and group homes, community service, vocational opportunities, seniors in the community, grooming and basic horse care, TRAV rider achievement certificate program

Eligibility: Children & adults, age 3+

**Volunteer Needs:** Lesson volunteers – horse leaders and side walkers; horse and facility management; fundraising and public relations



**Special Events:** Spring and Fall Bingo Fundraisers

**Office Hours:** Based on the individual. Fall sessions, 8-week class Lessons taught weekdays and Saturdays

# Blue Ridge Educational Center

606 Massanutten Ave P.O. Box 1820 Front Royal, VA 22630

Website: www.blueridgeeducation.org

Phone: 540-631-9503 Fax: 540-631-9504

E-mail: staff@blueridgeeducation.org

#### Mission

A private day school for students with disabilities. Structured, creative and flexible learning environment.

#### Area and Service:

Front Royal, Warren County, and neighboring counties, homeschooling. The day program provides part-time or full-time individualized educational services for students with a wide range of needs and abilities. After-school tutoring for students in public or private schools. Summer school courses for credit. Contact center for additional services.

# **Eligibility:**

Grades 6-12. Fee arranged on students' academic needs

**Special Events:** Annual Mid-Eastern Dinner and Dance Performance, usually in January



Office Hours: During the school year: Monday through Friday 9 am to 3 pm During the summer: Monday through Thursday 9 am to 1 pm After school tutoring: Afternoons and evenings Other hours by appointment only Follow Warren County Public Schools for closings.

# Blue Ridge Habitat for Humanity

400 Battaile Drive Winchester, VA 22601

Website: www.blueridgehabitat.org

Phone: 540-662-7066 Fax: 540-450-0360

E-mail: info@blueridgehabitat.org

# **Mission**

As a Christian housing ministry, Blue Ridge Habitat for Humanity provides incomequalified families the opportunity to purchase decent, affordable housing and to make a positive impact on the neighborhoods and the community at-large.

## **Area and Service:**

City of Winchester and Frederick, Clarke, and Shenandoah counties. Provides housing and housing education.

**Eligibility:** Must be a resident for at least one year at time of application. Check criteria on website and call with questions. Family size and income qualifications are online. Applications must be made by March.

**Volunteer Needs:** Construction and non-construction opportunities. Due to the hazards of construction work, there are some limitations on what volunteers under 18 may do.



**Special Events:** Salvage Art Show, Poker Run, International Day of Prayer, World Habitat Appreciation Picnic

Office Hours: Monday through Friday

9 am to 5 pm

# Blue Ridge Habitat for Humanity Restore

400 Battaile Ave. Email: restore@habitatwfc.org

Winchester, VA 22601

Website: www.blueridgehabitat.org/restore

Phone: 540-662-9704

## Mission:

The Winchester ReStore is a home improvement outlet center that sells new and gently used goods donated by individuals, retail and building supply companies, and contractors. Items sold at ReStore are 50 to 90 percent below retail.

# Area & Service:

Proceeds are used to further Habitat for Humanity of Winchester-Frederick-Clarke's mission to build simple, decent, and affordable homes for families in need.

# **Eligibility:**

The store is open to the public, and anyone may volunteer.

**Volunteer Needs:** Volunteers assist in accepting donations, preparing items for sale, working on projects, and interacting with customers to provide great customer service and support.



## **Store Hours:**

Tuesday - Saturday 9 am to 5 pm Closed Sunday and Monday

# **Blue Ridge Hospice**

333 W. Cork St., Suite 405 Winchester, VA 22601 www.blueridgehospice.org

Phone: 540-313-9200

Fax: 540-450-2774 Toll Free: 800-238-5678

E-mail:

cmorrison@blueridgehospice.org

# Mission:

To make quality end of life care available to families facing serious illness and support anyone in our community affected by death, dying, and loss. To provide physical, emotional, social, and spiritual care for terminally ill patients and their families

**Area and Service:** City of Winchester; Clarke, Frederick, Shenandoah Warren, and Western Loudoun counties. Providing hospice care in assisted-living facilities and inpatient care centers, and in the patient's home of choice

**Eligibility:** Any person diagnosed with a life-threatening or terminal illness; referrals may be made by physicians, clergy, healthcare professionals, friends, or family members

**Volunteer Needs:** Patient and family support, inpatient care center, administrative support, music companionship, pet therapy, massage therapy, community service, thrift shops, fundraising, teen volunteer program, pampering/hairstylists, vigil-eleventh hour, Reiki, Camp Hope



**Special Events:** Butterfly 5K/10K, One More Song to benefit Music Therapy

Office Hours: Monday through Friday 8:30 am to 4:30 pm On call 24 hours a day, 7 days a week

# Blue Ridge Housing Network, Inc.

134-A Peyton St., Front Royal, VA 22630

Telephone: 540-622-2711

Fax: 540-622-2715

Email: blueridgehousi@embarqmail.com www.bluebridgehousingnetwork.org

120 Amherst St., Suite 120, Winchester, VA 22601 Telephone: 540-773-4283

Fax: 540-450-5733

### Mission

Working for safe, decent, and affordable housing through community cooperation.

Promoting home ownership

#### **Area and Service:**

The Winchester office provides rental counseling, reverse mortgage counseling, and renter education classes. It also administers the tenant-based rental assistance for City of Winchester.

The Front Royal office provides rental and pre-purchase counseling, home-buyer education classes, and financial literacy classes. It also administers the tenant-based rental assistance for Front Royal.

**Eligibility:** Down Payment Assistance Program - Client must be a first-time homebuyer at or below 80 percent of the area median income. Tenant Based Rental Assistance – Clients must be facing homelessness with income at or below 80 percent of the area median income, must receive referral from Centralized Intake



**Special Events:** Please check our website for calendar of events

**Office Hours in Front Royal:** Monday through Thursday, 9 am to 4:30 pm

Office Hours in Winchester:

Monday through Friday, 8:30 am to 4:30 pm

# **Blue Ridge Legal Services**

303 S. Loudoun St., Suite D P.O. Box 436 Winchester, VA 22604

Website: www.BRLS.org E-mail: info@brls.org Phone: 540-662-5021 Fax: 540-662-5038 Toll-Free: 800-678-5021

## Mission

A nonprofit charitable civil legal aid program providing free legal assistance in civil matters of critical importance to low-income residents of the Shenandoah Valley

## **Area and Service:**

City of Winchester and Clarke, Frederick, Shenandoah, and Warren counties; providing free legal assistance in civil matters of critical importance to low-income households

**Eligibility:** Financial eligibility for services based primarily on the number of persons in the applicant's household, the household's income and resources, as well as the type of case involved. As a general rule, the household's income must be below 125 percent of the federal poverty guidelines.

**Volunteer Needs:** Office support and volunteer attorneys to handle Pro Bono programs.



Office Hours: Monday through Friday

9 am to 5 pm

Application hours: Mondays and

Wednesdays 9 am to 2 pm

# **Blue Ridge Opportunities**

37 Water St. Front Royal, VA 22630

Website: www.BRopportunities.org

Phone: 540-636-4960 Fax: 540-636-4961

#### Mission

To build foundations on which individuals with disabilities can achieve success

## Area and Service:

Front Royal and Warren, and surrounding counties. Business services: full-service bulk mailing, confidential shredding, document disposal, clean sweeps, on-site contract work, and janitorial services. Individual services: self care/ADL, communication, social-emotional development, environmental skills, sensor motor development, vocational/pre-vocational skills, community engagement, and community coaching.

**Eligibility:** People who are 18 years or older living in Front Royal and Warren and surrounding counties with a documented disability, as well as individuals who are ages 14 through 22 within school's prospective transition programs

Volunteer Needs: Literacy tutors, production floor helpers, general advocacy



**Special Events:** Check website for a calendar of events

Office Hours: Monday through

Thursday 8 am to 4 pm

# Blue Ridge Poison Center

UVA Health Systems Box 800-774 Charlottesville, VA 22908 Website: www.brpc.virginia.edu **Hotline: 800-222-1222** Fax: 434-971-8657

#### Mission

To reduce the incidence, morbidity, mortality, and cost of poisoning and drug overdose

# **Area and Service:**

24/7 free confidential advice and help for suspected cases of poisoning.

Call fast if someone...

- made a mistake with medicine
- swallowed something they shouldn't have swallowed
- · spilled or splashed something harmful in their eyes or on their skin
- breathed a harmful gas or fume
- encountered a poisonous snake or spider

Call **1-800-222-1222** right away. Don't wait for the person to look or feel sick. Help is private and FREE.



Office Hours: 24 hours a day

# Boy Scouts of America Shenandoah Area Council

107 Youth Development Court Winchester, VA 22602 Website: www.sac-bsa.org Phone: 540-662-2551 Fax: 540-662-2725 E-mail: sacbsa@bsa.org

# Mission

To develop youth in citizenship training, character development, and personal fitness

# **Area and Service:**

City of Winchester and the counties of Frederick, Clarke, Warren, Page, Shenandoah, and Rappahannock, along with West Virginia counties of Morgan, Berkeley, and Jefferson; Operates a SCOUT STORE at the council office. Programs include summer weekend camping, weekly meetings, and national events.

**Eligibility:** Boys ages 7-17 in Tiger Cubs, Cubs, and Boy Scouts, and young men and women ages 14-21 in Venturing and Exploring. Minimal annual dues

# **Volunteer Needs:**

Volunteers are needed in numerous program areas. Please check with the council office.



**Special Events:** Scouting for Food Drive, popcorn sales

**Office Hours:** Monday through Friday

10 am to 5:30 pm 2nd Saturdays of every month 10 am to 2 pm

# Brain Injury Association of Virginia

1506 Willow Lawn Dr., Suite 212 Richmond, VA 23230 Website: www.biav.net Phone: 804-355-5748 Fax: 804-355-6381 Helpline: 800-444-6443 E-mail: info@biav.net

# Mission

To advance education, awareness, support, treatment, and research to improve the quality of life for all people affected by brain injury.

#### **Area and Services:**

The Brain Injury Association of Virginia (BIAV) is a statewide non-profit organization dedicated to providing support to people with brain injury, their families, and the professionals working with them. The organization provides information on brain injury and community resources including providers of medical and community-based services, support groups, and other disability related resources. BIAV also provides educational opportunities through conferences and webinars, offers information about support groups around the state, and consultation with professionals.

**Eligibility:** Anyone with a brain injury, their families, and those who care for or about them. Community groups and Professionals in need of training, information or technical assistance on traumatic brain injury.



**Special Events:** Main office in Richmond coordinates: Annual Spring Conference for professionals and families, Summer Camp, Bruce McCoy Annual fall golf tournament

Office Hours: Monday through Friday 9 am to 5 pm

# Bridging the Gaps

423 W. Cork Street, Winchester, VA 22601

Phone: 540-535-1111 Toll-free: 866-711-1234 Fax: 540-450-1205 www.bridgingthegaps.com admissions@bridgingthegaps.com

# Mission

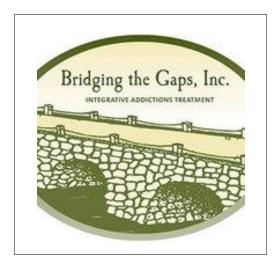
Helping those who suffer from alcohol and drug addiction have access to a full range of substance abuse treatment services, offering personalized programs that are dependent upon where individuals are in the recovery process – from residential to continuing care.

# **Area and Service:**

City of Winchester and Frederick and Clarke counties. Licensed for Residential, PHP/Day Treatment, Intensive Outpatient, and Outpatient Substance Abuse services for adults. Programs are fee-based, and many are covered by insurance.

# **Eligibility:**

Must be 18 years of age.



Office Hours: 24 hours a day

# Bright Futures - Frederick/Winchester

Bright Futures Distribution Center fcpsk12.net/brightfuturesfrederickcounty 178 Indian Hollow Road Winchester, VA 22603

Coordinator, Nancy Mango, MSW Email: mangon@fcpsk12.net

### Mission

Together...committing all that we are to enrich the life of a child.

# Area and Service:

Frederick County and City of Winchester. Bright Futures—Frederick/Winchester is a non-profit organization that helps schools connect student needs with resources that already exist in the community. The Bright Futures framework brings together businesses, human service agencies, faith-based organizations, and parent groups and partners them with schools in a way that helps them quickly and efficiently meet the needs of students and schools. Special initiatives include the food pack program, provision of basic hygiene needs and school supplies, service learning, and student mentors.

**Eligibility:** Any child in need who attends Winchester City or Frederick County schools.

Volunteer Needs: Volunteers to help pack food packs, tutors, mentors



# Catholic Charities Diocese of Arlington

MAIN OFFICE 200 N. Glebe Road, Suite 506 Arlington, VA 22203

Phone: 703-841-3830 Website: www.ccda.net LOCAL OFFICE: 316 E. Market St. Leesburg, VA 20175 Phone: 703-443-2481 EA-LRO@ccda.net

# Mission

Catholic Charities strengthens individuals, families, and communities based on Catholic principles.

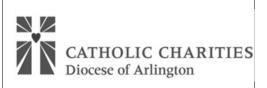
### Area and Service:

The Leesburg Regional Office Emergency Assistance serves City of Winchester and Frederick, Clarke, Warren, and Shenandoah counties, as well as other cities and counties in Virginia. Financial assistance is by appointment only, Monday through Thursday, 10 am to 1 pm. Call first. Limited food assistance and limited rent and utilities assistance. Other services provided by the Diocese include citizenship and legal services, and pregnancy and adoption.

# **Eligibility:**

Varies; call the telephone numbers provided or visit website for assistance.

**Volunteer Needs:** A variety of volunteer opportunities are available. Contact the local office for volunteering information.



**Office Hours:** Monday through Thursday 9:30 am to 2:30 pm

# **C-CAP Winchester**

112 S. Kent St. Winchester, VA 22601

E-mail: ccapwinchester@gmail.com

Phone: 540-662-4318 Fax: 540-662-8109

## Mission

To provide assistance to those who are unable to meet their needs and responsibilities; a cooperative ministry of churches, civic organizations, religious communities, and individuals in Winchester/Frederick County.

## **Area and Service:**

City of Winchester and Frederick County. Provision of financial and supportive assistance to needy individuals and families. Food, clothing, prescriptions, assistance with rent, utilities, vehicle expenses, and work boots and other items necessary for employment. A shower is also available in the building.

**Eligibility:** Persons in need of assistance. For financial-assistance, client must meet with interviewers to determine the extent of financial opportunities.

**Volunteer Needs:** Persons to sort and distribute clothing, work in the baby/toddler room, stock pantry shelves, help clients load groceries, drive the van, work in the receiving department, work in the reception area, interview clients, and much more. This is an all-volunteer organization.



**Special Events**: School Supply Giveaway, Thanksgiving Food Giveaway, Christmas/Winter Holiday Giveaway, Easter Basket Giveaway

**Office Hours:** Monday through Thursday 8:30 am to 2:30 pm Friday 8:30 to 11:30 am

Monday 5 to 7:30 pm for persons who are employed during the day only.

# CDI Head Start (Community Development Institute & Tri-County OIC)

444 Shady Elm Road Poux Center Phone: 540-869-1558

Winchester, VA 22602 Fax: 540-869-5583

Website: www.cdiheadstart.org Email: striplett@cdihsfccva.org

Clarke County Center Phone: 540-955-4575

Winchester Center Phone: 540-450-7782

Senseny Road Center Phone: 540-535-1092

#### Mission

To positively impact children and families by providing access to resources to maximize opportunities in the community. To support children's overall development, helping them to thrive and reach full potential by promoting health, safety, and well-being by maintaining strong community partnerships.

## **Area and Services:**

City of Winchester and Clarke and Frederick counties; Serving 162 preschool children in a comprehensive preschool environment. Parent training and other services available.

Eligibility: Based upon poverty income guidelines

**Volunteer Needs:** Volunteers are needed to assist in daily classroom projects and to provide other classroom assistance.



Office Hours: Monday through Friday

8 am to 4 pm

# **Centralized Housing Intake**

Harrisonburg Office - 305 N. High Street, Harrisonburg, VA 22802

Phone: 540-271-1701 Fax: 540-208-7949

Email: hrcintake@gmail.com

Email: Continuumofcare513.com

Woodstock Office - 109 N. Main Street

Woodstock, VA 22664 Phone: 540-459-3212 Fax: 540-459-3235

# **Mission**

Centralized Housing Intake provides help for people who are homeless or at risk of homelessness

# **Area and Service:**

Centralized Intake is housed in Mercy House in Harrisonburg, and in an office in Woodstock, and is a part of the Western Virginia Continuum of Care (CoC). The CoC serves Frederick, Warren, Shenandoah, Clarke, Page, and Rockingham counties, and cities of Winchester and Harrisonburg.

# **Eligibility:**

Centralized Intake specifically focuses on providing housing assistance to those who are homeless or at risk of becoming homeless. There is no eligibility criteria to call Centralized Intake. However, the agencies in which Centralized Intake makes referrals have their own sets of eligibility criteria. When someone calls or visits Intake, he or she will be asked various questions to determine which agency would be the best fit for that client.



**Office Hours:** Monday through Friday 8:30 am to 5 pm

Voice mail calls are returned within 24 to 48 hours. Walk-ins are also accepted at Mercy House during working hours.

# CFW Foster Families Clarke-Frederick-Winchester

107 N. Kent Street
Winchester, VA 22601
Websiter, www.forense/feete

Website: www.fcva.us/foster

Phone: 540-665-5688 E-mail: jes.miller@fcva.us

# **Mission**

CFW Foster Families provides a competency-based program to all prospective/approved foster, adoptive, and resource families.

# **Area and Service:**

Clarke County, Frederick County, City of Winchester. Offers community education with a goal to connect area foster children to families living in the community.

# **Eligibility:**

Resident of Clarke, Frederick or Winchester.

## **Volunteer Needs:**

Volunteers to serve as foster parents. An orientation is held every third Thursday of the month at Firefly Café. Register for the orientation.



**Office Hours:** Monday through Friday 8:30 am to 4:30 pm

# Child Advances Center-

Child Advocacy Center
411 N. Cameron St., Suite 301

Winchester, VA 22601

E-mail: kelly@childsafecac.com

Phone: 540-665-4426 Fax: 540-665-4439

Website: www.childsafecenter.com

## **Mission:**

To promote a child-focused approach to the investigation, prosecution and treatment of child abuse by providing a safe, child-friendly facility, a multidisciplinary team response to abuse allegations, and professional support, education and advocacy.

**Area & Service:** For children served by the Winchester team and the Shenandoah team – case management, forensic interviews, trauma focused therapy for children, supportive therapy for non-offending caretakers, community education.

For children in other jurisdictions, including Warren, Shenandoah, Frederick, Fauquier, Rappahannock, and Clarke Countries – courtesy forensic interviews, expert testimony, limited therapy, community education.

**Eligibility:** Referrals to the CAC are made through Child Protective Services, Law Enforcement, Prosecutors or court

Volunteer Needs: Clerical Support, Special Events, Therapy Buddy Program



**Special Events:** Therapy buddy program, program support, and toy specialist

Office Hours: Monday-Friday

9 am-5 pm

# Choices, Council on Domestic Violence For Page Co., Inc.

216 W. Main St. Luray, VA 22835 https://choicesofpagecounty.org Hotline: 540-743-4414
Fax: 540-843-3251

debbiedart@choicesofpagecounty.org

## **Mission**

To prevent both domestic and sexual violence through public awareness and education and to serve as a resource and safe haven to those affected.

## **Area and Service:**

Page County including towns of Luray, Stanley, and Shenandoah. Provides a 24-hour hotline, education, crisis intervention, and safety to victims of domestic and sexual violence.

# **Eligibility:**

Victims of domestic and sexual violence and families, no age limits. Children must be with a parent or guardian.

**Volunteer Needs:** Answer hotline calls and provide various clerical services as needed.



**Special Events:** Various fundraising events throughout the year

Office Hours: Monday through Friday

8 am to 5 pm

Hotline is manned 24 hours a day

# Clarke County Parks & Recreation Department

225 Al Smith Circle Berryville, VA 22611 www.clarkecounty.gov/parks Phone: 540-955-5140 Fax: 540-955-4049

E-mail: ccpr@clarkecounty.gov

## Mission

To provide quality, wholesome, recreational opportunities for all citizens

# **Area and Service:**

Clarke County. A recreation center with classrooms, full-size gym, weight room, outdoor pool and concession stand (seasonal), picnic shelters, baseball and soccer fields, tennis courts, playgrounds, and exercise trail

# **Eligibility:**

Clarke County residents, guests, and visitors to the county

**Special Events:** Recreational programs, afterschool and summer child care, sports, kid programs, special events/concerts, swim lessons



### **Office Hours:**

June 1-Sept. 30: Monday through Friday 9 am to 6 pm Saturday noon to 6 pm

Oct.-May 31: Monday through Friday 9 am to 9 pm Saturday 10 am to 9 pm Sunday noon to 7 pm

# **Community Prenatal Access**

301 N. Cameron Street #100 Winchester, VA 22601 Phone: 540-536-5435

E-mail: kpitcock@valleyhealthlink.com

## Mission

To improve access to prenatal care for low income Medicaid ineligible women.

# **Area and Service:**

City of Winchester and Frederick and Clarke counties. Provides assistance accessing care including referrals, transportation, interpretation, bill reconciliation.

# **Eligibility:**

Low income and Medicaid ineligible women



**Office Hours:** Varied, call for appointment

# Community Veterans Engagement Board

www.nsvcveb.org

Email: NSVCVEB@gmail.com

Facebook:

https://www.facebook.com/NSVCVEB

#### Mission

The Northern Shenandoah Valley Community Veterans Engagement Board (CVEB) brings together local resources and capabilities to improve outcomes for Veterans, transitioning service members, and those who support them

# **Area and Service:**

Community education and veteran referrals for veterans who reside in the city of Winchester, Frederick, Clarke, and Shenandoah Counties.

# **Eligibility:**

Veterans, Active Duty, Reserves, National Guard and their families

### **Volunteer Needs:**

Board members, events committee members, outreach committee, board officers (by vote)



**Special Events:** Annual Military Expo in Spring

# Concern Hotline, Inc.

301 N. Cameron St., Suite 201 Winchester, VA 22601 P.O. Box 2032, Winchester, VA 22604 Website: www.concernhotline.com

#### See Hotline numbers below

E-mail: info@concernhotline.org Administrative Phone: 540-536-1632

#### Mission

To comfort, calm, and inform people in crisis by providing compassionate listening, crisis intervention, suicide prevention and information, and referral via toll-free 24/7/telephone hotlines.

## **Area and Service:**

Provides a hotline for community members of the City of Winchester, and counties of Frederick, Clarke, Warren, Page, and Shenandoah.

- Hotline number for Winchester/Frederick/Clarke is 540-667-0145.
- Hotline number for Warren County is 540-635-4357.
- Hotline number for Page County is 540-743-3733.
- Hotline number for Shenandoah County is 540-459-4742

**Eligibility:** Community members who are in a mental health crisis, and/or persons seeking information and referral

**Volunteer Needs:** Compassionate and caring volunteers who are willing to be trained to be active listeners. See website for additional criteria.



Call us. We care.

**Special Events:** Fish Fry Celebration

(first Friday in September)

**Office Hours:** Monday through Friday

9 am to 5 pm

(by appointment only)

# Council on Alcoholism Lord Fairfax House

512 S Braddock St. Winchester, VA 22601

Website: www.lordfairfaxhouse.com

Phone: 540-662-8877 Fax: 540-662-2188

E-mail: calfc@comcast.net

#### Mission

To help our clients learn to live in society without drugs or alcohol through a systematic approach

#### **Area and Services:**

City of Winchester and Frederick, Clarke, and Warren counties. Services include a sober living environment and/or meals, aftercare planning, in house group, discussion, referral to community resources, guidance in practical life skills, Alcoholics Anonymous, Narcotics Anonymous

# **Eligibility:**

18 years old, clean and sober, completion of a substance abuse program, men and women allowed, drug free environment, facility for adults and young adults



**Office Hours:** Monday through Friday

8 am to 3 pm

# Deaf and Hard of Hearing Services Center, Inc.

1602 Rolling Hills Drive, Suite 203

Henrico, VA 23229

Website: www.vddhh.org

Phone: 804-662-9502 (voice/video

phone)

Toll Free: 800-552-7917

E-mail: frontdsk@vddhh@virginia.gov

### Mission

To promote accessible communication so that persons who are deaf and hard of hearing may fully participate in programs, services, and opportunities throughout the Commonwealth.

### Area and Service:

Statewide but the Winchester office, located at Access Independence, 324 Hope Drive, serves Winchester and counties of Clarke, Warren, Shenandoah, and Page. Donna Day runs the Technology Assistance Program which provides doorbell flashers and captioned telephones for those who can't afford them. Call 540-931-9124 (videophone) or 540-662-4474 (fax) or email dday@accessindependence.org Other services include coping with hearing loss, hearing aid resources, hearing loss prevention, emergency preparedness, increasing sign language skills, and cochlear impact information.

Eligibility: Based on financial guidelines



**Special Events:** See website

**Office Hours:** Monday through Thursday 8:30 am to 4:30 pm

# Dental Clinic of the Northern Shenandoah Valley

301 N. Cameron Street, Suite 200 Winchester, VA 22601 dentalclinic@dentalclinicnsv.org Telephone: 540-536-1684

www.dentalclinicnsv.org

Fax: 540-301-2833

#### Mission

The Dental Clinic of Northern Shenandoah Valley, Inc. provides basic dental services for children enrolled in Medicaid, FAMIS, FAMIS Plus, The Smiles for Children program as well as qualifying uninsured adults in need of dental services in the community.

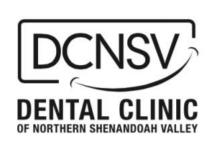
# Area & Service:

City of Winchester and Frederick and Clarke counties. Children's services include preventive and restorative dentistry, and extractions. Adult services include an acute pain relief clinic and limited restorative and limited preventive dentistry.

# Eligibility:

Persons who fall in the 200 percent federal poverty guidelines and below and/or Medicaid insured.

Volunteer Needs: Dentists and hygienists needed.



#### Office Hours:

9:30 to 5 pm Monday through Friday Clinic is closed Wednesdays.

# Department of Social Services, Clarke County

311 E. Main Street Berryville, VA, 22611

Fax: 540-955-3958

http://www.clarkecounty.gov/government/social-services.html

### Mission

To promote the well-being of citizens through the delivery of essential services and benefits to ensure families are strengthened, and individuals achieve the highest level of self-sufficiency.

#### Area and Service:

Residents of Clarke County and Berryville. Services include: child protective services, adult protective services, TANF, Medicaid, employment services, daycare and companion services, SNAP, energy assistance.

# **Eligibility:**

Based upon determined need and eligibility

**Volunteer Needs:** Volunteers needed to work with adults and children in countywide programs. Volunteers also needed to assist with receptionist duties.



**Special Events:** Local food distribution on third Friday of each month from 9 am to noon sponsored by local churches

Phone: 540-955-3700

Office Hours: Monday through Friday

8:30 am to 4:30 pm

**Organized:** 1930s

# Department of Social Services Frederick County

107 N. Kent St., 3rd Floor Winchester, VA 22601

Website: www.fcva.us

Phone: 540-665-5688

Fax: 540-665-5664 for Benefits Dept. Fax: 540-535-2146 for Services Dept.

# **Mission**

Provides services to families and individuals to promote self-sufficiency, family and individual safety, family stability, personal responsibility, and commitment to children and vulnerable adults

### **Area and Service:**

Frederick County; Supplemental Nutrition Assistance Program (SNAP – formerly known as the Food Stamp program), Medicaid (applications only), Temporary Assistance for Needy Families (TANF), daycare, energy assistance, foster care, family services, child protective services, adult protective services, companion services and adoption

Eligibility: Depends on program required



Office Hours: Monday through Friday 8:30 am to 4:30 pm

# Department of Social Services Page County

215 W. Main Street Stanley, VA 22851

Website: dss.virginia.org

Phone: 540-778-1053 Fax: 540-778-1504

#### Mission

People helping people triumph over poverty, abuse, and neglect to shape strong futures for themselves, their families, and communities.

### **Area and Service:**

Page County. Departments of social services provide information on food stamps, public assistance, welfare, housing, healthcare, emergency assistance, and child services.

# **Eligibility:**

Varies, depending on the program.



**Office Hours:** Monday through Friday 9 am to 5 pm

# Department of Social Services Shenandoah County

494 N. Main St., Suite 200 Woodstock, VA 22664

**Mission** 

Phone: 540-459-6226

Fax: 540-459-6223

Provides a variety of public assistance and social service programs to residents of Shenandoah County.

# **Area and Service:**

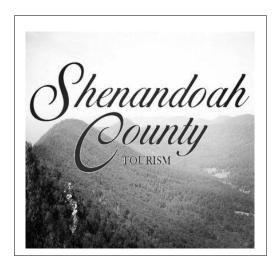
Shenandoah County; financial and medical assistance, SNAP, adoption, foster care, child and adult protective services, TANF

# **Eligibility:**

As prescribed by laws. The benefit programs require eligibility based upon the income and resources of the family.

### **Volunteer Needs:**

Interpreters for Spanish speaking people, transportation providers, visitation/chores for the elderly



#### Office Hours:

Monday through Friday 8 am to 4 pm

# Department of Social Services Warren County

465 W. 15<sup>th</sup> Street, Suite 100 Phone: 540-635-3430 Front Royal, VA 22630 Fax: (540) 635-8451

https://www.dcfoffices.org/office/warren-county-department-of-social-services

### Mission

Warren County Department of Social Services is a high performing agency committed to strengthening, supporting, and empowering families to achieve highest goals as part of the Warren County community.

### Area and Service:

Warren County. Child protective services, adult protective services, adoption, foster care. Benefits which require eligibility include Medicaid, child care assistance, energy assistance, SNAP, and TANF.

# **Eligibility:**

As prescribed by law.



**Office Hours:** Monday through Friday 9 am to 5 pm

# Department of Social Services Winchester

24 Baker St. Phone: 540-662-3807

Winchester, VA 22601 Fax: 540-662-3279 (Services)
Website: www.winchesterva.gov Fax: 540-662-3054 (Eligibility)

# Mission:

To promote self-reliance and protection for Virginians through community-based services

# **Area and Service:**

Residents of the City of Winchester; Provides assistance in accordance with federal, state, and local programs such as SNAP, TANF, Medicaid, foster care, adult and child protective services, and adoptions.

# **Eligibility:**

Determined by program guidelines



Office Hours: Monday through Friday

8:30 am to 4:30 pm

# Diabetes Management Program Valley Health

333 W. Cork Street, Suite 100 Winchester, VA 22601

Phone: 540-536-5108 Fax: 540-536-3259

Website: www.valleyhealthlink.com

# **Mission**

The Valley Health Diabetes Management Program serves the regional community by educating and supporting individuals with or at-risk for diabetes and their family members

# **Area and Service:**

Monthly educational and support meetings

- Winchester 540-536-5108, Debbie Berg, 333 W. Cork St. Suite 100
- Front Royal 540-636-0314, Arleen Figgins, 1000 N. Shenandoah Ave.
- Woodstock 540-459-1252, Kay Hensley, 759 S. Main St.
- Luray 540-743-4561, Karen Adams, 200 Memorial Drive

# **Eligibility:**

Individuals diagnosed with Diabetes or Gestational Diabetes and who have obtained a physician referral to the Diabetes Self-Management Program. (Recognized by the American Diabetes Association). A Pre-Diabetes education program is also available and open to the public.



Office Hours: Monday through

Thursday 8 am to 5 pm

Classes, day and evening

# disAbility Law Center of Virginia

1512 Willow Lawn Drive, Suite 100

Richmond, VA 23230 Website: www.dlcv.org Phone: 800-552-3962 Fax: 804-662-7431 E-mail: info@dlcv.org

# Mission

The disAbility Law Center of Virginia's mission is to advance independence, choice and self-determination; protect legal, human and civil rights, and eliminate abuse, neglect and discrimination of people with disabilities through zealous and uncompromising legal advocacy and representation.

## Area and Service:

The Commonwealth of Virginia. The disAbility Law Center of Virginia ("dLCV") advocates for and protects the legal rights of persons with disabilities through education, training, promotion of self-advocacy skills for people with disabilities, and through information and referral services. Provides direct advocacy services in particular cases that fall within the Strategic Goals and Focus Areas. Due to limited resources, it is not possible for dLCV to provide legal services or direct representation to everyone who calls for assistance. The center also refers clients to other agencies or resources when appropriate.

Eligibility: Individuals with disabilities

**Volunteer Needs:** Fundraising/grant writing, helping with events, and administrative support.



**Office Hours:** Monday through Friday 8:15 am to 5 pm

# **Disabled American Veterans**

National Headquarters 3725 Alexandria Pike Cold Spring, KY 41076 Phone: 877-426-2838

www.DAV.org

Winchester Chapter Service Officer

Phone: 571-217-7505

Email: Maureen\_grillo@hotmail.om

#### Mission

Veterans serving veterans because no one should go it alone. The Disabled American Veterans is dedicated to one single purpose: building better lives for all of our nation's disabled veterans and their families.

# **Area and Service:**

Provides free, professional assistance to veterans of all generations in obtaining VA and other government benefits earned through service. Provides transportation to veterans who need help getting to and from medical appointments. DAV is also a leader in connecting veterans with meaningful employment, hosting job fairs, and providing resources to ensure they have the opportunity to participate in the American dream their sacrifices have made possible.

Eligibility: Veterans of the U.S. military

**Volunteer Needs:** A variety of volunteer opportunities are available to serve heroes in our community. Email vavs@dav.org or call 877-426-2838 for more information on how you can help.



# Division of Child Support Enforcement

629 Cedar Creek Grade, Suite A Winchester, VA 22601

Website: www.dcse.dss.state.va.us

Phone: 1-800-468-8894 Fax: 540-722-3492

#### Mission

The Division of Child Support Enforcement (DCSE) is committed to helping parents support their children by focusing on more than just money. DCSE offers free family engagement services focusing on access and visitation, responsible parenting, employment assistance, and prisoner reentry.

### **Area & Service:**

Serving Clarke, Frederick, and Warren counties and the City of Winchester as well as other areas. Locates absent parents, establishes paternity, enforces support orders, supports co-parenting, and refers parents to other agencies for help in resolving problems.

# **Eligibility:**

Custodial and non-custodial parents



Office Hours: Monday through Friday

8:15 am to 5 pm

# Dr. Terry Sinclair Health Clinic

301 N. Cameron Street, Suite 100 Winchester, VA 22601

Website: www.sinclairhealthclinic.org

Phone: 540-536-1680 Fax: 540-662-3153

#### Mission

To provide those in need with the gift of health care.

## **Area and Service:**

Serving residents of City of Winchester and Frederick and Clarke counties who meet the eligibility requirements

# **Eligibility:**

No medical insurance; income at or below 200 percent of the Federal Poverty Level; not eligible for FAMIS, Medicaid, Medicare, or receive VA benefits. See what to bring on the website.

#### **Volunteer Needs:**

Medical and non-medical volunteers are needed including translators, persons providing administrative support, and interviewers.



**Special Events:** a cash party

Office Hours: For medical needs – Monday 9 am to 8 pm; Tuesday 10 am to 8 pm; Wednesday through Friday 9 am to 5 pm; Pharmacy - 9 am to 4 pm

# Edgehill, A Recovery Retreat Center

315 E. Cork St. Winchester, VA 22601

Website: edgehillrecovery.org

Phone: 540-662-8865 Fax: 540-545-7975

E-mail: edgehillrecovery@comcast.net

### Mission

Working in partnership with the community for healthy living and recovery from substance abuse

#### **Area and Service:**

Serving all states. Services include a residential program in which clients work toward abstinence, intensive daily meetings, group lectures, and the 12-step program.

# **Eligibility:**

Must be 18 years or older

# **Volunteer Needs:**

Volunteers must be in recovery from substance abuse or alcoholism.



**Special Events:** See website for

updated information

Office Hours: 24 hours a day

# F.R.E.E. Foundation

# Foundation for Rehabilitation Equipment & Endowment

333 W. Cork Street, Suite 40

Winchester, VA 22601 Phone: 540-664-7552 Email: nsv@free-foundation.org

Fax: 303-593-3510

Website: www.free-foundation.org

### Mission

Helping adults achieve independence through mobility. To acquire and provide mobility related rehabilitation equipment to maximize functional independence and improve quality of life.

#### Area and Service:

Winchester City and the counties of Frederick, Clarke, Warren, Shenandoah, and Page are included in the Northern Shenandoah Valley District. Walkers, canes, crutches, toilet aids, wheelchairs, Hoyer Lifts and other medical equipment is provided free to eligible individuals.

# **Eligibility:**

Equipment is free to persons who have no other means of obtaining the equipment.

**Volunteer Needs:** Cleaning and repairing medical equipment, participating in area events, distributing flag cards to area businesses.



**Special Events:** Open House and community related events for adults

**Office Hours:** Monday, Tuesday, and Thursday 9 am to 4 pm

# Faith in Action

301 N. Cameron Street #104 Winchester, VA 22601

Website: FaithInAction-nsv.org

Phone: 540-536-1006

Email:

faithinaction.nsvalley@gmail.com

Fax: 540-536-5149

#### Mission

Through the passionate and reliable service of volunteer drivers, Faith in Action provides free door-to-door transportation to individuals who lack the means to access non-emergency healthcare.

**Area and Service:** Warren, Clarke, Frederick, and Shenandoah counties and City of Winchester. Free transportation to and from medical appointments.

# **Eligibility:**

Individuals who lack the means to get to and from medical appointments; individuals who are ambulatory (may use a walker); individuals who are not eligible for Medicaid.

### **Volunteer Needs:**

Individuals interested in driving clients to and from medical appointments. Flexible schedules - volunteers choose transport assignments. Drivers are covered by State Risk Insurance. Training provided. See website for application.



**Special Events:** Annual Fall Gas Card Raffle, Annual Spring Tablescapes Fundraiser

**Office Hours:** By telephone Monday through Friday 7 am to 7 pm

# Faithworks, Inc.

26 W. Boscawen St., Suite A-201

Winchester, VA 22601

Website: www.faithworksinc.org

Phone: 540-313-7682

Assistance phone: 540-271-1701 E-mail: info@faithworksinc.org

### Mission

To renew communities and the lives of individuals and families.

**Area and Service:** City of Winchester and Frederick, and Clarke counties.

**Tenant Based Rental Assistance program:** provides financial assistance to homeless individuals and families seeking to secure safe, affordable permanent housing.

**Emergency Food and Shelter program:** provides limited financial assistance for rent and/or mortgage payments as funds are available.

**Potter's House Transitional Shelter:** provides temporary housing for women or women with children who are fleeing a domestic violence situation.

**Pay It Forward Program:** provides emergency financial assistance to individuals and families throughout the Northern Shenandoah Valley who are experiencing a temporary financial crisis.

Homeless Outreach and Partnership Engagement program (H.O.P.E.) Winchester "CODE BLUE" Emergency Assistance is a partnership with United Ways' Valley Assistance Network and Blue Ridge Housing Network to address the immediate need for a warm place to stay when the snow is falling and/or the forecast is for sub-freezing temperatures.



**Special Events:** Community Blanket

drive - Baby blankets only

**Office Hours:** By appointment. Office is located upstairs in Grace Evangelical Lutheran Church

# Families Reaching Out Group (Froggy's)

32 E. Piccadilly Street Winchester, VA 22601 Website: www.frog-kids.org Phone: 540-773-4192

E-mail: frog231w@gmail.com

## Mission

Families caring enough to provide the basics and beyond that ALL children deserve.

### **Area and Service:**

Serves children and families in the City of Winchester and Frederick, Clarke, Warren, and Shenandoah counties who have been abused, neglected, or are at-risk. Froggy's Closet provides clothing, shoes, and more to children. Also pay for enrichment activities for children and support groups.

# **Eligibility:**

All services are free with the appropriate referral. 19 agencies refer to Froggy's. The agencies are listed on website.

**Volunteer Needs:** We need volunteers to disinfect toys and sort clothing.



**Special Events:** Abnormal Formal -- auctions, music, dancing

**Office Hours:** Donation drop-offs and client pickups – Tuesday and Thursday 10 am to 3 pm, Wednesday 1 to 5 pm

# Family Promise of Shenandoah County

P.O. Box 733 Woodstock, VA 22664 www.shenandoahfamilypromise.org shenfamilypromise@gmail.com Phone: 540-459-4599 Fax: 549-459-4315

(Antioch Church of the Brethren)

## **Mission**

To empower homeless and low-income families with children to achieve sustainable independence through a community-based response

# Area and Service: Shenandoah County, Virginia

The Family Promise Network Program provides safe, overnight hospitality, meals and support services to families without a home through a network of 13 local congregations and the Family Center in Woodstock. The Family Center provides a space for participants in the program to seek employment, develop skills, and network with community agencies. Services available to families include counseling for employment success, parenting and life skills classes, budgeting courses, referrals to social services and housing agencies, and assistance with transportation.

**Eligibility:** Homeless families with at least one child under the age of 18. Family must agree to follow established policies. Call Family Promise for additional information.

**Volunteer Needs:** Provide meals, socialize with families, assist children with homework, play games, etc. Volunteers with special skills may teach classes to families and/or children. Volunteers may help with moving supplies or perform Family Center office work.



**Special Events:** Ongoing fundraising events

Office Hours: Monday through Friday

8:30 am to 5 pm

# FISH of Clarke County, Inc. For Immediate and Sympathetic Help

36 East Main Street Berryville, VA 22611 Email- Fishfoodpantry@comcast.net

# Mission

Phone: 540-955-1823

Provides support for neighbors in need of food, clothing, transportation, emergencyfinancial assistance, and efforts of committed volunteers

# **Area and Service:**

Clarke County: Providing financial assistance, food, clothing, firewood, home furnishings, medications, and transportation to the needy

# **Eligibility:**

Clarke County residents

# **Volunteer Needs:**

Answer landline telephones from home, provide transportation, provide counseling, and help with clothing and food bank



Special Events: Yearly fund drive

**Office Hours:** Monday through Friday 9 am to 5 pm

Food pantry and clothes closet are open for distribution on Wednesday and Saturday from 9 am to Noon.

# Frederick County Esther Boyd Animal Shelter

161 Fort Collier Rd. Winchester, VA 22603

Website:

www.fcva.us/departments/animal-shelter

Phone: 540-667-9192 E-mail: shelter@fcva.us

### Mission

The goals of the shelter are to provide humane care for the dogs and cats at the shelter, reunite lost pets with owners, place dogs and cats in new homes, and to educate the public on responsible pet ownership.

# **Area and Service:**

Lost and found animal reporting, adoptions, acceptance of animals from Frederick County, rabies clinics, human trap rental information referral

## **Volunteer Needs:**

Volunteers are always welcome at the shelter. Volunteers must be at least 18 years of age. Help is needed walking dogs, socializing felines, working as a greeter on Saturdays and during special events.



# **Office Hours:**

Open Daily except Sunday. Closed on holidays.

# Frederick County Parks & Recreation Department

107 N. Kent Street Winchester, VA 22601 Website: fcprd.net Email: fcprd@fcva.us Phone: 540-665-5678 Fax: 540-665-9687

#### Mission

The Frederick County Parks and Recreation Department strives to enhance the quality of life through recreational opportunities and programs, parks, and facilities for the community, and to protect resources for future generations.

### **Area and Service:**

Frederick County. Services include two regional parks, fishing, lighted ball fields, disc golf, hiking trails, picnic shelters, paddle boats, athletics, before and after recreation-based programs in most county elementary schools, fitness classes, trips, and much more.

Eligibility: All residents of Frederick County.

**Volunteer Needs:** A variety of volunteer opportunities are available, including coaches for youth sports programs, and crafts for children and adults.



**Special Events:** 4<sup>th</sup> of July, KiteFest, Battlefield Half Marathon, Walking in Winter Wonderland & much more. Watch the website.

**Office Hours:** Monday through Friday 8 am to 5 pm

# **Fremont Street Nursery**

533 Fremont St. Winchester, VA 22601 www.fremontstreetnursery.com Phone: 540-662-7237 Fax: 540-662-7237

E-mail: fremontst@verizon.net

### Mission

To provide quality childcare within the financial reach of families that is safe, secure, and educationally appropriate for each child's need and development.

# **Area and Service:**

City of Winchester and surrounding area; quality care for children ages 6 weeks to 12 years of age; licensed to care for 84 children.

# **Eligibility:**

Tuition is based on a sliding scale.

# **Volunteer Needs:**

Volunteers are needed to interact with children during play



**Office Hours:** Monday through Friday 6:30 am to 5:30 pm

### Front Royal-Warren County C-CAP

316 N. Royal Ave. Front Royal, VA 22630 Phone: 540-636-2448 www.ourccap.org ourccap@gmail.com

#### Mission

To provide food, clothing, and limited emergency financial aid and assistance to persons and/or families who are unable to meet the necessary needs for themselves or through other agencies.

#### **Area and Service:**

Warren County and Front Royal. Services include food, clothing, household items, and financial assistance to families who are facing loss of utility services.

#### **Eligibility:**

Residents of Warren County and Front Royal who are in need.

#### **Volunteer Needs:**

All our help is done by volunteers --- office staff, a board, and workers serve as interviewers, and others who help with clothing and food. Volunteer sign up is available on website.



**Special Events:** Annual meeting the second Monday in October; Annual Camping for Hunger Campaign

Office Hours: Monday through Friday 9 am to Noon Closed on National Holidays

## Front Royal Pregnancy Center

11 S. Royal Ave. Front Royal, VA 22630

Website: www.frontroyalpregnancy.org

Phone: 540-635-6181 Fax: 540-904-0056

#### Mission

Every woman facing an unexpected pregnancy deserves to have complete, medically accurate, objective information on all options.

#### **Area and Service:**

Warren County and surrounding areas, including Maryland and Washington, DC. Offers free and confidential services to those facing an unexpected pregnancy. Services include pregnancy tests, ultrasound, options information, maternity clothing and infant clothing, and much more.

#### **Eligibility:**

Persons facing an unexpected pregnancy



#### **Office Hours:**

Monday and Tuesday 1 to 6 pm

Wednesday 4 to 7 pm

Friday 1 to 6 pm

# Girl Scout Council of the Nation's Capital

Local office is in Martinsburg, WV 153 McMillan Court Martinsburg, WV 25404

Phone: 304-263-8833 Fax: 304-263-8836 Website: www.gscnc.org

#### **Mission**

The Girl Scouts program builds girls with courage, confidence, and character.

#### Area and Service:

City of Winchester and Frederick, Clarke, Page, Warren, and Shenandoah counties

#### **Eligibility:**

Any girl 5-17 years of age can join the world's largest organization of girls.

#### **Volunteer Needs:**

Adult volunteers needed to support girls on a short-or long-term basis.



Special Events: See website

Office Hours: Monday through Friday

9 am to 5 pm

# Godfrey Miller Historic Home and Fellowship Center

28 S. Loudoun St. Phone: 540-667-5869

Winchester, VA 22601 E-mail:

Website: www.godfreymillerhome.org sharon@godfreymillerhome.org

#### Mission

Dedicated to serving senior adults of the community by providing benevolent services, fellowship programs, and community events in the historic home and Woltz Pavilion.

#### Area and Service:

City of Winchester; Clarke and Frederick counties and parts of West Virginia; community outreach includes making Teddy Bears for area children and cancer comfort bags for Well Spring. Classes offered include mahjong, bridge, beginner and intermediate computer, line dancing, knitting, arthritis class exercises, and yoga and balance.

Eligibility: Senior adults

**Volunteer Needs:** Volunteer entertainers, teachers with all types of expertise who wish to share their talent, i.e. calligraphy, cooking, etc., clerical and kitchen assistance.



**Special Events:** Picnics, day trips, Historic Winchester Lecture Series, ice cream socials, holiday celebrations. Check newsletter for details.

**Office Hours**: Monday to Thursday

10 am to 3 pm

### **Grace House**

509 Third Street Shenandoah, VA 22849

Website:

www.GraceHouseShenandoah.org

Phone: 540-652-8926

Email:

GraceHouseShenandoah@hotmail.com

#### **Mission:**

Providing women in recovery from the diseases of addiction the opportunity to live sober and productive lives and to find their way back home to their families and communities.

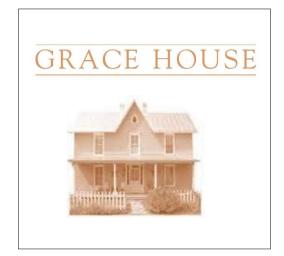
#### Area & Service:

Page County and other Shenandoah Valley communities. Women may live here up to two years or until such time as they feel ready to resume their roles as active members of their families and communities.

#### **Eligibility:**

Residency is open to women 18 years or older who are recovering from alcohol or substance abuse.

**Volunteer Needs:** A variety of volunteer opportunities are available. Please visit our website for more information.



Office Hours: Call or email us anytime.

## Grafton Integrated Health Network

Corporate office -- P.O. Box 2500 Phone: 888-955-5205 Winchester, VA 22604 Fax: 540-542-1721

Website: www.grafton.org E-mail: communications@grafton.org

#### **Mission**

Partnering with individuals, families, and communities to solve complex behavioral health, wellness, and human developmental changes

#### **Area and Service:**

A private non-profit multi state behavioral healthcare organization that provides a continuum of services ranging from outpatient treatment to education and career and technical training, and from short-term stabilization to therapeutic day schools and group homes. Early intervention services are also provided, applied behavioral analysis, and Ukeru method.

#### **Eligibility:**

Children, youth, and adults with autism, psychiatric, and intellectual disabilities.



Office Hours: Check website

# Habitat for Humanity of Page County

P.O. Box 613 Luray, VA 22835

Website:

www.pagecountyhabitat.webs.com

Phone: 540-743-7879 E-mail: pagehfh@gmail.com

#### Mission

Habitat for Humanity works in partnership with God and people everywhere, from all walks of life, to develop communities with people in need by building and renovating houses, so that there are decent houses in decent communities in which every person can experience God's love and can live and grow into all that God intends.

#### Area and Service:

Luray and Page County. Provides training for potential homeowners and homes for selected applicants.

#### **Eligibility:**

Applicants must earn \$16,000 to \$32,000 a year and provide sweat labor.

Volunteer Needs: Builders, fundraisers, church relations



**Special Events:** Progressive dinners in area churches

Office Hours: Monday - 9 am to Noon

# Habitat for Humanity of Warren County

P.O. Box 323, 27 Royal Ave. Front Royal, VA 22630

Website:

www.warrencountyhabitat.org

Phone: 540-551-3232

E-mail:

info@warrencountyhabitat.org

#### Mission

Through shelter, we empower. The vision is a world where everyone has a decent place to live.

#### Area and Service:

Warren County and Front Royal. Warren County Habitat for Humanity sells homes to income-eligible households. Homes are sold at no profit, with an interest-free mortgage. Offer home repairs with affordable financing to qualified homeowners.

**Eligibility:** Refer to the website or call the office.

#### **Volunteer Needs:**

Volunteers are needed for many different types of positions, including construction, professional skills (architect, graphic designer, photographer, accounting, attorney), lunches or baked goods for volunteers on a construction site



Office Hours: Monday through

Thursday 8 am to 5 pm

## **Handley Regional Library**

100 W. Piccadilly Street Winchester, VA 22601

Website: www.handleyregional.org

Phone: 540-662-9041

Fax: 540-662-9053

E-mail:

information@handleyregional.org

#### Mission

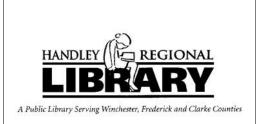
Handley Regional Library system provides outstanding information, resources, programs, and services to enrich a diverse community.

#### **Area and Service:**

City of Winchester and Frederick and Clarke counties. Other libraries in the region include Clarke County Library, 101 Chalmers Ct., Berryville, VA 540-955-5144 & Mary Jane & James L. Bowman Library, 871 Tasker Rd., Stephens City, 540-869-9000. Free computer access, reference and information service, archives room, children's rooms, books on tape, videos, and much more.

**Eligibility:** Borrowing items from the library collection is free with a library card for residents of the City of Winchester and Frederick, and Clarke counties. Free WIFI is available at all locations.

**Volunteer Needs:** Volunteers are needed to type, repair books, re-shelve books, help with the book sales, assist with children's programs, and numerous other special projects.



**Special Events:** Special programs take place daily. Please check the website or call for more information.

Hours: Call for hours. Visit website

# Healthy Families Northern Shenandoah Valley

301 N. Cameron Street, Suite 101 Winchester, VA 22601

Website: healthyfamiliesnsv.org

Phone: 540-536-4113

Fax: 540-536-0194

E-mail:

sschoono@valleyhealthlink.com

#### Mission

Provides education and support for all families to promote healthy births and continued nurturing to ensure children can reach school age emotionally and physically healthy.

#### Area and Service:

City of Winchester and Frederick, Clarke and Warren counties. Services provided include home visitation, distribution of new baby care packages, parenting education classes, book lending library, and distribution of Cribs for Kids.

#### **Eligibility:**

First-time parents and expectant parents who are challenged by the additional pressures and stress that comes with the birth of a child.

**Volunteer Needs:** Clerical support, assistance at a variety of special events/activities, donations, and board members.



**Special Events:** Annual campaign, Pinwheel Garden, Graduation picnic, Pumpkin Patch, Thanksgiving Feast, Breakfast with Santa

Office Hours: Monday through Friday

9 am to 5 pm

Satellite office is in Front Royal: 540-636-0539

# Healthy Families of Page & Shenandoah Counties

#### **Shenandoah County**

768 Spring Parkway Woodstock, VA 22664 Phone: 540-459-8858

Mailing address: 759 S. Main Street

Woodstock, VA 22664

#### **Page County**

294 E. Main Street, Stanley, VA 22851

Phone: 540-778-4061

Website:

www.shenandoahpage.wixsite.com/h

ealthyfamilies

#### **Mission**

Healthy Families Shenandoah County and Page County empowers families through ongoing supportive home visits and connection to community resources. Healthy Families provides pregnant women and parents with education and guidance to help give children a safe, healthy start in life. Healthy Families believes every parent wants to do his or her best and raising kids is the hardest, most important job anyone can ever have. Through collaboration with other community groups and agencies, families gain skills to improve the lives for parents and children.

#### **Area and Service:**

All services are voluntary and free to residents of Shenandoah County and Page County.



Office Hours: Monday through Friday

9 am to 4 pm

# Henry & William Evans Home For Children

330 E. Leicester Street Phone: 540-662-8520 Winchester, VA 22601 Fax: 540-662-4224

Website: www.evanshome.org E-mail: evans@evanshome.org

#### Mission

To provide the love, security, private resources, and guidance of a family in a group home setting for foster or homeless children.

#### **Area and Service:**

City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren counties and will accept placements from any locality in Virginia.

#### Volunteer Needs:

Does not use volunteers in direct care roles but accepts donations of funds and household items in new or like new condition to help support children.



**Special Events:** Evening with Evans Home Friends, Annual Doll Auction, Chili Dinner

Office Hours: Monday through Friday

9 am to 4 pm

## Heritage Child Development Center

224 Mosby Blvd. Berryville, VA 22611

Website: www.cheersschoolfamily.org

Phone: 540-955-4194

Fax: 540-955-4196

E-mail:

heritagesitesupervisor@gmail.com

#### Mission

A place where children know love, sense security, and embrace education

#### **Area and Service:**

Support state-subsidized children through City of Winchester and Clarke, Frederick, Shenandoah, and Warren counties. A childcare facility, offering preschool programs and before- and after-school care as well as summer programs.

#### Volunteer Needs:

For those families who may not qualify for state-funded assistance or may be experiencing a short-term financial struggle, the CHEERS Scholarship Fund is available as a resource to families. Funding varies due to current community donations and fundraiser income.



**Special Events:** Budding Artist Exhibit,

Celebration & Auction

**Office Hours:** Monday through Friday

6:30 am to 6:30 pm

## Highland Food Pantry, Inc.

446 Highland Ave. Winchester, VA 22601 Phone: 540-662-4118 In the lower level of the Highland Presbyterian Church.

#### Mission

To provide without obligation nutritious food and other help when able, to those in need. Aim to work collaboratively and creatively with other community organizations on behalf of clients. The intention is to serve others faithfully with respect and compassion.

#### **Area and Service:**

Serves people in the northern Shenandoah Valley who are experiencing chronic hunger. Main activity is the distribution of food to individuals and families in need.

Eligibility: Food insecurity

**Volunteer Needs:** Volunteers needed to unload trucks, help in the pantry, share computer skills, speak Spanish. Donors needed to host food drives, share produce from gardens, or make monetary donations.



**Hours:** Pantry operates every Tuesday 9 am to 11:30 am, and 6:30 pm to 8 pm

## Home Health Services Valley Health

333 W. Cork Street, Suite 135 Winchester, VA 22601

Website: www.valleyhealthlink.com

Phone: 540-536-5200 Fax: 540-536-3251

#### **Mission**

To provide the highest quality medically-directed health care that is home-based, technically feasible, and cost effective, using a coordinated team-approach effort

#### **Area and Service:**

City of Winchester and Frederick, Clarke, Page, and Shenandoah counties, also western Loudoun and Rappahannock counties. Provides nursing, physical, occupational therapy, social workers, nurse's aides, and speech therapy

#### **Eligibility:**

Homebound individuals with a doctor's prescription, requiring the skills of a nurse or therapist



Office Hours: Monday through Friday

8 am to 4:30 pm

### **Horizon Goodwill Industries**

443 Millwood Ave., upper level Winchester, VA 22601 www.horizongoodwill.org Phone: 540-723-6864 Fax: 540-723-6867

#### Mission

To provide employment and training services to individuals with disabling and disadvantaging conditions

#### **Area and Service:**

City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren counties. We offer a wide variety of services to the community ranging from business solutions, job training, and human resources assistance.

#### **Eligibility:**

Anyone who is looking for work or looking to improve employment skills.

#### **Volunteer Needs:**

Donations, help sorting, hanging, and tagging merchandise for retail sale and general warehouse.



Office Hours: Monday through Friday

8 am to 4:30 pm

## **House of Hope**

724 Warren Ave. Front Royal, VA 22630

Website:

www.warrencountyhomeless.org

Phone: 540-635-2466 Fax: 540-635-2469

E-mail:

warrencountyhomeless@yahoo.com

#### **Mission**

To provide a temporary shelter for homeless men.

#### **Area and Service:**

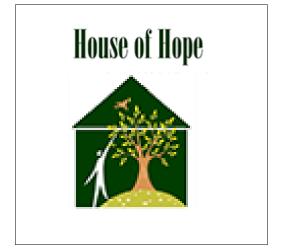
Homeless men of Front Royal and Warren County. Offers shelter, food, and guidance in obtaining needed services.

#### **Eligibility:**

Must be a man at least 18 years of age and free of drugs and alcohol.

#### **Volunteer Needs:**

Volunteers are always needed during the day. Also needed are hand tools, food, cash donations, and office supplies.



**Hours:** Emergency Intake is 24 hours a day. Call 540-635-2466

# Humane Society of Warren County

1245 Progress Drive Front Royal, VA 22630

Website:

www.humanesocietywarrencounty.org

Phone: 540-635-4734 Fax: 540-635-0262

E-mail:

info@humanesocietywarrencounty.org

#### Mission

A non-profit organization dedicated to providing compassionate care to abandoned, abused, homeless, and neglected animals in the community. Aims to educate pet owners on the importance of vaccinations and population control and to place adoptable pets in loving homes.

#### Area and Service:

Front Royal and Warren County. Provide numerous services related to pets, including adoption, vaccinations, veterinarian services, foster care, shelter, food and care for lost animals, spay and neuter, rabies clinics

#### **Volunteer Needs:**

Dog walking, customer service, kitty socialization, toy and treat making, plus numerous other opportunities.



**Special Events:** Please see our website for varied events.

**Office Hours:** Thursday through Tuesday, closed Wednesday 10 am to 4 pm.

## I'm Just Me Movement

411 N. Cameron Street,  $2^{nd}$  floor Winchester, VA 22601

Website: imjustmemovement.org

Phone: 540-323-7988

E-mail: tina@imjustmemovement.org

#### Mission

Strengthening youth, families, and communities through mentorship, education and training, positive development, and collaboration.

#### **Area and Service:**

City of Winchester, counties of Frederick, Clarke, Shenandoah, and Page. I'M JUST ME MOVEMENT is a nonprofit 501 (c) 3 organization. Provides innovative mentoring programs through "I'm Just Me Workshop," Live Life Forward Program, Intervention Group Sessions, Bullying and Diversity Workshops, Individual and Group Mentoring, Mobile Resource Centers, and Job Readiness events. Forms partnerships with a variety of organizations.

#### **Eligibility:**

Youth ages 12-26.



**Office Hours:** Monday through Friday 9 am to 6 pm

# Infant and Toddler Connection of the Shenandoah Valley (ITC-SV)

**Grafton Integrated Health Network** 

P.O. Box 547 Front Royal, VA 22630

Website: www.itcshenvalley.org

Phone: 540-635-2452 Fax: 540-635-3558

E-mail: questions@itcshenvalley.org

#### Mission

The Sooner – The Better! The ITC-SV is an early intervention service which teaches, coaches, and mentors families of children, up to the age of three, with a developmental delay or diagnosed disabling condition.

#### **Area and Service:**

City of Winchester, Frederick, Clarke, Page, Shenandoah, and Warren counties. Services include coordination/case management, developmental screenings and assessments, individual family service plan development, and developmental services provided in home by licensed professionals.

**Eligibility:** Children ages birth to three who have a developmental delay, a diagnosed condition or atypical development in the area of gross or fine motor skills, speech/language, self-help, cognitive, or social skills.

**Volunteer Needs:** Assist in developing and presenting programs and events



Office Hours: Monday through Friday

8:30 am to 5 pm

## Lions Club Eyeglasses Program Winchester City & Frederick County

#### Mission

Lions Clubs believe in saving sight. Lions in Winchester and Frederick County (Winchester Host Lions Club, Winchester Shawnee Lions Club, and the Stephens City Lions Club) offer assistance with purchasing eyeglasses for those in need.

**Area and Service:** City of Winchester and Frederick County, including Stephens City and Middletown. The Lions can help pay for exams and eyeglasses for those who have been prescreened by one of four local non-profit organizations.

**Eligibility:** Eligibility is determined by completing an application at the following locations: Winchester C-CAP, Salvation Army, the Sinclair Medical Clinic, or the Valley Assistance Network. Persons who live in zip code **22601** should take the completed paperwork and an ID to a Lions Club representative in the War Memorial Building at Jim Barnett Park on the 3<sup>rd</sup> Tuesday of the month from 3:30 to 4:30 pm. (No appointment necessary)

Persons who live in zip codes **22602**, **22603**, **22622**, **22624**, **22625**, **22637**, **22654**, **or 22656** should, after getting the required paperwork completed, call Chuck Puglisi at 540-722-0650 and he will advise as to the next step. Persons who reside in zip codes **22655** or **22645** should call Chuck Henkle at 540-869-4910, and he will send the required paperwork, and advise as to the next steps.



## Literacy Volunteers- Winchester Area

301 N. Cameron Street, Suite 102 Phone: 540-536-1648 Winchester, VA 22601 E-mail: info@lvwa.org

Website: www.lvwa.org

#### Mission

The mission of LVWA is to improve the community by advancing essential literacy and citizenship skills through education and advocacy.

#### Area and Service:

City of Winchester, and Frederick and Clarke counties. Provides tutoring and small-group instruction to adults who need basic education in reading and writing, English language literacy, math, financial literacy, basic computer skills, and GED and naturalization test preparation. Offers low-cost, family-based immigration legal advice.

Eligibility: Adults

**Volunteer Needs:** Tutoring (one-on-one, small group, classes) office support, special events, fundraising, grant writing, technology



**Special Events:** Storybook Ball

(October); Brain Buzz trivia night (April)

**Office Hours:** Monday, Tuesday, and Wednesday 9 am to 5 pm

Thursday 9 am to 5 pm and 6:30 to 8:30 pm

Friday 9 am to 2 pm

## Lord Fairfax Area Food Bank Branch of the Blue Ridge Area Food Bank

1802 Roberts Street Winchester, VA 22601 Website: www.brafb.org Phone: 540-665-0770 Fax: 540-722-4217

E-mail: jtomalesky@brafb.org

#### **Mission**

To obtain and efficiently distribute nutritious foods and other products to member agencies while developing programs and partnerships to help eliminate hunger.

#### **Area and Service:**

City of Winchester and Frederick, Clarke, Fauquier, Loudoun, Page, Rappahannock, Shenandoah, and Warren counties

#### **Eligibility:**

Member agencies must be 501-(c)-3 organizations or recognized churches.

**Volunteer Needs:** Warehouse workers, shelf stockers, transporters of donated food, persons to answer phones, clean and sort food, coordinate food drives.



**Special Events:** Fundraising letter campaigns, food drives, Scouting for Food and Letter Carrier food drives.

Office Hours: Monday through Friday

8:30 am to 3 pm

## **Lord Fairfax Community College**

Middletown Campus 173 Skirmisher Lane Middletown, VA 22645 Website: lfcc.edu Phone: 540-868-7000 Fax: 540-868-7100

#### Mission

Founded in 1970, Lord Fairfax Community College (LFCC) is a comprehensive, multicampus public institution of higher education. Through its four locations — the Middletown and Fauquier campuses, the Luray-Page County Center, and Vint Hill — the college serves eight localities in the Shenandoah Valley and Piedmont regions.

#### **Area and Service:**

Counties of Clarke, Fauquier, Frederick, Page, Rappahannock, Shenandoah and Warren and the City of Winchester. LFCC offers more than 75 associate degree and certificate programs in a wide variety of disciplines, in addition to providing access to bachelor's, master's and doctoral degree programs offered on site by a four-year institution. LFCC also serves the business community by offering workforce preparation programs for employees and employers.

Eligibility: Open admission

Volunteer Needs: Tutoring, fundraising



**Special Events:** Dinner Theatre, Honors Convocation, Follies Spring Show, Wits for Wellness, 5 K Walk/Run, Commencement, President's Luncheon, Shrimp Feast

Office Hours: Monday and Thursday 8 am to 7 pm Tuesday and Wednesday 8: am to 5 pm Friday in fall and spring 8 am to 4 pm

Friday in summer 8 am to Noon

## Lord Fairfax Health District (5 Health Departments)

Frederick-Winchester Health Dept. 10 Baker Street, Winchester, VA 22601 540-722-3470

Warren County Health Dept.: 465 W. 15<sup>th</sup> Street, Front Royal, VA 22630 540-635-9698

Page County Health Dept. 75 Court Lane, Luray, VA, 22835 540-743-3811

Shenandoah Co. Health Dept. 494 N. Main St., Woodstock, VA 22664 540-459-3733

Clarke County Health Dept. 100 N. Marsh St., Berryville, VA 22611 540-955-1033

#### Mission

To provide public health leadership with and for the communities served

**Area and Service:** City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren counties; Provides family planning, care for women and babies before and after birth(MICC), early testing of children, well-child services, WIC (for pregnant women, new mothers for up to 6 months, breastfeeding mothers up to 1 year and children up to age 5), immunizations, TB testing and treatments, rabies treatment, testing and treatment for sexually transmitted diseases, testing and treatment for HIV, health education, school entry physicals, car-seat safety program, overseas travel immunizations

**Eligibility:** Residents and those qualifying for special programs based upon income guidelines.



**Office Hours:** Monday through Friday 8 am to 4:30 pm

Call local health department for an appointment, or visit online at www.vdh.virginia.gov/lord-fairfax/

## Lord Fairfax Small Business Development Center

173 Skirmisher Lane Middletown, VA, 22645 Website://lfsbdc.org Phone: 540-868-7094 E-mail: ckriz@lfcc.edu

#### Mission

Provides free business consulting to those who want to start, manage, grow, or sell a small business.

#### **Area and Service:**

City of Winchester, Frederick, Clarke, and Shenandoah counties. Small business consulting in marketing, human resources, accounting, social media, processes and operations, growth strategy, etc.

#### **Eligibility:**

Offers consulting and classes to small business owners.



**Special Events:** Visit website for free upcoming seminars.

**Office Hours:** Monday through Thursday 8 am to 5 pm

Friday – 8 am to Noon

## Lutheran Family Services of VA Northern Shenandoah Valley

629 Cedar Creek Grade, Suite C2 Winchester, VA 22601 Phone: 540-450-2782

Fax: 540-450-2783 Website: lfsva.org

Email: info@lfsva.org

#### Mission

Lutheran Family Services of Virginia expresses God's love by providing services and assistance to empower communities, families, and individuals in the journey to wellbeing.

#### Area and Service:

City of Winchester and Frederick, Clarke, Warren, Shenandoah, and Page counties. Services include foster care, adoption, counseling, disaster response and preparedness, immigration and refugee services.

#### **Eligibility:**

To make a referral, go to website or use the email address provided.



## Lydia's Clothes Closet, Inc.

137 E. King Street Strasburg, VA 22657 Phone: 540-465-1905

E-mail: lydiasclothesinc@gmail.com

#### **Mission**

An all-volunteer thrift shop committed to helping those who need it most.

#### **Area and Service:**

Shenandoah County, Providing assistance in time of crisis (house fire or displacement) in the form of goods. Fostering a spirit of volunteerism in youth.

#### **Eligibility:**

Persons who need assistance in time of crisis.

#### **Volunteer Needs:**

Volunteers to help with the daily operation of the store.



Office Hours: Tuesday through Friday

10 am to 4 pm

Saturday 10 am to 2 pm

# Mental Health America- Warren County

P.O. Box 358 Front Royal, VA 22630 Phone: 540-984-0303 Website: www.mhafrwc.org

#### Mission

Mental Health America works as a coordinated citizen's movement to promote mental health and wellness in the community.

#### **Area and Service:**

Warren County – Informational displays and materials at health fair and liaison to local mental health group home.

#### **Eligibility:**

A group of volunteers from Warren County that supports six major programs each year. Programs are shown on the website.

**Volunteer Needs:** Board members and fair representatives are always needed. Membership is open to the public.



**Office Hours:** Phone call will be returned within a couple days.

## **Moms In Motion**

P.O. Box 1731 Front Royal, VA 22630 www.MomsInMotion.net Phone: 800-417-0908 Phone: 844-828-5591 Fax: 703-468-4958 E-mail:

info@momsinmotion.net

#### Mission

Moms In Motion (Moms) is a Service Facilitation provider for Medicaid CD-PAS (EDCD, ID & DD Waivers) enrollees and a Case Management provider for DD Waiver enrollees. Mission is to enhance the outcome for clients and families by using person-centered practices while providing superior service, sharing resources, continually expanding knowledge, and networking. Will help navigate life with a disabled child and advocate for all children with special needs.

**Area and Service:** Northwest Division serves City of Winchester, and the counties of Frederick, Clarke, Warren, Shenandoah, and Page. Medicaid waiver navigation assistance; Linkage to community and government disability-related resources; Service Facilitation for individuals on Medicaid waivers; Case Management for individuals eligible for Medicaid Case Management

#### **Eligibility:**

Varies depending on program. Services are free to the individual.



**Special Events:** Visit website for current events

Office Hours: Monday through Friday 8 am to 5 pm
Voice-mail messages will be answered within 24-48 hours.

### NAACP - Winchester Area

P.O. Box 2365 Winchester, VA 22604 E-mail:

naacpwinchesterarea@gmail.com

Phone: 540-327-7061

#### Mission

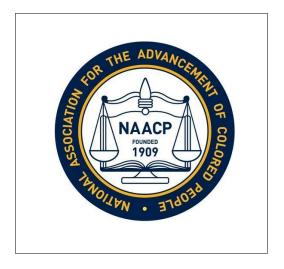
The mission of the National Association for the Advancement of Colored People is to ensure the political, educational, social, and economic quality of the right of all persons, and to eliminate racial hatred and racial discrimination.

#### **Area and Service:**

The NAACP Branch #7127 covers the City of Winchester and Frederick and Clarke counties. A 21<sup>st</sup> century advocacy organization that fights for the advancement of minority groups by bridging the gaps in seven advocacy areas, including education, economic empowerment, healthcare, criminal justice, civic engagement, international affairs, and poverty issues.

**Eligibility:** All interested parties who reside or work in Frederick or Clarke counties or the City of Winchester.

Volunteer Needs: Varies depending on projects and events.



**Special Events:** Freedom Fund Banquet

**Meetings:** Meetings are held on the second Saturday of every month and are open to all current and prospective members.

**Organized:** 1909 on the National level, locally in 1944 and reactivated in 2009

## Narcotics Anonymous Shenandoah Valley Area

P.O. Box 2436 Winchester, VA 22604 www.shevana.org World Services 818-773-9999 Helpline: 1-800-777-1515

#### Mission

An addict, any addict can stop using drugs, lose the desire to use, and find a new way to live. The message is hope and the promise of freedom.

#### **Area and Service:**

Includes NA meetings in Berryville, Front Royal, Mt. Jackson, Stephens City, Strasburg, White Post, Winchester, and Woodstock. A 12-step program. Meetings are free.

#### **Eligibility:**

Anyone can join meetings, regardless of age, race, sexual identity, creed, religion, or lack of religion. Some meetings (closed) are for addicts only, but most meetings are open to addicts and non-addicts.

**Volunteer Needs:** A variety of volunteer opportunities are available.



**Special Events:** Check our website for detailed information

**Meetings:** See the website or call the helpline to learn about meeting places and times.

# National Alliance on Mental Illness Northern Shenandoah Valley (NAMI NSV)

P.O. Box 4550 Phone: 450-533-1832 (affiliate

Winchester, VA 22604 phone)

Website: www.naminsv.org E-mail: naminsv@live.com

#### Mission

To provide support, education and advocacy for individuals, their families and others most affected by mental illness.

#### Area and Service:

City of Winchester and counties of Clarke, Frederick, Warren, Shenandoah, and Page. Offices are located in Winchester, Woodstock, Front Royal, and Luray. Provides educational classes and support for persons affected by mental illness.

#### **Eligibility:**

NAMI is a membership organization. Annual membership is \$40. Do not have to be a paid member to utilize services.

**Volunteer Needs:** Peer mentors, teachers, facilitators, presenters, and coordinators for signature education and support programs.



**Special Events:** May is Mental Health Awareness Month; Mental Illness Awareness Week (first full week of October)

## New Bridges Immigrant Resource Center

64 West Water Street Phone: 540-438-8295

Harrisonburg, VA 22801 E-mail: info@newbridgesirc.org

Website: www.NewBridgesIRC.org

#### Mission

Engaging immigrants, connecting cultures, and building community

#### Area and Service:

Serves immigrant families living in the Shenandoah Valley, including City of Winchester, Frederick, Clarke, Shenandoah, and Page counties.

**Eligibility:** Anyone who speaks little or no English.

**Volunteer Needs:** Case management volunteers to help immigrants deal with medical bills from the hospital, provide information and referrals to immigrants, help with obtaining passports and other documents, and help office and fundraising staff with newsletters, grant writing, and many other tasks. Bilingual speaking abilities are required for work related to clients.



**Special Events:** Annual Taste of the

World Event

**Office Hours:** Monday through

Thursday 9 am to 4:30 pm

## **New Eve Maternity Home**

P.O. Box 1518 Winchester, VA 22604

Website:

www.newevematernityhome.org

Phone: 540-450-0775 (Leave a

message) E-mail:

info@newevematernityhome.org

#### **Mission**

New Eve Maternity Home provides a haven for pregnant women and their children who are facing homelessness. New Eve offers the opportunity to grow in self-respect and independence while celebrating the life within them and the dignity of motherhood. Welcomes women who find themselves alone and in need of physical, spiritual, emotional, and material support. Mothers can celebrate the gift of life free from fear.

#### Area and Service:

No defined area. Provides a home for pregnant women and their children who are facing homelessness, and in need of physical, spiritual, emotional, and material support.

#### **Eligibility:**

Expectant mothers 18 years of age or older who are homeless or fleeing an abusive situation.

**Volunteer Needs:** Drivers, mentors, tutors, babysitters, home moms.



**Special Events:** Fundraising events

**Office Hours:** Phone messages are

checked daily.

# Northern Shenandoah Valley Adult Education

Lord Fairfax Community College 173 Skirmisher Lane Middletown, VA 22645 Phone: 540-869-0748 Website: needmyged.org E-mail: ajudd@lfcc.edu

#### Mission

As a partner in Virginia's workforce development system, NSVAE strengthens the Commonwealth's economy by supporting innovative, effective educational programs that prepare individuals for college, careers, and responsible citizenship.

**Area and Service:** Classes are offered in various locations in the City of Winchester, and the counties of Clarke, Frederick, Page, Shenandoah, and Warren. Free Adult Basic Education, GED Prep, and English for Speakers of Other Languages (ESOL) classes. Additional services include: Plugged In Virginia, a career pathways program with contextualized curriculum integrated with industry-specific training and workforce and employability skills; Integrated Education and Training for English Language Learners for the health field, and trucking driving; Civics, Citizenship classes.

Northern Shenandoah Valley Adult Education has a second location at the One Stop, Valley Workforce Center at 419 North Cameron Street, Winchester. Classes and office hours are held at this location. Phone: 540-545-4146, ext. 306.

Eligibility: Adults over the age of 18



**Special Events:** Free morning and evening classes.

**Office Hours:** Monday through Friday 8 am to 5 pm

# Northern Shenandoah Valley Regional Commission

400 E. Kendrick Lane, Suite E Front Royal, VA 22630

Website: http://nsvregion.org/

Phone: 540-636-8800 E-mail: info@nsvregion.org

#### Mission

The purpose of Planning District Commissions, as set out in the Code of Virginia, Section 15.2-4207, is to encourage and facilitate local government cooperation and state-local cooperation in addressing on a regional basis, problems of greater than local significance.

#### Area and Service:

The Northern Shenandoah Valley region encompasses the five counties in the northwest corner of Virginia -- Clarke, Frederick, Page, Shenandoah, Warren, and all jurisdictions within--as well as the City of Winchester. The NSVRC is one of 21 Planning Commissions in Virginia and provides a variety of technical and program services to member local governments. These services can include grant application assistance, program management, mapping, and planning assistance in areas such as community development, transportation, and natural resource management.

#### **Eligibility:**

All governmental and private entities in the region



**Office Hours:** Monday through Friday

9 am to 5 pm

# Northern Shenandoah Valley Substance Abuse Coalition

305 E. Piccadilly Street. Winchester, VA 22601

Phone: 540-536-5000

Website: www.roadtorecovery.info

Email:

lcumming@valleyhealthlink.com

#### **Mission**

The Northern Shenandoah Valley Substance Abuse Coalition will collaborate with community partners to take the lead in identifying and developing effective resources to ensure that the necessary continuum of care for substance abuse and addiction services are available to all members of the community.

#### **Area and Service:**

City of Winchester and the counties of Clarke, Frederick, Shenandoah, Warren, and Page. The Northern Shenandoah Valley Substance Abuse Coalition includes representatives from law enforcement, health care, the legal community, concerned citizens, family members of victims, jail staff, treatment facilities, the court system, and community organizations.

Eligibility: Anyone in need of help



**Events:** See Facebook page

**Office Hours:** Monday through Friday

9 am – 5 pm

### Northwestern Community Services Board

Offices are located throughout the Northern Shenandoah Valley. Website: www.nwcsb.com

Main Administrative Office: 209 W. Criser Rd., Front Royal, VA 22630

Phone: 540-636-2931

#### Mission

To help people through life's challenges with quality behavioral health services guided by principles of respect, recovery, and self-determination

#### .Area and Service:

Offers an array of outpatient, case management, day support, residential and emergency programs that are designed to enhance the quality of life for both children and adults affected by emotional/behavioral disorders, mental illness, substance use, mental retardation and developmental disabilities. We specialize in rehabilitative and family support services for individuals with challenges as schizophrenia, bipolar disorder, major depression, addiction, and significant impairments from ID/MR/DD. Provides 24-hour emergency evaluation, short-term treatment and hospital referral to individuals having mental health, emotional, substance use, or behavioral crises that pose a safety risk to themselves or others. After regular office hours when centers are closed, access to staff is available through Concern Hotline.

**Eligibility:** Determined when an individual calls for service through the call center.



Office Hours: Varies by location

# Northwestern Regional Education Programs (NREP)

1481 Senseny Road Winchester, VA 22602 Website: www.nrep.frederick.k12.va.us Phone: 540-665-0103 Fax: 540-665-2461

#### Mission

NREP staff members are dedicated to working collaboratively with students who have special needs, their families, and their community to provide a positive, safe, respectful learning environment that will produce life-long learners, who will transition into a more independent environment.

**Area and Service:** City of Winchester City and Frederick and Clarke Counties. NREP recognizes the importance of meeting all of the specific needs of the students it serves. In order to meet those needs, comprehensive supportive services are available to those who are found eligible. These services may include transportation, speech therapy, occupational therapy, physical therapy, vision services, hearing impaired services, parent programs, individual counseling, and music therapy.

**Eligibility:** Eligibility for services is determined by the local educational agency.

**Volunteer Needs:** Assist in developing and presenting programs and events.



Office Hours: Monday through Friday

8 am to 4 pm

### NW Works, Inc.

3085 Shawnee Drive Woodstock, VA 22601

Website: www.nwworks.com

Phone: 540-667-0809 Fax: 540-313-9058

E-mail: info@nwworks.com

#### Mission

To enable adults with disabilities to select, secure, and sustain valued employment and training

#### Area and Service:

City of Winchester and Clarke, Frederick, and Warren counties. Provides in-facility and community-based employment opportunities, CARF Accredited; janitorial and landscaping services available and contract work.

#### **Eligibility:**

Anyone 18 or older diagnosed with a disability, must have basic self-care skills, must have some form of funding.

**Volunteer Needs:** For volunteer opportunities, call 540-313-9440.



**Special Events:** Annual Farm to Table in Middletown; vocational training opportunities

**Office Hours:** Monday through Friday 8 am to 4 pm

### Our Health, Inc.

329 N. Cameron Street, Suite 200

Winchester, VA 22601

Website: www.ourhealthva.org

Phone: 540-536-1600 Fax: 540-536-0192

E-mail: mfalu@valleyhealthlink.com

#### Mission

Our Health, a regional non-profit organization, sustains and improves the health and well-being of the community by bringing together, supporting, and expanding capabilities of partners in the delivery of health and human services, to address unmet needs, and provide ease of access to services.

#### Area and Service:

The Lord Fairfax Planning District; Our Health provides leadership to its partner agencies in grant writing and administration, training and technical assistance to non-profit boards and staff, and administrative and financial management support. Its Volunteer Action Center provides viable services to connect volunteers to area needs and nonprofit partners with opportunities to enhance their programs.

**Eligibility:** Non-profit and public service agencies dedicated to serving the health and well-being of those most in need in service delivery area.

**Volunteer Needs:** The Volunteer Action Center of Our Health assists in helping volunteers select non-profit agencies that fit them best.



**Special Events:** Visit website to see list of upcoming events.

Office Hours: Monday through Friday

9 am to 5 pm

# Page County Public Libraries A Part of the Massanutten Regional Library

#### **Luray Branch:**

100 Zerkel Street Luray, VA 22835

Phone: 540-434-4475 option 5

Website: www.mrlib.org

#### **Shenandoah Branch:**

418 S. Third Street Shenandoah, VA, 22849 Phone: 540-434-4475 option 6

#### **Mission:**

Inform - Inspire - Connect

#### Area & Service:

Two Page County Libraries, one in Luray, and one in Shenandoah are a part of the Massanutten Regional Library. Services include public access computers, free WIFI, printing, faxing, copying, adult & children's activities.

#### **Eligibility:**

Residents of Page County are eligible for free library cards.

#### **Volunteer Needs:**

A variety of volunteer opportunities are available. Please contact us for more information.



**Office Hours:** Vary according to location. Please call or check the website.

## **Page Free Clinic**

732 E. Main Street Luray, VA 22835

Website: pagefreeclinic.org

Phone: 540-743-1054 Fax: 540-743-3058

E-mail: pagefreeclinic@gmail.com

#### Mission

To provide quality medical services to those who do not have access to affordable health care.

#### **Area and Service:**

Health services to Page County residents

#### **Eligibility:**

Income must be 0-200 percent of the Federal Poverty Level, 18-62 years of age with no insurance

#### **Volunteer Needs:**

A variety of volunteer opportunities are available including professional medical persons as well as non-medical persons.



**Special Events:** Check website for information.

**Office Hours:** Tuesdays from 4 to 7 pm

## Page One of Page County, Inc.

Luray location: 35 N. Bank Street Luray, VA 22835

Phone: 540-743-4863

Thrift Shop phone: 540-743-4357

Shenandoah location: 600 Comer Lane Shenandoah, VA 22849 Phone: 540-652-8780

Website: https://vapageone.org

#### Mission

Provides family assistance to those in the community who find themselves unemployed, sick or for some unforeseen situation, unable to feed their family or meet their financial needs.

#### Area and Service:

Serves less fortunate families in Page County from two locations, one in Luray and the other in Shenandoah. Provide food, rent, water, fuel, and clothing. To support the charity work, Page One operates three thrift stores, one in Shenandoah and two in Luray.

#### **Eligibility:**

Low-income, must have been a resident of the county for 6 months, have an ID, and provide information regarding the income of everyone in the household.

**Volunteer Needs:** Thrift shop helpers to sort clothing and stock shelves.



**Office Hours:** Luray food pantry & family services office is open Monday, Tuesday, and Thursday from 8:30 am to 11:30 am.

Shenandoah food pantry and family services office is open Monday, Wednesday, and Friday Noon to 4 pm.

## People Incorporated of Virginia

135 South Main St.
Woodstock, VA 22664
Websiter www.peopleins.net

Website: www.peopleinc.net

Phone: 540-459-9096 Fax: 540-459-8732

E-mail: info@peopleinc.net

#### Mission

To provide opportunities for economically disadvantaged people to reach their goals in order to enhance their lives, their families, and their communities.

#### Area & Service:

Northern Shenandoah Valley service area includes Clarke, Frederick, Page, Shenandoah, and Page counties. Service includes various programs including capacity building, technical assistance, affordable rental housing, housing counseling, business development, and loan services. Also offers free income tax preparation.

#### **Eligibility:**

Varies depending on program.



Office Hours: Monday through Friday

8 am to 4:30 pm

## **Phoenix Project**

P.O. Box 1747 222 S. Royal Street Front Royal, VA 22630

Website: www.phoenix-project.org

Phone: 540-635-2302 **Hotline: 540-635-2300** 

E-mail: melanie@phoenix-project.org

#### Mission

Ensuring freedom from all forms of domestic violence through empowerment, education, and community.

#### **Area and Service:**

Front Royal and Warren County. Help victims by providing emergency housing for those in imminent danger, crisis intervention, court accompaniment, safety planning, 24-hour hotline.

#### **Eligibility:**

All victims of domestic violence regardless of age, race, religion, gender, or gender identity. All services are free.

**Volunteer Needs:** Many volunteer opportunities are available and training is provided. Some opportunities include Hotline Volunteer, web design, event support, and fundraising.



**Special Events:** Domestic Violence Awareness Month (October), Annual Wine Pull (June), Applebee's Flapjack fundraiser (November), Paint Party.

**Office Hours:** Monday through Friday 8:30 am to 4:30 pm

Hotline is 24/7

### reSolutions, Inc.

Central Office is 505 N. Main Street

Woodstock, VA 22664

Website: www.resolutions-inc.org

Phone: 540-459-8799

Email: administration@resolutions-

inc.org

#### Mission

The mission of **reSOLUTIONS, Inc.** is to establish safe environments for family and community members to come to the table and receive support and the necessary tools for improved relations.

#### Area and Service:

**reSOLUTIONS, inc.** offers court-ordered mediation services in Page, Shenandoah, and Warren counties and private mediations throughout the Commonwealth. Mediators are trained and certified through the Supreme Court of Virginia.

**Eligibility:** *reSOLUTIONS, inc.* provides mediation services to parties involved in family, community, and business disputes. It is an alternative to court when willing participants find it necessary to seek a neutral third-party, trained, and licensed mediator to assist with the resolution process. Typically, mediation fees are a fraction of the cost of lawyer fees.



Office Hours: Call for hours.

**Organized:** 1994 as Apple Valley Mediation Network, Inc.

### Response, Inc.

P.O. Box 287 Woodstock, VA 22664

Website: www.responseva.org

Office Phone: 540-459-5599 E-mail: response@shentel.net

Hotline: 540-459-5161

#### Mission

Response is a Shenandoah County organization dedicated to preventing and helping people overcome the problems of sexual and domestic violence and other forms of abuse through outreach, advocacy, education, and supportive service.

#### Area and Service:

Shenandoah County. A 24-hour hotline, a 20-bed emergency shelter for women and children, and court advocacy, support and crisis counseling, and education in the community. All services are free and confidential.

#### **Eligibility:**

Men, women, and children who are victims and survivors of domestic violence, stalking or sexual abuse.

**Volunteer Needs:** Two levels of volunteers. One includes fundraising, community event participation, administrative assistance, materials organizer, job coordinator, and shelter maintenance. The other includes court advocacy, client transportation, hotline advocate, childcare, participation in shelter groups/activities, and children and youth advocacy.



**Special Events:** Celebration of Hope; Candlelight Walk; Sexual Assault Awareness Month; Child Abuse Prevention Month

Office Hours: Monday through Friday

8 am to 5 pm **24/7 Hotline** 

# Ronald McDonald House Charities Of Charlottesville, Inc.

300 9th Street, SW Phone: 434-295-1885

Charlottesville, VA 22903 E-mail: info@rmhcharlottesville.org

Website: www.rmhcharlottesville.org

#### Mission

The Ronald McDonald House of Charlottesville exists to serve and sustain families when serious illness or injury strikes the most cherished part of their lives, their children.

#### **Area and Service:**

Serves children and families from all locations, including world-wide, who are referred to the UVA Children's Hospital. Services include provision of a room, meals, transportation to and from the hospital, and other services as needed.

#### **Eligibility:**

Must be a pediatric patient living at least an hour way.

#### **Volunteer Needs:**

Office assistance, meal preparation, cleaning, yard work, special project and events.



**Special Events:** Gingerbread Christmas, several golf tournaments, and other events. Visit website.

**Office Hours:** 8 am to 9 pm daily/ staffed 24 hours a day

## Senior Community Service Employment Program (SCSEP)

 131 Providence Lane
 Phone: 304-257-1221

 Petersburg, WV 26847
 Fax: 304-257-4958

Website: regioneight.org E-mail: sheavner@regioneight.org

#### **Mission**

To provide work experience, training, and skill development to older workers interested in employment

#### **Area and Service:**

Employment services to citizens of City of Winchester, Frederick and Shenandoah counties. (SCSEP is funded by the U.S. Department of Labor and the National Council on Aging.)

#### **Eligibility:**

Age 55 and over, income eligible and unemployed



**Office Hours:** Monday through Friday 9 am to 5 pm

### Shenandoah Alliance for Shelter

109 N. Main Street P.O. Box 386 Woodstock, VA 22664

Website: www.allianceforshelter.com

Phone: 540-459-3212 Fax: 540-459-3235

E-mail: SASED@Shentel.com

#### Mission

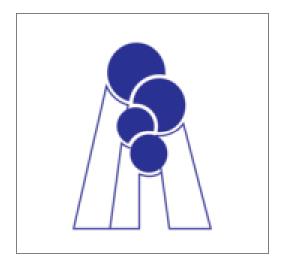
To prevent homelessness by providing temporary shelter and supportive services designed to enable clients to achieve independence.

#### Area and Service:

Shenandoah County residents. Provide temporary financial rental assistance through several housing programs. In partnership with the Salvation Army, administer utility assistance to Shenandoah County residents who have a disconnection notice.

#### **Eligibility:**

Families at imminent risk of losing housing. Anyone seeking housing assistance must first contact Centralized Housing Intake at 540-271-1701.



**Special Events:** Pottery Bingo

**Office Hours:** Monday through Friday

8:30 am to 4:30 pm By appointment only

## Shenandoah Area Agency on Aging

207 Mosby Lane Front Royal, VA 22630 Website: www.shenandoahaaa.com

E-mail: info@shenandoahaaa.com

**Senior Helpline: 540-635-7141** 

Fax: 540-636-7810

#### Mission

SAAA is the only comprehensive regional provider of support services that enable older persons to continue living in their homes.

**Area and Service:** City of Winchester and Frederick, Clarke, Shenandoah, Page, and Warren counties. Among the numerous services, the agency operates senior centers, provides Meals-on-Wheels program to homebound seniors, arranges for personal care services for seniors who need help with activities of daily living, provides transportation to and from senior centers, coordinates WellTran rides, and Medicare insurance counseling.

**Eligibility:** Varies but most programs are targeted to those age 60 and over and their caregivers.

**Volunteer Needs:** Riding vans and delivering Meals on Wheels, providing programs or other assistance at the Active Living (Senior Citizen) Centers. Medicare Insurance Counseling, fundraising, and more. Please refer to website.



**Special Events:** Annual senior picnic, Senior Olympics, fundraisers, and more

**Office Hours:** Monday through Friday

8:30 am to 4:30 pm

# Shenandoah Community Health Clinic

(The Shenandoah Free Clinic & Shenandoah Dental Clinic)

124 Valley Vista Drive, P.O. Box 759

Woodstock, VA 22664

Website: www.shenclinic.org

Phone: 540-459-1700 (Health)
Phone: 540-459-9333 (Dental)
E-mail: opdirector@shenclinic.org

#### Mission

To provide compassionate, quality, and integrated health and human services to Shenandoah County residents, who otherwise could not access it.

**Area and Service:** Shenandoah County. Medical services include acute and chronic illness treatment, medication assistance, psychiatric care, and cancer screenings. Dental services include routine cleanings and exams, extractions and restorative care.

**Eligibility:** Medical patients must be Shenandoah County residents who have no medical insurance and the family income is at or below 200 percent of the Federal poverty level. Dental patients must be Shenandoah County residents who have no dental insurance and the family income is at or below 200 percent of the Federal poverty level. Dental patients may also present a Medicaid card.

**Volunteer Needs:** Intake interviewers, fundraising and outreach, indoor and outdoor maintenance helpers, medical and dental professionals, pharmacy clerks, receptionist and clerical clerks, staff stuffers.



**Special Events:** Holiday Sparkle Gala; Glow Festival

**Office Hours:** Hours vary so call for an appointment.

Medical Clinic: Tuesday and Wednesday 8 am to 5 pm, Thursday 1 am to 8 pm Dental Clinic: Monday, Tuesday, Wednesday, Thursday 8 am to 5 pm.

# Shenandoah County Library System

Main Library Phone: 540-984-8207 Libraries are located in Edinburg, Basye, Fort Valley, Mt. Jackson, New https://countylib.org

Market and Strasburg.

#### Mission

Provides resources and services in response to the needs of the changing community, providing access to a balanced collection of books and other materials and programs which will meet educational, cultural and recreational needs.

#### **Area and Service:**

Six libraries serve Shenandoah County. Services include wifi, current popular fiction, audio collections, young adult collection, a local history special collection, cookbooks, gardening, extensive juvenile collection, DVDs, and more.

#### **Eligibility:**

Anyone six years of age or older who lives in Shenandoah County is eligible for a free library card.

**Volunteer Needs:** Libraries run on volunteer power. Check with the closest library to where you live for a list of opportunities.



**Special Events:** Story hour for preschoolers, art exhibits, children's summer programs, adult programs, book sales, Black History Month programs, and numerous others. Check the website.

**Office Hours:** Hours vary according to each library branch.

# Shenandoah County Parks & Recreation Department

600 N. Main Street, Suite 108 Woodstock, VA 22664 Website:

shenandoahcountyva.us/parks/

Phone: 540-459-6777 Fax: 540-459-8040

Email: scpr@shenandoahcountyva.us

#### Mission

Provide recreational opportunities, programs, and parks that enhance the quality of life for all within the community.

#### Area and Service:

Shenandoah County residents and visitors. The department maintains a park, the Old Edinburg School, and the Historic Court House for recreational and meeting/party facilities. Sports leagues are numerous and available for men, women, and children of all ages. Before and after-school and summer programs are offered, as well as Senior Fellowships in several locations.

Eligibility: Shenandoah County residents.

**Volunteer Needs:** Clinical and office assistance, officials for youth sports, special event assistance, coaches for youth sports programs, landscaping, and labor assistance.



**Special Events:** Refer to website

frequently.

**Office Hours:** Monday through Friday

8:30 am to 5 pm

## Shenandoah County Pregnancy Center

28 Cedarwood Lane Edinburg, VA 22824

Website: https://hope4future.org

Phone: 540-984-4673

#### Mission

Provides objective information and resources to make a confident, fully informed decision about pregnancy. Clients are treated with kindness and compassion, always receiving honest and open answers from staff.

#### Area and Service:

Shenandoah County. Options are discussed for parenting, adoption, and abortion. To talk about any of these options, call or text.

**Eligibility:** Services are free of charge and strictly confidential.

#### **Volunteer Needs:**

Volunteers are needed to help with donations, mailings, grounds upkeep; and others willing to take the training to become client advocates.

SHENANDOAH COUNTY PREGNANCY CENTER **Special Events:** A 5K in the spring and Walk for Life in the fall

Text after hours: 430-335-3164

Email: info@hope4future.org

Office Hours: Monday by appointment Tuesday Noon to 8 pm Wednesday Noon to 4 pm Thursday 10 am to 6 pm Friday Noon to 4 pm

### Shenandoah County SEARCH, Inc.

5742 Main Street – Group Home P.O. Box 1147 Mount Jackson, VA 22842 Phone: 540-477-2808 5982 Main Street – Thrift Store Phone: 540-477-2600 Website: www.searchthriftshop.com

#### Mission

Provide a warm and nurturing home for intellectually challenged adults. The secondary mission is to operate the thrift shop which provides most of the financial support for the group home.

#### Area and Service:

SEARCH is a group home licensed by VA Department of Social Services and serves intellectually challenged adults in Shenandoah County. The home provides help with daily activities, meal preparation, laundry, and transportation to a day program, shopping, and appointments.

**Eligibility:** All residents must be born intellectually challenged, and be 18 years of age or older. All residents are encouraged to have a daytime activity away from the home.

**Volunteer Needs:** Volunteers needed in thrift store. Hours are Monday noon to 4 pm, and Tuesday through Saturday 9 am to 4 pm



**Special Events:** Special Olympics & various community activities

Office Hours: Monday through Friday

9 am to 3 pm

# Shenandoah Valley Community Residences, Inc.

301 N. Cameron Street, Suite 103 Winchester, VA 22601

Website: www.svcr.org

#### Mission

Phone: 540-722-4900

E-mail: info@sver.org

Fax: 540-536-3207

Provide and promote services that enhance the development of individuals served and to maximize their achievement of self-determination and autonomy.

#### **Area and Service:**

Operate welcoming, supportive homes and apartments for residents who come from City of Winchester, counties of Frederick, Clarke, Shenandoah, Page, and Warren, state institutions, and other social service situations. Among numerous services, SVCR offers instruction in basic life skills, such as personal hygiene, menu and dietary planning, food purchase and preparation, and money management. SVCR also provides guidance and structure by encouraging each individual to take responsibility for daily household chores, to the extent of his/her abilities, including cooking, table setting, and laundry.

#### **Eligibility:**

Age 18 or older with a primary diagnosis of intellectual disability.

Volunteer Needs: Volunteer handyman services



**Special Events:** Participate in community Give-Back projects.

Office Hours: Monday through Friday

9 am to 5 pm

# Shenandoah Valley Compassionate Care Pharmacy

507 Amherst Street Winchester, VA 22601 Phone: 540-536-4101 Fax: 540-536-4102

#### Mission

A non-profit organization that assists the uninsured and the underinsured in obtaining prescription medicine.

#### Area and Service:

Serves the area that is included in the Valley Health Hospital Network, including the City of Winchester and counties of Frederick, Clarke, Warren, Shenandoah, and Page. Order and dispense medication according to a written prescription by a physician in the area served by Valley Health. The medicine should be for a chronic condition.

#### **Eligibility:**

Eligibility is based on income. Clients must call first to be screened. If eligible, an appointment will be set-up. Pharmacy is located in the Rite Aid building.



**Office Hours:** Monday through Thursday, 9 am to 1 pm

## Shenandoah Valley Discovery Museum

 19 W. Cork Street
 Phone: 540-722-2020

 Winchester, VA 22601
 Fax: 540-722-2189

Website: www.discoverymuseum.net Email:

mbraun@discoverymuseum.net

#### **Mission**

To spark curiosity and inspire learning through exploration and creative play.

#### Area and Service:

Offers playful, hands-on education for children and families from Winchester, Frederick County, and surrounding counties.

#### **Eligibility:**

Children, parents, families, businesses and the community are all welcome. The museum is member of Museums-for-All, a discount program for families with EBT cards (up to 4 persons per visit).

**Volunteer Needs:** Volunteers are needed to help with exhibits, summer camps, special programs year-round, mailings, fundraising letters, and newsletters.



**Special Events:** Annual fundraiser, 5k run/walk, themed days, STEAM Nights, free First Fridays, summer camps and themed nights.

**Office Hours:** Tuesday through Saturday 9 am to 5 pm Sunday 1 to 5 pm

### Shen-Paco Industries, Inc.

34 Stoney Brook Lane Luray, VA 22835

Website: www.shenpaco.com

Phone: 540-743-4761 Fax: 540-743-3303

#### Mission

To provide an array of services to people with disabilities, focusing on education, development, vocational training, and employment.

#### Area and Service:

Page and Shenandoah counties. Offers day support and residential services to persons with intellectual disabilities and provides prevocational and vocational training assessments, work adjustment training, employment and community engagement, as well as an array of services and businesses such as custodial services, bulk mailings, small parts assembly, packaging, recycling, counting and document destruction.



Office Hours: Monday through Friday

7:30 am to 3:30 pm.

# Skyline Community Action Partnership - Head Start

P.O. Box 588 Madison, VA 22727

Website: www.skylinecap.org

Phone: 540-948-3916 Fax: 540-948-2264

#### Mission

To improve the lives of low-income children by involving parents in the total operation and administration of the Head Start Program

#### Area and Service:

Provide Head Start programs in Page, Shenandoah, Warren, Rappahannock, Madison, and Greene counties. There are two classrooms in Page County, Shenandoah County, and Warren County for preschool children.

#### **Eligibility:**

Based upon Federal guidelines.



Special Events: Early Literacy reading

program, year-end celebration

**Office Hours:** Monday through Friday

8 am to 4:30 pm

# SPCA Winchester - Frederick - Clarke

115 Featherbed Lane Winchester, VA 22601

Website: www. Winchesterspca.org

Phone: 540-662-8616 Fax: 540-662-8644

#### **Mission**

To provide a safe, nurturing, temporary environment for homeless animals; facilitate transition of companion animals to loving homes; promote spay/neuter services; advocate against animal abuse.

#### Area and Service:

Serving City of Winchester and the counties of Frederick and Clarke. Provide adoption services, cremation, lost and found, spay and neuter information, and assistance with surrendering. Operate a thrift shop located at 1944 Abrams Creek, Winchester, which is open daily to help financially support the SPCA.

**Volunteer Needs:** Volunteers to work in thrift shop, for pet transport, cat kennels, donation pickups, adoption and fundraising events.



#### **Special Events:**

Numerous fundraisers and special projects throughout the year. Check website or call for more information.

**Office Hours:** Monday, Tuesday, Thursday, and Friday 10 am to 5 pm Saturday and Sunday noon to 5 pm

## Special Love, Inc. & Camp Fantastic

117 Youth Development Court Winchester, VA 22602

Website: www.speciallove.org

Phone: 540-667-3774 Toll free: 1-888-930-2707

Fax: 540-667-8144

#### **Mission**

To provide year-around programs for children with cancer, as well as a community of support for parents and families

#### Area & Service:

Primarily Virginia, Maryland, and Washington, DC but camp is available to any child in the U.S. who has cancer. Camps are held at the Northern VA 4-H Educational Center in Front Royal; additional family and teen weekends are also held.

**Eligibility:** Ages 7-17 within three years of cancer-specific treatment; brothers and sisters of children with cancer.

**Volunteer Needs:** Volunteers are very important-- try to match volunteers not only to needs but also to interests. Refer to website for the contact.



**Special Events:** Numerous fundraisers and special events throughout the year. Call or check website for more information.

**Office Hours:** Monday through Friday

9 am to 5 pm

## St. Luke Community Clinic

316 N. Royal Ave. Front Royal, VA 22630 Website: www.saintlukeclinic.org Email:

Executive.Director@saintlukeclinic.org

Phone: 540-636-4325 Fax: 540-636-1743

#### Mission

Non-profit community-based organization of volunteer and professional staff committed to providing high-quality health care services to low-income, uninsured residents of Front Royal and Warren County.

#### **Area and Service:**

Front Royal and Warren County low income, uninsured residents. Services offered include acute and chronic care, minor illnesses, medications, and a diabetes clinic. The clinic does not provide emergency care nor does it have specialty care, radiological, or laboratory services. It refers patients to other medical specialists within the community.



**Office Hours:** Monday through Thursday, 9 am to noon and 1 to 5 pm

All new patients must be seen at the Thursday evening clinic 5 to 6:30 pm for registration.

## Steppin' Out Walking Club

Apple Blossom Mall 1850 Apple Blossom Drive Winchester, VA 22601 Phone: 540-665-0201 Fax: 540-665-0840

#### Mission

To promote physical and mental fitness through a regular walking event in a safe climate-controlled environment

#### Area & Service:

Free indoor walking program sponsored by the Apple Blossom Mall.

#### **Eligibility:**

Registered members are welcome to walk early mornings at the mall before the stores open. Registration is at Guest Services in the Mall Management Office.

## STEPPIN' OUT WALKING CLUB

**Special Events:** Periodic health screenings and special events are promoted.

**Office Hours:** Monday through Saturday 8 to 10 am Sunday 10 am to noon

## Strength in Peers

9560 S. Congress Street Phone: 540-217-0869 New Market, VA 22801

Website: www.strengthinpeers.org E-mail: services@strengthinpeers.org

#### **Mission**

To offer hope, support, and advocacy for those seeking recovery and to help build resilience to thrive in each one's lives and communities.

#### **Area and Service:**

Shenandoah County and Page County. Provide peer support services to individuals experiencing substance use, mental health, and trauma related challenges. Services include a drug and alcohol recovery program, transportation, home visits, and medication assistance.

#### **Eligibility:**

Persons suffering from substance use, mental health, and trauma related challenges.



**Office Hours:** Monday through Friday

9 am to 5 pm

# The Arc of Northern Shenandoah Valley

Nichole Pangle, Executive Director P.O. Bo 369, Stephens City, VA 22655 shenvalleyarc@gmail.com

#### Website: arcnsv.org Phone: 540-692-9650

#### Mission

Promote and protect the human rights of people with intellectual and developmental disabilities and actively supports participation in the community

#### **Area and Services:**

City of Winchester and Clarke, Frederick, and Shenandoah counties; Services include advocacy, education, information and referral, financial assistance programs for individuals with developmental disabilities, community outreach, service and benefit coordination, technical assistance, and other help as needed.

#### **Eligibility:**

Persons with intellectual and developmental disabilities and their families and friends

**Volunteer Needs:** Volunteers are needed for committee work, fundraisers, and recreational events



**Office hours:** Flexible; answer calls within 48 hours.

## The Arc of Warren, Inc.

P.O. Box 1473 Front Royal, VA 22630 E-mail: <a href="mailto:mhirsch@wcps.k12.va.us">mhirsch@wcps.k12.va.us</a> Telephone: 540-635-2725

#### Mission

The Arc of Warren County, Inc., advocates for people with disabilities and their families. Through its network of members and its affiliation with The Arc of Virginia and The Arc of the United States, The Arc of Warren County strives to improve systems of supports and services, connect families, and inspire communities.

#### **Area and Service:**

We serve persons with disabilities and their families living in Warren County. Provide transportation for people with disabilities to Blue Ridge Opportunities and also provide social activities, such as movie and bingo events.

#### **Eligibility:**

Persons with disabilities and their families living in Warren County

Volunteer Needs: Persons interested in volunteering should call 540-635-2725



**Special Events:** Annual dinner, annual

picnic

Office Hours: By appointment

# The Kids Clubs of Northern Shenandoah Valley

2400 Roosevelt Blvd. Phone: 540-723-6665

Winchester, VA 22601 E-mail: info@thekidsclubs.org

Website: www.thekidsclubs.org

#### Mission

With a full-service club and after-school programs, the organization is one of the largest of its kind in the Shenandoah Valley, serving 300+ members annually

#### **Area and Service:**

City of Winchester and Frederick County. Focus on education and career development; character and leadership development; sports, fitness and recreation; health and life skills; the arts; help with homework, board games, and much more.

#### **Eligibility:**

All youth between the ages of 6 and 18

Volunteer Needs: Tutors, mentors, special programs



Special Events: Shenandoah Valley

Heritage Ride, Cash Party

Office Hours: Monday through Friday

Summer: 7:45 am to 6 pm School year: 11am to 6 pm

### The Laurel Center

#### Intervention for Domestic & Sexual Violence

P.O. Box 14, Winchester, VA 22604

Office: 540-667-6160

Website: www.thelaurelcenter.org

**24-Hour Hotline:** 540-667-6466

Fax: 540-667-0138

Email: tlc.info@thelaurelcenter.org

#### **Mission**

Working together in the community to stop the cycle of domestic and sexual violence...

#### **Area and Service:**

Providing services to domestic and sexual violence survivors in the City of Winchester and Frederick and Clarke counties and to sexual violence survivors in Warren County. Committed to being there when people have needs.

#### **Eligibility:**

Primary and secondary victims of domestic and/or sexual violence. All services are free.

**Volunteer Needs:** Program support services such as fundraising, staff information booths, data entry, and direct support services, such as answering the hotline, supporting shelter activities, providing court advocacy, and responding to victim's needs.



**Special Events:** Visit website or call about events.

**Office Hours:** Monday through Friday 9 am to 5 pm

# The Life Center of Page Valley

21 N. Deford Ave. Luray, VA 22835 Phone: 540-743-1464 E-mail: thelifecenterpagevalley@gmail.com

#### Mission

To educate the people of Page County and contiguous areas about the sacred nature of all human life, the life of the unborn, and matters of sexual morality. To provide emotional, spiritual, and practical support to families in need, and develop Christ-like responsibility.

#### Area and Service:

Page County and surrounding area. Family planning, free pregnancy tests, information on pregnancy and prenatal development, information on abortion alternatives, parenting classes, Bible studies, peer counseling, material assistance (diapers, formula, maternity and baby clothes, crib, strollers, etc.)

## **Eligibility:**

All services are free to anyone.

**Volunteer Needs:** Contributors, baby sitters, and office assistants.



**Special Events:** Golf tournament in August, Dad-Daughter Banquet in January, Spring Banquet

**Office Hours:** Tuesday 9:30 to 11 am Tuesday and Thursday 4 to 7 pm

# The Reading Road Show & Gus Bus

James Madison University Institute for Innovation in Health & Human Services, MS 9008 755 MLK Jr. Way Harrisonburg, VA, 22801 Website: iihhs.jmu.edu/thegusbus/about.html

Phone: 540-568-4113 E-mail: gusbus@jmu.edu

### Mission

The Reading Road Show, known as the Gus Bus, is a mobile program that helps to bring literacy opportunities into the neighborhood of students. On the Gus Bus, instructors provide story time, activities, and book checkout for students.

### **Area and Service:**

Serves Shenandoah, Stanley, and Luray in Page County. See weekly schedule on website.

## **Eligibility:**

There are no eligibility requirements to participate in the program.

**Volunteer Needs:** Volunteers are needed to assist in the late afternoons and evenings for neighborhood sites.



**Special Events:** fundraisers and community events.

# The Red Wagon Ministry

Phone: 540-955-0949

Email:

Website:

theredwagonministry@gmail.com

www.theredwagonministry.com

#### **Mission**

To share the love of Christ with others by providing disposable diapers and wipes to low-income families

#### **Area and Service:**

Donate disposable diapers and wipes to charitable organizations - FISH in Clarke County and C-CAP in Winchester-Frederick County. Provide disposable diapers for adults, potty-training resources, and layette boxes for expectant mothers.

## **Eligibility:**

Recipients are qualified by FISH and C-CAP.

### **Volunteer Needs:**

Collect diaper coupons, organize diaper drives, schedule a time to host wagons at churches or other organizations.



**Special Events:** Diaper drives and collections for babies and adults.

# The Salvation Army Front Royal-Warren County

357 Cloud Street Front Royal, VA 22630

Website: virginiasalvationarmy.org/

frontroyalva

Phone: 540-635-4020

E-mail:

frontroyalva@uss.salvationarmy.org

#### Mission

The Salvation Army's message is based on the Bible. Its ministry is motivated by the love of God. Its mission is to preach the Gospel of Jesus Christ and to meet human needs in His name without discrimination.

#### Area and Service:

Counties of Warren, Page, Rappahannock, and Shenandoah. Provides emergency assistance, food, clothing, and financial assistance.

## **Eligibility:**

Low income households from the area

**Volunteer Needs:** Family store helpers, youth/adult programming, Christmas/Thanksgiving program volunteers.



**Special Events:** Salvation Army Annual Dinner, Christmas/Thanksgiving food drives, Thanksgiving dinner, Easter services, youth activities.

**Office Hours:** Monday, Tuesday, Thursday, Friday, 9 am to 3:30 pm Closed Wednesdays.

**Organized:** 1865 Internationally 1952 Regional Chapter

# The Salvation Army Winchester

300 Fort Collier Road Winchester, VA 22603

Website: virginiasalvationarmy.org/

winchestervacorps/

Phone: 540-662-4777 Fax: 540-662-0133

To preach the Gospel of Jesus Christ and to meet the human service needs in His image without discrimination.

Mission

### **Area and Service:**

City of Winchester and Frederick County. Provide food, clothing, emergency shelter for men, women and children, seasonal relief, and emergency disaster relief.

## **Eligibility:**

Everyone of real need. Provide a safe and secure atmosphere for everyone who comes through the doors.

**Volunteer Needs:** Donation sorters, bell ringers, transitional housing and shelter volunteers, food for the shelter, and many other needs.



**Special Events:** Manning Christmas kettles, Bible schools, youth programming, camping for needy children, Thanksgiving Day feeding, and daily meals

Office Hours: Monday through Friday 8 am to 4:30 pm Emergency Shelter 24/7

# The Warren Coalition

538 Villa Ave. P.O. Box 2058 Front Royal, VA 22630 Phone: 540-636-6385

Website: www.warrencoalition.org

#### Mission

Partnering to support a safe, healthy, drug-free community for youth

#### **Area and Service:**

Front Royal and Warren County. Provide drug education programs, the MORE afterschool program for  $6^t$  to  $8^{th}$  graders, an obesity program, and support of students struggling with anxiety and depression. Programs include bullying prevention training, basic drug information and education, grant writing essentials, and know the signs.

#### **Volunteer Needs:**

A variety of volunteer opportunities are available. Call for information.



**Special Events:** Celebrate Kids Day, Above the Influence Day, Red Ribbon Week, Youth Talent Show, and much more.

Office Hours: Monday through Friday

10 am to 4 pm

# Timber Ridge School (Leary Educational Foundation, Inc.)

P.O. Box 3160 Winchester, VA 22604 Email: info@trschool.org Phone: 540-888-3456
Fax: 540-888-4511
F. mail: info@trschool or

E-mail: info@trschool.org

#### Mission

Timber Ridge School shapes students' lives by providing safety, hope, advocacy, preparation, empowerment, and success

#### **Area and Service:**

Timber Ridge School transforms the lives of emotionally disturbed and behaviorally disordered adolescent boys between the ages of 10 and 21 and in grades 6 to post-secondary, with a goal of reuniting them successfully with their families and communities. Our students are from in-state and out-of-state.

### **Eligibility:**

Diagnosis by professional counseling and recommendation for treatment in a residential setting.

**Volunteer Needs:** Interested persons should apply through Human Resources Department. Need volunteers to assist with annual golf tournament in mid-August.

TIMBER RIDGE SCHOOL

**Special Events:** Commencement exercises, Mort Kunstler collectible ornament sales, annual golf tournament

**Office Hours:** Monday through Friday 8 am to 4:30 pm

# **Toys for Tots**

130 Driftwood Drive Stephens City, VA 22655 Email: chesty890@aol.com

Phone: 540-327-4127

#### Mission

To distribute toys and bicycles to under-privileged children in the local area

#### Area and Service:

City of Winchester and counties of Frederick, Clarke, Shenandoah, Warren, and Page. Distribute bicycles, toys, books, and stocking stuffers to approximately 4,000 children each year.

## **Eligibility:**

Assist children not only of unemployed parents, but also children of families where both parents are working but do not make enough to supply children with toys for Christmas.

#### **Volunteer Needs:**

Need volunteers to help us identify families in-need and also pick up toys from collection boxes and transport them to sorting and distribution site. We also need volunteers to help select toys for distribution to families.



**Office Hours:** Tuesday and Thursday evenings at 8 pm between October 10 and Christmas

# United Way of Front Royal/ Warren County

134 B. Peyton Street P.O. Box 509 Front Royal, VA 22630 Phone: 540-635-3636 Website: www.frontroyalunitedway.org E-mail: info@frontroyalunitedway.org

#### Mission:

To improve lives by mobilizing and coordinating the caring power of the community to advance the common good.

#### Area and Service:

Front Royal and Warren County. Conduct the community campaign, manage funds, provide coordination, guidance, and support for community-based human-service programs.

## **Eligibility:**

To be considered for funding in the upcoming grant cycle, agencies must submit a letter of intent demonstrating how their program addresses at least one of the focus areas. Applications will be sent to agencies meeting all requirements in March.

**Volunteer Needs:** Volunteers are needed to help with office tasks, phone and computer. During campaign time, volunteers are needed to help raise the necessary funds for member agencies.



**Special Events:** Annual meeting, Day of Caring, kick-off annual campaign.

Office Hours: Monday through Friday 8 am to 4 pm

# United Way of Northern Shenandoah Valley

329 N. Cameron St., Suite 201 Winchester, VA 22601 P.O. Box 460 Winchester, VA 22604 Phone: 540-536-1610

Website: www.unitedwaynsv.org E-mail: info@unitedwaynsv.org

#### Mission:

To increase the organized capacity of people to care for one another

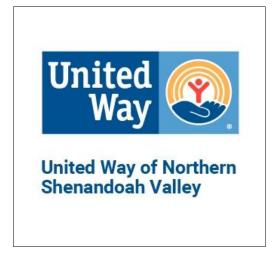
#### **Area and Service:**

City of Winchester and counties of Frederick, Clarke, Shenandoah and Page. United Way NSV conducts a community fundraising campaign and distributes funds to eligible nonprofit agencies. For assistance connecting with community organizations: See Valley Assistance Network

### **Eligibility:**

Program outcome accountability standards for affiliated organizations.

**Volunteer Needs:** During campaign time, volunteers are needed to help raise funds through corporate campaigns and special events, annual Day of Caring and monthly Rubbermaid Sales.



**Special Events:** Annual Campaign, Day of Caring, Youth Day of Caring, MLK Jr. Day – Youth Service Project, Monthly Rubbermaid Product Sales, ALICE Awareness Week

**Office Hours:** Monday through Friday 9 am to 5 pm

# Valley Assistance Network

411 N. Cameron Street, #210 Phone: 540-773-3178

Winchester, VA 22601 E-mail: van@unitedwaynsv.org Website: www.unitedwaynsv.org/van

# Mission

To engage community resources to move individuals and families from crisis to financial security.

#### **Area and Service:**

The Valley Assistance Network (VAN) is a program of United Way of Northern Shenandoah Valley, serving the City of Winchester, Frederick, Clarke, Shenandoah, and Page counties. VAN is primarily a resource and referral agency designed to help families navigate community resources. Services offered include community education, financial assistance, food assistance, health services, housing services, and organization and planning.

## **Eligibility:**

Anyone is welcome.

#### **Volunteer Needs:**

Resource Navigators, Housing Navigators, Pathways Coaches (mentors), Budget Coaches, Data Entry Specialists



Office Hours: Monday through Friday

9 am to 5 pm

# Valley Health System (Hospital Listings)

333 West Cork Street Winchester, VA 22601 Phone: 540-536-8000

Website: www.valleyhealthlink.com

#### **Mission:**

Serving Our Community by Improving Health

**Area & Service:** Valley Health is a not-for-profit system of hospitals, services and providers. It includes six hospitals:

#### **Winchester Medical Center**

1840 Amherst Street Winchester, VA 22601 Phone: 540-536-8000

#### **Shenandoah Memorial Hospital**

759 S. Main Street Woodstock, VA 22664 Phone: 540-459-1100

#### **Warren Memorial Hospital**

1000 N. Shenandoah Avenue Front Royal, VA 22630 Phone: 540-636-0300

#### **Page Memorial Hospital**

200 Memorial Drive Luray, VA 22835 Phone: 540-743-4561

#### **Hampshire Memorial Hospital**

363 Sunrise Boulevard Romney, WV 26757 Phone: 304-822-4561

#### War Memorial Hospital

1 Healthy Way Berkeley Springs, WV 25411 Phone: 304-258-1234



**Office Hours:** Hours and services vary by location. Hospitals are open 24/7

# Valley LIGHT Foundation

P.O. Box 2737 Phone: 540-684-9111 Winchester, VA 22604 E-mail: info@valley-light.org

Website: www.valley-light.org

### Mission

Valley LIGHT Foundation exists to serve Jesus Christ by walking alongside people in need, equipping and encouraging them in discovering God's plan for their life. Assist people who are committed to making the personal effort to become self-sustaining and financially stable, but who are finding it difficult because of the lack of affordable housing.

#### Area and Service:

One men's transitional house and two women's transitional houses, one of which is designated as a sober living home. Residents work with a house supervisor and a mentor on a personal development plan.

## **Eligibility:**

Help for those who lack affordable housing and who are willing to work toward becoming self-sustaining and financially stable. Interested individuals must complete an application and an interview.

**Volunteer Needs:** We need mentors to work with residents, one-on-one. Also need volunteers to help with occasional upkeep work days. Volunteers are needed to help with **Valley Shine**, an enterprise whose purpose is to provide a place for women to learn vocational skills and develop positive, creative work habits.



Office Hours: Mondays and Fridays

9 am to 3 pm

# VCU Autism Center for Excellence (ACE)

1314 W. Main Street P.O. Box 842011 Richmond, VA 23284-2011

Website: www.vcuautismcenter.org

Phone: 855-711-6987 Fax: 804-828-2193

E-mail: autismcenter@vcu.edu

#### Mission

To collaborate with individuals, families, professionals, and agencies to build knowledge and skills so those with autism spectrum disorders can live, learn, and work in the natural community.

#### Area and Service:

Statewide. For technical assistance, City of Winchester, Frederick, Clarke, Warren, Shenandoah, and Page counties are a part of Region 4. ACE provides education and training for those working with autism. The resources provided are for parents of autistic children, the educators, paraprofessionals, and administrators. Online training via the website as well as some live training is available.

# **Eligibility:**

Resources are available to all who are dedicated to improving the lives of individuals with autism spectrum disorders.



Office Hours: Monday through Friday

8:30 am to 5:30 pm

**Organized:** 1983 as a collaborative project between VCU and Grafton, Inc.

# Virginia Career Works Shenandoah Valley Region

Winchester Work Center 419 N. Cameron Street Winchester, VA 22601 Phone: 540-545-4146 Page County Work Center Phone: 540-742-7647 Website: www.vcwvalley,com

#### Mission

The Shenandoah Valley Regional Workforce Development Board creates and sustains powerful connections between businesses and job seekers through Virginia Career Works, a statewide network of employment professionals.

#### Area and Service:

City of Winchester, counties of Frederick, Clarke, Warren, Shenandoah, and Page. Virginia Career Works Centers partner with state and local agencies, service providers, and community organizations to offer a full range of FREE workforce services to job seekers and employers throughout the Shenandoah Valley.

## **Eligibility:**

Job seekers and employers



**Special Events:** Job Fairs weekly, see

website

Office Hours: Monday through Friday

8:30 am to 4:30 pm

# Virginia Cooperative Extension

**Clarke County Office - 524** 

Westwood Road, Berryville, VA 22611

Phone: 540-955-5164

**Frederick County Office** – 107 N.

Kent Street, 2nd Floor, Winchester, VA

22601, Phone: 540-665-5699

Page County Office - 215 W. Main,

Suite C, Stanley, VA 22851

Phone: 540-778-5794

**Shenandoah County Office** – 600 N. Main Street, Suite 100, Woodstock, VA

22664

Phone: 540-459-6140

**Warren County Office** – 220 N. Commerce Street, Suite 500, Front Royal, VA 22630 Phone: 540-635-

4549

Website: Ext.vt.edu

#### Mission

To provide educational programs and information regarding agriculture, family, and consumer services, and 4-H for youth.

#### **Area and Service:**

Provides educational programs and information regarding agriculture, 4-H, horticulture, nutrition, food safety, financial management, housing, consumer education.

Eligibility: All county residents

**Volunteer Needs:** Volunteers are needed to work in 4-H clubs and other programs.



**Special Events:** Many programs are available; visit the website.

Office Hours: Monday through Friday

8:30 am to 5 pm

# Virginia Dept. of Aging & Rehabilitative Services (DARS)

Local office: 20 Ricketts Drive

Winchester, VA 22601

www.vadars.org

Phone: 540-722-3453

E-mail: dars@dars.virginia.gov

#### Mission

To improve the employment, quality of life, security, and independence of older Virginians, Virginians with disabilities, and their families

### **Area and Service:**

Statewide. The local office serves City of Winchester, Frederick, Clarke, Shenandoah and Warren counties. Services include vocational counseling, vocational evaluation/career exploration, situational assessment, job development, job coaching, training, assistive technology, and job placement assistance.

## **Eligibility:**

Persons who have a physical or mental disability that causes a substantial barrier to getting or keeping a job. Must be willing and able to work and benefit from vocational rehabilitation services.



**Office Hours:** Monday through Friday 8:15 am to 5 pm

# Virginia Department of Veterans Services

Closest field office 105 Stony Pointe Way, Suite 220 Strasburg, VA 22657 Phone: 540-465-6113: 540-465-2615 www.dvs.virginia.gov
Crisis Hotline: 1-800-273-8255

#### Mission

The Virginia Department of Veterans Services (DVS) connects Virginia's veterans and families to federal and state benefits, support, quality care, and recognition they have earned.

#### **Area and Service:**

Serving all Virginia Veterans. The Strasburg benefits office serves the City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren counties. Representatives also visit Luray, Stephens City, Berryville, and Front Royal once a month. Benefits can include education, health, disability and compensation pensions, home loan guarantees, and more.

Eligibility: Varies by program.



**Special Events:** Take place frequently. Visit website for information.

**Office Hours:** Monday through Friday 8 am to 4:30 pm

# Virginia Employment Commission

419 N. Cameron Street, Second Floor

Winchester, VA 22601

Website: www.vec.virginia.gov Website: www.vawc.virginia.gov Phone: 540-722-3415 Fax: 540-722-3418

E-mail: winchester@vec.virginia.gov

#### Mission

To promote economic growth and stability by delivering and coordinating workforce services.

#### **Area and Service:**

City of Winchester, counties of Clarke, Frederick, Shenandoah, and Warren. Serves job seekers, employers, and unemployed in the Commonwealth of Virginia. Provides wages and labor information, veteran services, and much more.

### **Eligibility:**

Job seekers, employers, unemployed eligible to work in the United States



#### **Office Hours:**

Monday 8:30 am to 6:30 pm

Tuesday, Thursday, Friday 8:30 am to 4:30 pm

Wednesday 9:30 am to 4:30 pm

# Virginia Lawyer Referral Service A service of the Virginia State Bar

111 E. Main Street, Suite 700 Richmond, VA 23219

Website: www.vsb.org

Statewide Phone: 800-552-7977

Fax: 804-775-0501

E-mail: lawyerreferral@vsb.org

#### Mission:

The VLRS is a service of the Virginia State Bar. The VSB website and the VLRS pages are designed to provide general information to the public and are not intended to offer legal advice. Legal advice, however, is available for a nominal fee of \$35.00.

#### Area & Service:

Statewide. If you have a problem that requires the services of a lawyer, contact the VLRS and you will be provided with the name of a lawyer in your area who has indicated a particular interest in handling your type of problem. For a fee of \$35.00, you will be entitled to a consultation for up to 30 minutes.

## **Eligibility:**

Must be 18 or older and must pre-pay \$35.00 for a consultation.



**Office Hours:** Monday-Friday

8:15 AM - 4:45 PM

# Virginia Relay Services

1602 Rolling Hills Drive, Suite 203 Henrico, Virginia 23229-5012 www.varelay.org

Customer Care 866-894-4116 (Voice) 866-246-9300 (TTY)

#### **Mission**

Virginia Relay enables people who are Deaf, Hard of Hearing, DeafBlind, or have difficulty speaking to communicate by TTY (text telephone) or another assistive telephone device with anyone who uses a standard phone.

#### **Area and Service:**

Virginia Relay is a free public service of the Commonwealth of Virginia. Services are available 24 hours a day, 365 days per year, with no limit on the number or length of calls a user may make. By law, every call is handled with the strictest confidentiality. Special features are available for individuals who have difficulty speaking, as well as Spanish-speaking and sign language users.

## **Eligibility:**

Anyone can make a Virginia Relay call just by dialing 7-1-1.



# Volunteers of America Chesapeake

1660 Duke Street Alexandria, VA 22314

Website:

https://www.voachesapeake.org/

Phone: 540-818-6289 Fax: 866-787-2412

E-mail: dcullers@voaches.org

#### **Mission**

Faith-based non-profit organization whose mission is to empower self-reliance and inspire hope.

#### **Area and Service:**

City of Winchester, counties of Frederick, Clarke, Shenandoah, Page, Warren, and others. Offers housing services and supportive services for veterans and families.

## **Eligibility:**

Veterans who served one day in active service and received an honorable discharge. Household income under 50 percent AMI. Homeless or at risk of being homeless.



**Office Hours:** Monday through Friday 8:30 am to 5 pm

Staff works remotely from home, and covers 26 counties and 6 cities in Virginia including entire Northern Shenandoah Valley Area.

# Winchester Area Temporary Thermal Shelter (WATTS)

P.O. Box 2936 Winchester, VA 22604 Website: https://wattshomelessshelter.org Phone: 540-327-5431 E-mail: execdirector@wattshomelessshelter.org

#### Mission

WATTS is a nonprofit, charitable organization 501 (c) 3 that provides a safe temporary overnight cold weather shelter for homeless adult guests at host sites in Winchester, Frederick, and Clarke counties.

#### **Area and Service:**

Winchester and Frederick and Clarke counties chronically homeless adults are provided with a warm shelter during the months of November through March. Each adult is provided with a cot and two meals (dinner and breakfast).

## **Eligibility:**

The area's chronically homeless adults; must be 18 years of age or older.

**Volunteer Needs:** Volunteer needs are plentiful. Check the website and sign-up on the form provided.



**Office Hours:** The WATTS line is staffed by a shelter manager during inseason shelter hours, 7 pm to 7 am.

# Winchester Day Preschool & Child Care Center

133 Lincoln Street Winchester, VA 22601

Website:

www.winchesterdaypreschool.org

Phone: 540-662-2629

E-mail: suewdps@gmail.com

#### **Mission**

To provide affordable, high quality early childhood education services in a safe, nurturing and loving environment

#### **Area and Service:**

City of Winchester, Frederick and Page counties. Provide preschool and childcare services and prepare children for kindergarten. Offer reading readiness and speechlanguage programs.

# **Eligibility:**

Children 2-5 years of age or until entry into kindergarten.

**Volunteer Needs:** A variety of volunteer opportunities are available. Become a friend of the preschool, join the Board of Directors, or help keep up maintenance of the grounds and provide school upkeep.



Office Hours: Monday through Friday

6:30 am to 5:30 pm

# Winchester Parks & Recreation Department

1001 E. Cork Street Winchester, VA 22601 Website: www.winchesterva.gov/parks

Phone: 540-662-4946 Fax: 540-678-8791

E-mail: wincpark@winchesterva.gov

#### Mission

To provide comprehensive quality and safe recreation and park programs, facilities and services that enrich the quality of life for the Winchester community and beyond.

#### Area and Service:

City of Winchester, Clarke and Frederick counties, though many nearby counties also enjoy programs and facilities. Services include 270 acres of park land, shelters, indoor and outdoor swimming pools, meeting rooms, after-school and summer camp programs, ball parks, dog park, playgrounds, pavilions, tennis courts, basketball courts, a fishing lake, horseshow courts, and numerous other activities including bus trips and educational programs of all kinds.

## **Eligibility:**

The facilities are open to the general public. There are some restrictions for program offerings.



**Special Events:** Special Events are numerous and take place throughout the year.

**Office Hours:** Monday through Friday 5:30 am to 9:30 pm

Saturday 9 am to 6 pm Sunday noon to 6 pm

# Winchester Rescue Mission

435 N. Cameron Street Phone: 540-667-5379
Winchester, VA 22601 Website: www.winrescue.org

Phone: 540-545-4146

Email: manager@winrescue.org

### Mission

The Winchester Rescue Mission transforms lives by providing shelter, supportive services, and advocacy to improve and enhance the lives of the poor, powerless and persecuted, to reach their full potential through Christ.

### **Area and Service:**

Men's and women's homeless shelters located in City of Winchester, daily dinner soup kitchen, Bible studies, case management, and supportive services

## **Eligibility:**

Picture ID needed for entry into shelter. Must be able to climb stairs and be drug and alcohol free.



**Special Events:** Shelter intake Monday through Friday from 3 to 4 p.m.

**Office Hours:** Monday through Friday 9 am to 5 pm

# Winchester Victim-Witness Assistance Program

24 Rouss Ave., Suite 200 Winchester, VA 22601

Email: jpearce@ca.winchesterva.com

Website: https://www.winchesterva.gov/commonwealths-attorney

#### Mission

To help victims and witnesses of crime in the City of Winchester through the Criminal Justice System.

#### Area and Service:

City of Winchester. Provides victims and witnesses with support and information, helps victims with restitution for their loss due to a crime in certain instances, assists victims with medical bills, as well as keeping them informed of the status of their cases.

# **Eligibility:**

Victims and witnesses who cooperate with law enforcement.

#### **Volunteer Needs:**

Need volunteers to help with data entry and mailing information out to victims and witnesses. (Criminal Background check required.)



**Special Events:** National Crime

Phone: 540-722-7940 Fax: 540-665-9087

Victims' Rights Week

**Office Hours:** Monday through Friday

9 am to 5 pm

# Winchester-Frederick-Clarke Crime Solvers

P.O. Box 251 Winchester, VA 22604

**TIP LINE: 540-665-TIPS (8477)** General Information: 540-722-7940

Please download our new Anonymous Crime Reporting APP **P3** from the Google APP Store for our

#### Mission:

To encourage people with information on a crime or the whereabouts of a wanted fugitive to call 540-665-8477 with anonymous tips.

#### **Area and Service:**

City of Winchester, Frederick and Clarke counties. Provide citizens with an anonymous tip line to report criminal activity, information to solve a crime and/or the whereabouts of a wanted fugitive.

## **Eligibility:**

Anyone who anonymously gives valid information that leads to an arrest solving a crime or the arrest of a wanted fugitive.



**Office Hours:** 24 hours a day, seven days a week

# **Woodstock Clothes Closet**

110C East High Street Woodstock, VA 22664 Phone: 540-459-2306

#### Mission

To provide financial resources to the non-profits of Shenandoah County through the sale of donated clothing

#### **Area and Service:**

Shenandoah County. Collect donated clothing, then resell it with proceeds going toward the support of Shenandoah County non-profit organizations.

## **Eligibility:**

Persons in-need may obtain clothing by appointment only

#### **Volunteer Needs:**

Operate the cash register.

WOODSTOCK CLOTHES CLOSET Office Hours: Monday through Friday

9 am to 5 pm Saturday 9 am to

3 pm

Organized: 1960s

# Youth Development Center (YDC)

3 Battaile Drive Winchester, VA 22601 Website: www.myydc.org Phone: 540-662-4564 Fax: 540-662-6376

E-mail: learley@myydc.org

#### Mission

To value and support young people with recreational and educational programs focused on total development

#### **Area and Service:**

City of Winchester, Clarke and Frederick counties residents. Programs for middle and high school students are highest priority. Offer focused programs for elementary school children, young adults, and families. Offer year-round programs for adolescents with special needs.

## **Eligibility:**

Area students

#### **Volunteer Needs:**

Chaperones for special events, volunteers for fundraising events, donations of technology and sporting equipment.



**Special Events:** Check the website or call for current information.

**Office Hours:** Monday through Friday 10 am to 4:30 pm Available for leasing on weekends.

# **TOLL FREE NUMBERS**

AARP	.888-687-2277
Al-Anon/Alateen	877-339-8350
Alcohol and Drug Help Line	800-821-4357
Alcohol and Drug Information "CADRE"	800-451-5544
Alzheimer's Association	800-272-3900
AMC Cancer Information Center	800-525-3777
American Council for the Blind	800-424-8666
American Diabetes Association	800-342-2383
American Kidney Fund	866-300-2900
American Liver Foundation	800-465-4837
American Lung Association	800-586-4872
American Social Health Assoc. Sexually Transmitted Infections Hotline	800-227-8922
American Tinnitus Association	800-634-8978
Amyotrophic Lateral Sclerosis Association "ALS"	800-782-4747
ARC	.800-433-5255
Brain Injury Association of America	.800-444-6443
Cancer Research Institute	800-992-2623
Child Abuse & Neglect Hotline	.800-552-7096
Child Support Enforcement	800-468-8894
Children's Tumor Foundation	.800-323-7938
Christopher Reeve Spinal Cord Injury & Paralysis Foundation	.800-225-0292
City of Hope Cancer & Disease Center	800-826-4673
Cornelia de Lange Syndrome Foundation	.800-753-2357
Cystic Fibrosis Foundation	800-344-4823

Dental Life Line Network	888-471-6334
Diabetes Research Hotline	800-321-3437
Drug Abuse Hotline	888-426-2361
Drug Violation Hotline Commonwealth of Virginia	800-553-3673
"Easter Seals" (DC, MD, VA)	800-886-3771
Endometriosis Association	800-992-3636
Epilepsy Foundation	800-332-1000
Food Stamp & Fuel Assistance/ Virginia Dept. of Social Services	800-552-3431
Huntington Disease of America	800-345-4372
International Dyslexia Association	866-893-0583
International Hearing Society Hearing Aid Hotline	800-521-5247
International Rett Syndrome Foundation	800-818-7388
Job Accommodation Network	800-526-7234
Juvenile Diabetes Research Foundation International	800-533-2873
Learning Ally	800-221-4792
Leukemia & Lymphoma Society	800-955-4572
Library of Congress National Library Service for the Blind & Handicappe	d.800-424-8567
Long Term Care Ombudsman Program/Virginia Division for Aging	800-552-3402
Lupus Foundation of America	800-558-0121
March of Dimes Foundation	800-868-5894
Medic Alert Foundation	888-633-4298
Mental Health America	800-969-6642
Money Management International	866-290-2655
Muscular Dystrophy Association	800-572-1717
Myasthenia Gravis Foundation	800-541-5454

Narcotics Anonymous	800-777-1515
National AIDS Hotline/Center for Disease Control	800-232-4636
National Alliance on Mental Illness	800-950-6264
National Association for Hearing & Speech Action	800-638-8255
National Brain Injury Information Center	800-444-6443
National Center for Stuttering	. 800-221-2483
National Council on Aging	800-677-1116
National Down Syndrome Society	800-221-4602
National Headache Foundation	888-643-5552
National Health Information Center (NHIC)	800-336-4797
National Hospice & Palliative Care Organization	800-658-8898
National Mental Health Association	800-969-6642
National Organization for Rare Disorders	800-999-6673
National Rehabilitation Information Center	800-346-2742
National Reye's Syndrome Foundation	800-233-7393
National Spinal Cord Injury Association	800-962-9629
National Stroke Association	800-787-6537
National Suicide Prevention Lifeline	.800-273-8255
National Tuberous Sclerosis Association	800-225-6872
Organ Donations, The Living Bank	800-528-2971
Parkinson's Disease Foundation	800-457-6676
Prevent Blindness America	800-331-2020
Random House Audio Books	800-733-3000
Recorded Books	877-732-2898
Rehabilitative Services Virginia	.800-552-5019

Research to Prevent Blindness	800-621-0026
RP Foundation Fighting Blindness	800-683-5555
Saint Jude Children's Hospital	800-336-3083
Shenandoah Area Agency on Aging Ombudsman	800-883-4122
Sickle Cell Disease Association	800-421-8453
Simon Foundation for Continence	800-237-4666
Spina Bifida Association	800-621-3141
State Park & Cabin Reservation for Virginia	800-933-7275
Substance Abuse & Mental Health Services Administration	800-662-4357
The Described Captioned Media Program/TTY	800-237-6213
United Cerebral Palsy Association	800-872-5827
Virginia Department of Health Public Information Hotline	877-275-8343
Virginia Department of Social Services, Child Protective Service Hotline.	800-552-7096
Virginia Division for the Aging & Rehabilitative Services	800-552-3402
Virginia Missing Children Clearinghouse Information	800-822-4453
Virginia State Bar Lawyer Referral Service	800-552-7977
World Craniofacial Foundation	800-533-3315

# **SERVICE INDEX**

CHILDCARE ASSISTANCE	
CDI Headstart	40
Fremont Street Nursery	72
Heritage Child Development Center	85
Skyline Community Action Partnership – Headstart	135
The Kids Club of Northern Shenandoah Valley	143
Winchester Day Preschool & Child Care Center	167
CLOTHING & SUPPLIES	
ABBA Care Inc	
American Red Cross of the Shenandoah Valley	22
Blue Ridge Habitat for Humanity Restore	
Bright Futures Frederick/Winchester	37
C-CAP - Winchester	39
F.R.E.E. Foundation of Northern Shenandoah Valley	64
Families Reaching Out Group (Froggy's Closet)	
FISH of Clarke County, Inc	69
Front Royal/Warren County C-CAP	73
Lydia's Clothes Closet, Inc.	
Page One of Page County, Inc	117
The Life Center of Page Valley	145
The Red Wagon Ministry	147
The Salvation Army - Front Royal/Warren County	148
The Salvation Army - Winchester	
Valley Assistance Network	155
Winchester Rescue Mission	169
Woodstock Clothes Closet	173
COMMUNITY EDUCATION & ADVOCACY	
Access Independence	14
AIDS Response Effort, Inc.	
Alzheimer's Association	19
American Cancer Society	20
American Lung Association	21
American Red Cross of the Shenandoah Valley	22
Blue Ridge Housing Network, Inc.	30
Blue Ridge Legal Services	31
Blue Ridge Poison Center	
Brain Injury Association of Virginia	
CFW - Child Foster Care	42
Child Safe Center	
Choices, Council on Domestic Violence for Page Co., Inc	44
Community Veterans Engagement Board	47
Diabetes Management Program Valley Health	58
disAbility Law Center of Virginia	
Disabled American Veterans	

Frederick County Esther Boyd Animal Shelter	/0
Healthy Families Northern Shenandoah Valley	
Healthy Families Page and Shenandoah Counties	
Humane Society of Warren County	
I'm Just Me Movement	
Infant & Toddler Connection of Shenandoah Valley (ITC-SV)	
Lord Fairfax Health District (Health Departments)	
Lord Fairfax Small Business Development Center.	
Mental Health America - Warren County	101
NAACP - Winchester Area.	
National Alliance on Mental Illness (NAMI) Winchester	105
New Bridges Immigrant Resource Center	106
Northern Shenandoah Valley Regional Commission	109
Northern Shenandoah Valley Substance Abuse Coalition	110
Northwestern Community Services Board	111
Our Health, Inc	
Shenandoah Area Agency on Aging	125
SPCA-Winchester	136
The Arc of Northern Shenandoah Valley	141
The Arc of Warren, Inc.	
United Way of Front Royal/Warren County	153
United Way of Northern Shenandoah Valley	
Valley Assistance Network	155
Virginia Autism Resource Center	158
Virginia Cooperative Extension	160
Virginia Department for Aging and Rehabilitative Services	161
Virginia Employment Commission	163
Virginia Lawyer Referral Service	164
Winchester Victim Witness Program	171
Winchester/Frederick/Clarke Crime Solvers	172
COUNSELING & MENTAL HEALTH	
Blue Ridge Hospice	29
Child Safe Center	
Concern Hotline, Inc	49
Dr. Terry Sinclair Health Clinic	
Grafton Integrated Health Network	78
Lutheran Family Services	
Mental Health America - Warren County	101
National Alliance on Mental Illness (NAMI) Winchester	
Northwestern Community Services Board	
reSolutions, Inc.	
Response, Inc.	121
Shenandoah Community Health Clinic	126
Strength in Peers.	
The Laurel Center.	
The Warren Coalition.	
Timber Ridge School	
Virginia Department of Veterans Services	

## **DISABILITY RESOURCES**

Access Independence	14
ADAPT (Adult Day Activities Program Team)	
Adult Care Center of the Northern Shenandoah Valley, Inc	
Blue Ridge Center for Therapeutic Horsemanship	
Blue Ridge Educational Center	
Blue Ridge Opportunities	
Blue Ridge Poison Center	
Brain Injury Association of Virginia.	
Deaf and Hard of Hearing Services Center, Inc	
disAbility Law Center of Virginia	
Disabled American Veterans	
F.R.E.E. Foundation of Northern Shenandoah Valley	
Horizon Goodwill Industries	
Grafton Integrated Health Network	
Home Health Services - Valley Health.	
Infant & Toddler Connection of Shenandoah Valley (ITC-SV).	07 02
Literacy Volunteers - Winchester Area	92 0/1
Lutheran Family Services	
Moms in Motion	
Northwestern Community Services Board	
Northwestern Regional Educational Programs (NREP)NW Works, Inc.	
Shenandoah County Search, Inc.	
Shenandoah Valley Community Residences, Inc	
SHEN-PACO Industries, Inc	
The Arc of Northern Shenandoah Valley	
The Arc of Warren, Inc.	
Timber Ridge School	
Virginia Autism Resource Center	
Virginia Department for Aging and Rehabilitative Services	
Virginia Relay Center	165
DOMESTIC VIOLENCE RESOURCES	
Blue Ridge Legal Services	31
Choices, Council on Domestic Violence for Page Co., Inc.	
Response, Inc.	
The Laurel Center	
Virginia Lawyer Referral Service	
Winchester Victim Witness Program	
EDUCATION RESOURCES	
	00
Blue Ridge Educational Center	
Brain Injury Association of Virginia	
CDI Headstart	
Fremont Street Nursery	
Grafton Integrated Health Network	
Handley Regional Library	
Heritage Child Development Center	

I'm Just Me Movement	
Literacy Volunteers - Winchester Area	94
Lord Fairfax Community College	96
Northern Shenandoah Valley Adult Education	108
Northwestern Regional Educational Programs (NREP)	
Page County Public Libraries.	
Shenandoah County Library System	
Shenandoah Valley Discovery Museum	
Skyline Community Action Partnership - Headstart	
The Kids Club of Northern Shenandoah Valley	
The Reading Road Show - Gus Bus	
The Warren Coalition.	
Timber Ridge School	
Virginia Autism Resource Center	
Virginia Career Works, Shenandoah Valley Region	
Virginia Cooperative Extension.	
Winchester Day Preschool & Child Care Center	
Youth Development Center, Inc.	
routir Development Center, inc	1/4
EMPLOYMENT	
Blue Ridge Opportunities	
Disabled American Veterans	
Horizon Goodwill Industries	
NW Works, Inc	
Senior Community Service Employment Program (SCSEP)	
SHEN-PACO Industries, Inc	134
Virginia Career Works, Shenandoah Valley Region	159
Virginia Department for Aging and Rehabilitative Services	161
Virginia Employment Commission	163
FINANCIAL ASSISTANCE	
Blue Ridge Housing Network, Inc	
Catholic Charities Diocese of Arlington	38
C-CAP - Winchester	
Centralized Housing Intake	41
Department of Social Services-Clarke County	52
Department of Social Services-Frederick County	53
Department of Social Services-Shenandoah County	54
Department of Social Services-Page County	55
Department of Social Services-Warren County	56
Department of Social Services-Winchester	
Disabled American Veterans	
Division of Child Support Enforcement	
Faithworks, Inc	
FISH of Clarke County, Inc	69
Front Royal/Warren County C-CAP	73
Highland Food Pantry	
Page One of Page County, Inc	
Shenandoah Alliance for Shelter	

The Arc of Northern Shenandoah Valley	142
The Salvation Army - Front Royal/Warren County	148
The Salvation Army - Winchester	149
Valley Assistance Network	155
FOOD	
Bright Futures Frederick/Winchester	37
C-CAP - Winchester	39
Department of Social Services-Clarke County	52
Department of Social Services-Frederick County	53
Department of Social Services-Shenandoah County	54
Department of Social Services-Page County	55
Department of Social Services-Warren County	56
Department of Social Services-Winchester	57
FISH of Clarke County, Inc	69
Front Royal/Warren County C-CAP	73
Highland Food Pantry	86
House of Hope	89
Lord Fairfax Area Food Bank	
Page One of Page County, Inc	
Shenandoah Area Agency on Aging	
The Salvation Army - Front Royal/Warren County	
The Salvation Army - Winchester	
Valley Assistance Network	
Winchester Rescue Mission	170
HEALTH RESOURCES	
HEALTH RESOURCES	
HEALTH RESOURCES AIDS Response Effort, Inc.	17
HEALTH RESOURCES AIDS Response Effort, Inc	17
HEALTH RESOURCES  AIDS Response Effort, Inc	17 19
HEALTH RESOURCES  AIDS Response Effort, Inc	17 19 20
HEALTH RESOURCES  AIDS Response Effort, Inc.  Alzheimer's Association  American Cancer Society  American Lung Association  American Red Cross of the Shenandoah Valley	17 19 20 21
HEALTH RESOURCES  AIDS Response Effort, Inc	17202122
HEALTH RESOURCES  AIDS Response Effort, Inc.  Alzheimer's Association  American Cancer Society  American Lung Association  American Red Cross of the Shenandoah Valley  Blue Ridge Hospice  Blue Ridge Poison Center.	1720212222
HEALTH RESOURCES  AIDS Response Effort, Inc.  Alzheimer's Association  American Cancer Society  American Lung Association  American Red Cross of the Shenandoah Valley  Blue Ridge Hospice	172021222933
HEALTH RESOURCES  AIDS Response Effort, Inc.  Alzheimer's Association  American Cancer Society  American Lung Association  American Red Cross of the Shenandoah Valley  Blue Ridge Hospice  Blue Ridge Poison Center.  Brain Injury Association of Virginia  Dental Clinic of NSV.	172021293335
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HEALTH RESOURCES  AIDS Response Effort, Inc	

Page County Free Clinic	115
Ronald McDonald House Charities of Charlottesville, Inc	122
Shenandoah Community Health Clinic	126
Shenandoah Valley Compassionate Care Pharmacy	132
Special Love, Inc Camp Fantastic	137
St. Luke Community Clinic	138
Valley Health System	156
Virginia Relay Center	165
HOUSING & SHELTER SERVICES	
	4
AIDS Response Effort, Inc.	
American Red Cross of the Shenandoah Valley	
Arise of Page County	
Blue Ridge Habitat for Humanity	
Blue Ridge Housing Network, Inc.	
Catholic Charities Diocese of Arlington	
Centralized Housing Intake	
Choices, Council on Domestic Violence for Page Co., Inc.	
Council on Alcoholism - Lord Fairfax House	
Faithworks, Inc.	
Family Promise of Shenandoah County	
Grace House	
Habitat for Humanity of Page County	
Habitat for Humanity of Warren County	
Henry & William Evans Home for Children	
House of Hope	
New Eve Maternity Home	
Northwestern Community Services Board	
People Incorporated of Virginia	
Phoenix Project	
Response, Inc.	
Shenandoah Alliance for Shelter	
Shenandoah Valley Community Booldaness Inc.	
Shenandoah Valley Community Residences, Inc	
SHEN-PACO Industries, Inc The Laurel Center	
The Salvation Army - Front Royal/Warren County	
The Salvation Army - Winchester	
Valley Assistance Network	
Valley Light Foundation	
Virginia Department of Veterans Services	
Volunteers of America Chesapeake	
Winchester Area Temporary Thermal Shelter (WATTS)	
Winchester Rescue Mission.	
WILLIGESTEL IVESCUE MISSION.	170
IMMICDATION & CITIZENGUID	
IMMIGRATION & CITIZENSHIP	
Blue Ridge Legal Services.	
Catholic Charities Diocese of Arlington	
Literacy Volunteers - Winchester Area	94

Lutheran Family Services	99
New Bridges Immigrant Resource Center.	
Northern Shenandoah Valley Adult Education	108
Virginia Lawyer Referral Service	164
PREGNANCY & PARENTING RESOURCES	
A Small Hand	11
ABBA Care Inc	
Catholic Charities Diocese of Arlington	38
Community Prenatal Access	
Division of Child Support Enforcement	61
Front Royal Pregnancy Center	74
Healthy Families Northern Shenandoah Valley	82
Healthy Families Page and Shenandoah Counties	83
Lord Fairfax Health District (Health Departments)	
New Eve Maternity Home	
reSolutions, Inc.	
Shenandoah County Pregnancy Center	
The Life Center of Page Valley	
The Red Wagon Ministry	
Valley Health System	
Virginia Autism Resource Center	158
05\U00000000000000000000000000000000000	
SENIOR SERVICES	
AARP Tax-Aide Volunteer Income Tax Assistance	
Adult Care Center of the Northern Shenandoah Valley, Inc	
Alzheimer's Association	
Blue Ridge Hospice	
Department of Social Services-Clarke County	
Department of Social Services-Frederick County	
Department of Social Services-Shenandoah County	
Department of Social Services Page County	
Department of Social Services-Warren County  Department of Social Services-Winchester	
Faith in Action	
Godfrey Miller Historic Home and Fellowship Center	
Senior Community Service Employment Program (SCSEP)	
Shenandoah Area Agency on Aging	
The Red Wagon Ministry	
Virginia Department for Aging and Rehabilitative Services	
The state of the s	
SUBSTANCE ABUSE SERVICES	
Alcoholics Anonymous	18
Bridging the Gaps.	
Council on Alcoholism - Lord Fairfax House	
Edgehill, A Recovery Retreat Center	
Grace House	
Narcotics Anonymous	104
Northern Shenandoah Valley Substance Abuse Coalition	

Northwestern Community Services Board	111
Strength in Peers	140
The Warren Coalition	150
VETERANS SERVICES	
Community Veterans Engagement Board	
Disabled American Veterans	
Virginia Department of Veterans Services	
Virginia Employment Commission	163
Volunteers of America Chesapeake	166
YOUTH DEVELOPMENT	
Big Brothers Big Sisters of Northwest Virginia	24
Blue Ridge Center for Therapeutic Horsemanship	
Blue Ridge Educational Center	
Boy Scouts of America - Shenandoah Area Council	20 3 <i>1</i>
Bright Futures Frederick/Winchester	
CFW - Child Foster Care	
Child Safe Center	
Department of Social Services-Clarke County	
Department of Social Services-Frederick County	
Department of Social Services-Shenandoah County	
Department of Social Services-Page County	
Department of Social Services-Warren County	
Department of Social Services-Winchester	
Families Reaching Out Group (Froggy's Closet)	
Girl Scout Council of the Nation's Capital	
Grafton Integrated Health Network	78
Henry & William Evans Home for Children	84
Heritage Child Development Center	85
I'm Just Me Movement	91
Infant & Toddler Connection of Shenandoah Valley (ITC-SV)	92
Lutheran Family Services	
Moms in Motion	102
Northwestern Community Services Board	
Ronald McDonald House Charities of Charlottesville, Inc	
Shenandoah Valley Discovery Museum	
Skyline Community Action Partnership - Headstart	
Special Love, Inc Camp Fantastic	
The Kids Club of Northern Shenandoah Valley	
The Reading Road Show - Gus Bus	
The Warren Coalition	
Timber Ridge School	
Toys for Tots	
Virginia Cooperative Extension	
Youth Development Center, Inc	1/4

## **Food Pantries and Soup Kitchens**

**Please note:** This list is subject to change. You are advised to call and confirm the pantry or soup kitchen is still operating and open during the times listed. For most pantries, a photo ID is required for service. \*Updated on 3/25/19

FREE FOOD PANTRIES		
Winchester City	Address/Phone	Hours
Highland Food Pantry	446 Highland Avenue (540) 662-0809	Tuesdays 9-11AM and 6:30-8PM
Hope Again Care Center	213 S. Braddock Street (540) 450-8935	Tuesday-Thursday 10AM-2PM Saturdays (1 <sup>st</sup> – 4 <sup>th</sup> ) 9AM-12 Noon
Centenary United Church	202 S. Cameron Street (540) 662-9067	2 <sup>nd</sup> and 4 <sup>th</sup> Fridays from 1:00- 2:00 p.m.
C-CAP	112 S. Kent Street (540) 662-4318	Monday-Thursday 8:30AM- 2:30PM, Friday 8:30-11:30AM
Winchester Rescue Mission	435 N. Cameron Street (540) 667-5379	Monday-Saturday 10-10:30AM
Lord Fairfax Area Food Bank	1802 Roberts Street (540) 450-1799	Monday-Friday 8:30AM-3:30PM, one time only for families
Frederick County		
St. Paul's on the Hill	1527 Senseny Road Winchester (540) 667-8110	1∝ Sunday of each month 1-3PM
Salvation Army	300 Fort Collier Road Winchester (540) 662-4777	Monday, Wednesday and Friday 8:30-11AM Walmart Truck: 1:30-2PM Tuesday and Thursday
The Life Church	199 Agape Way Stephens City (703) 330-0881	2 <sup>nd</sup> and 4 <sup>th</sup> Mondays 6PM
Olive Branch Food Pantry at Victory Church	2870 Middle Road Winchester (540) 667-9400	Wednesdays 12:30-1:30PM
Stephens City United Methodist Church	5291 Main Street Stephens City (540) 869-2348	Tuesdays 12:30-3PM, 3rd Tuesdays 6:30-8PM
Welltown United Methodist Church	1444 Welltown Road Winchester (540) 665-0433	Thursdays 5:30-7PM
Greenway Spirit & Word Fellowship	1275 Tasker Road Stephens City (540) 868-9110	3 <sup>∞</sup> Wednesday 9-11AM

FREE FOOD PANTRIES		
Clarke County	Address/Phone	Hours
FISH of Clarke County	36 E Main St.	Wednesdays & Saturdays 9AM-
,	Berryville	12 Noon
	(540) 955-1823	
Women of Duncan	210 E. Main St.	3rd Friday of the Month (2 <sup>nd</sup>
Memorial	Berryville	Friday in December) Call first
	(540) 955-3700	*Must receive Medicaid or SNAP
Christ Episcopal	843 Bishop Mead Rd. Millwood	1st Friday at 1PM - Seniors Only
Church	(540) 837-1112	1st Saturday 9-11AM
Warren County		
C-CAP	316 N. Royal Ave.	Monday-Friday 9AM-12 Noon
	Front Royal	
	(540) 636-2448	
Front Royal Church of	140 W. 15th St.	Monday-Friday, Call for
Christ	Front Royal	appointment
	(540) 635-2613	
Loaves and Fishes	613 N. Royal Ave.	Tuesday 1-4PM, Thursday and
	Front Royal	Friday 9M-2PM
	(540) 252-4320	
Salvation Army	357 Cloud St. Front Royal	Monday-Friday 9AM-12 Noon,
	(540) 635-4020	1:30-3:30PM
Shenandoah County		
Bread of Life at	156 S. Muhlenberg St.	3rd Tuesday & 3rd Thursday 1-
Woodstock	Woodstock	4PM
Presbyterian Church	(540) 459-4419	
Columbia Furnace	20910 Senedo Rd. Edinburg	4th Saturday 8:45-11AM
Church of the Brethren	(540) 459-1632	
Compassion Cupboard	533 Burgess St. Strasburg	3rd Tuesday 9AM-12 Noon, 1:15-
	(540) 465-3778	3PM
Open Door Food Pantry	11278 Old Valley Pike	3 <sup>rd</sup> Thursday 1-6PM
	Mt. Jackson	
	540-740-8135	
Broadway Presbyterian	107 E Lee St. Broadway	1 <sup>st</sup> and 3 <sup>rd</sup> Thursday 5:30-
Church	(540) 896-3903	6:45PM
Loaves and Fishes	9320 N. Congress St. New	3rd Thursday - 1-6PM
Pantry at Manor	Market	
Memorial UMC	(540) 740-8959	
Page County		
Page One - Luray	35 N. Bank Street	Monday, Tuesday & Thursday
	Luray	from 8:30-11:30AM
	(540) 743-4863	
Page One –	600 Comer Lane	Monday, Wednesday & Friday 12
Shenandoah	Shenandoah	Noon to 4PM
	(540) 652-8780	

FREE MEALS/SOUP KITCHENS		
Winchester City	Address	Hours
Winchester Rescue	435 N. Cameron Street	Breakfast at 6AM. daily, Dinner at
Mission	(540) 667-5379	5PM daily
Living Faith Church and	435 N. Cameron Street	Lunch on Monday, Wednesday and
Outreach	(Winchester Rescue	Thursday 11AM-12:30PM
	Mission)	
	(540) 665-2335	
Braddock St. United	115 Wolfe Street	Dinner on Mondays at 6PM
Methodist Church	(540) 667-3366	
Jubilee Kitchen at First	116 S. Loudoun Street	Lunch on Saturdays at 11:30AM
Presbyterian Church	(540) 662-3824	
Kitchen of Hope at	131 S. Cameron Street	Dinner on Thursdays at 5:30PM
Market St. UMC	(540) 662-6709	
Centenary United	202 S. Cameron Street	Lunch on 2 <sup>™</sup> and 4 <sup>™</sup> Fridays at 12
Church	(540) 662-9067	Noon
Knights of Columbus	519 S. Cameron Street	Dinner on Wednesdays at 4:30PM
	(540) 662-5545	
Frederick County		
Salvation Army	300 Fort Collier Road	Lunch Monday-Friday at 12 Noon,
	Winchester	Sunday at 1PM, Dinner at 5PM.
	(540) 662-4777)	Monday-Saturday, 6PM on Sundays
		Breakfast Monday-Friday at 6:30AM
Emmanuel United	2732 Martinsburg Pike	2nd and 4th Mondays 4:30-6PM
Methodist Church	Stephenson	
	(540) 662-1269	
Trinity Lutheran Church	810 Fairfax Pike	Last Wednesday of the month
	Stephens City	5:30PM
	(540) 869-4019	
Warren County		
Calvary Episcopal	132 N Royal Ave.	Dinner on Tuesdays 4:45-5:45 PM
Church	Front Royal	
	(540) 635-2763	
St. John's Catholic	131 West Main St.	Dinner on Wednesday 5-6PM and
Church	Front Royal	Friday 5-6PM
	(540) 635-6780	
John Wesley United	14 Church St.	3rd Friday 5PM-7PM
Methodist Church	Front Royal	
	(540) 636-4416	
Front Royal	115 Luray Ave. Front Royal	Dinner on Thursday 5-6PM
Presbyterian Church	(540) 635-3894	
E. Wilson Morrison	40 Crescent St. Front Royal	Monday-Thursday 11AM-1PM
Elementary	(540) 635-4188	Children & Adults Free Summer
		Lunch Program (Summer Only)

FREE MEALS/SOUP KITCHENS			
Shenandoah County	Shenandoah County		
St. Paul's Church	156 W. Washington St., Strasburg (540) 465-3232	Dinner on 1st, 3 <sup>rd</sup> & 5th Wednesdays 5:30-7PM	
Strasburg UMC	114 W. Washington St. Strasburg (540) 465-8788	Dinner on 2 <sup>nd</sup> & 4th Wednesdays - 5:30-7PM	
Shenandoah Community Fellowship	197 Patmos Rd. Woodstock (540) 459-2952	Dinner on 3rd Friday - 5:30-7PM Deliveries Available – must call	
Reformation Lutheran Church	9283 N. Congress St. New Market (540) 740-3239	Lunch on Thursdays at 11AM	
Page County			
Main Street Baptist Church	15 E Main St. Luray (540) 743-5834	Dinner on Saturdays at 5:30PM	
Rileyville Baptist Church	7044 US Hwy 340 N. Rileyville (540) 743-3003	1 <sup>st</sup> and 3 <sup>rd</sup> Thursday 10:30A-1P Free meal for seniors	

## **Listing of Public Schools**

## **Winchester Public Schools**

### **Central Administrative Office**

12 N. Washington St. Winchester, VA 22601 Phone: 540-667-4253

## **Elementary Schools**

Frederick Douglass Elementary 100 Cedarmeade Avenue Winchester, VA 22601 Phone: 540-662-7656

Garland R. Quarles Elementary 1310 S. Loudoun Street Winchester, VA 22601 Phone: 540-662-3575

John Kerr Elementary 427 Meadow Branch Avenue Winchester, VA 22601 Phone: 540-662-3945

Virginia Avenue Charlotte DeHart 550 Virginia Avenue Winchester, VA 22601 Phone: 540-665-6330

Daniel Morgan Intermediate 48 S. Purcell Avenue Winchester, VA 22601 Phone: 540-667-7171

### Middle School

Daniel Morgan Middle 48 S. Purcell Avenue Winchester, VA 22601 Phone: 540-667-7171

## **High School**

John Handley High 425 Handley Blvd Winchester, VA 22601 Phone: 540-662-3471

## Frederick County Public Schools

#### **Central Administrative Office**

1415 Amherst Street Winchester, VA 22601 Phone: 540-662-3888

## **Elementary Schools**

Apple Pie Ridge Elementary 349 Apple Pie Ridge Road Winchester, VA 22603 Phone: 540-662-4781

Armel Elementary 2239 Front Royal Pike Winchester, VA 22602 Phone: 540-869-1657

Bass-Hoover Elementary 471 Aylor Road Stephens City, VA 22655 Phone: 540-869-4700

Evendale Elementary 220 Rosa Lane Winchester, VA 22602 Phone: 540-662-0531

Gainesboro Elementary 4651 North Frederick Pike Winchester, VA 22603 Phone: 540-888-4550

Greenwood Mill Elementary 281 Channing Drive Winchester, VA 22602 Phone: 540-667-7863

Indian Hollow Elementary 1548 North Hayfield Road Winchester, VA 22603 Phone: 540-877-2283

# Frederick County Elementary Schools, cont.

Middletown Elementary 190 Mustang Lane Middletown, VA 22645 Phone: 540-869-4615

Orchard View Elementary 4275 Middle Road Winchester, VA 22602 Phone: 540-869-8642

Redbud Run Elementary 250 First Woods Drive Winchester, VA 22603 Phone: 540-678-1868

Stonewall Elementary 3165 Martinsburg Pike Clear Brook, VA 22624 Phone: 540-662-2289

#### Middle Schools

Admiral Richard E. Byrd Middle 134 Rosa Lane Winchester, VA 22602

Winchester, VA 22602 Phone: 540-662-0500

Frederick County Middle 4661 N. Frederick Pike Winchester, VA 22603 Phone: 540-888-4296

James Wood Middle 1313 Amherst Street Winchester, VA 22601 Phone: 540-667-7500

Robert E. Aylor Middle 901 Aylor Road Stephens City, VA 22655 Phone: 540-869-3736

## **High Schools**

James Wood High 161 Apple Pie Ridge Road Winchester, VA 22603 Phone: 540-667-5226

Millbrook High 251 First Woods Drive Winchester, VA 22603 Phone: 540-545-2800

Sherando High 185 South Warrior Drive Stephens City, VA 22655 Phone: 540-869-0060

## **Learning Centers**

Dowell J. Howard Center 156 Dowell J. Circle Winchester, VA 22602 Phone: 540-722-2134

Northwestern Regional Educational Programs (NREP) Senseny Road School 1481 Senseny Road Winchester, VA 22602 Phone: 540-665-0103

## **Shenandoah County Public Schools**

#### **Central Administrative Office**

600 North Main Street Woodstock, VA 22664 Phone: 540-459-6222

## **Elementary Schools**

Ashby Lee Elementary 480 Stonewall Lane Quicksburg, VA 22847 Phone: 540-477-2927

# Shenandoah County Elementary Schools, cont.

Hook Elementary 162 Stickley Loop Strasburg, VA 22657 Phone: 540-465-8281

W.W. Robinson Elementary 1231 Susan Ave. Woodstock, VA 22664 Phone: 540-459-5155

### **Middle Schools**

Signal Knob 687 Sandy Hook Road Strasburg, VA 22657 Phone: 540-465-3422

Peter Muhlenberg 1251 Susan Ave. Woodstock, VA 22664 Phone: 540-459-2941

North Fork Middle 1018 Caverns Road Quicksburg, VA 22847 Phone: 540-477-2953

## **High Schools**

Strasburg High 250 Ram Drive Strasburg, VA 22657 Phone: 540-465-5195

Central High 1147 Susan Ave. Woodstock, VA 22644 Phone: 540-459-2161

Stonewall Jackson High 150 Stonewall Lane Quicksburg, VA 22847 Phone: 540-477-2732

Massanutten Regional Governor's School 6375 S. Main Street Mt Jackson,VA 22842 Phone: 540-477-3226 Triplett Tech 6375 S. Main St. Mt. Jackson, VA 22842 Phone: 540-477-3161

## **Clarke County Public Schools**

## **Central Administrative Office**

317 W Main St., Ste A Berryville, VA 22611 Phone: 540-955-6100

## **Elementary Schools**

Boyce Elementary 119 West Main St, Boyce, VA 22620 Phone 540-955-6115

D.G. Cooley Lower Campus Grades 1-5 240 Westwood Road Berryville, VA 22611 Phone: 540-955-6110 Fax: 540-955-6121

D.G. Cooley Upper Campus Grades PK-K 34 Westwood Road Berryville, VA 22611 Phone: 540-955-6120

#### Middle School

Johnson-Williams Middle 200 Swan Ave. Berryville, VA 22611 Phone 540-955-6160

#### High School

Clarke County High 627 Mosby Blvd. Berryville, VA 22611 Phone 540-955-6130

## **Warren County Public Schools**

#### **Central Administrative Office**

210 N. Commerce Ave. Front Royal, VA 22630 Phone: 540-635-2171

## **Elementary Schools**

A.S. Rhodes Elementary 224 W. Strasburg Rd. Front Royal, VA 22630 Phone: 540-635-4556

E. W. Morrison Elementary 40 Crescent Street Front Royal, VA 22630 Phone: 540-635-4188

Hilda J. Barbour Elementary 290 Westminster Drive Front Royal, VA 22630 Phone: 540-622-8090

Leslie Fox Keyser Elementary 210 North Commerce Avenue Front Royal, VA 22630 Phone: 540-635-2171

Ressie Jeffries Elementary 320 E. Criser Road Front Royal, VA 22630 Phone: 540-636-6824

#### Middle Schools

Warren County Middle 522 Heritage Dr. Front Royal, VA 22630 Phone: 540-635-2194

Skyline Middle 240 Luray Avenue Front Royal, VA 22630 Phone: 540-636-0909

## **High Schools**

Skyline High 151 Skyline Vista Drive Front Royal, VA 22630 Phone: 540-631-0366

Warren County High 155 Westminster Dr. Front Royal, VA 22630 Phone: 540-635-4144

Blue Ridge Technical Center 210 North Commerce Avenue Front Royal, VA 22630 Phone: 540-635-2171

Mountain Vista Governor's School 6480 College Street Warrenton, VA 20187 Phone: 540-347-6237

## **Page County Public Schools**

#### **Central Administrative Office**

735 West Main Street Luray, Virginia 22835 Phone: 540-743-6533

## **Elementary Schools**

Springfield Elementary 158 Big Spring Lane Rileyville, VA 22650 Phone: 540-743-3750

Luray Elementary 555 First Street Luray, VA 22835 Phone: 540-743-4078

Stanley Elementary 306 Aylor Grubbs Avenue Stanley, Virginia 22851 Phone: 540-778-2612

## Page County Schools, cont.

Shenandoah Elementary 529 Fourth Street Shenandoah, Virginia 22849 Phone: 540-652-8621

## **Middle Schools**

Luray Middle 14 Luray Avenue Luray, VA 22835 Phone: 540-843-2660

Page County Middle 198 Panther Drive Shenandoah, VA 22849 Phone: 540-652-3400

## **High School**

Luray High 243 Bulldog Drive Luray, Virginia 22835 Phone: 540-743-3800

Page County High 184 Panther Drive Shenandoah, VA 22849 Phone: 540-652-8712

Page County Technical Center 40 Eagle Way Luray, VA 22835 Phone: 540-778-7282