

UNITED WAY NSV COMMUNITY SERVICE DIRECTORY

COMMUNITY RESOURCE DIRECTORY

United Way of Northern Shenandoah Valley

COMMUNITY SERVICES DIRECTORY

2022 Edition



United Way of Northern Shenandoah Valley

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United Way of Northern Shenandoah Valley COMMUNITY SERVICE DIRECTORY, 2022 Edition

Welcome from Navy Federal Credit Union, United Way of Northern Shenandoah Valley's Community Service Directory project partners:

United Way Partners!

Service and the ability of each and every one of us to impact our neighbors positively is a way of life here in the Shenandoah Valley, and I'm thrilled to call Winchester my home. Giving back is truly in our community DNA!

While we may have different goals and serve different needs, we are all united in our commitment to service. At Navy Federal Credit Union, our mission causes include our members, our military and the communities in which we serve – like Winchester – and I'm thrilled we're joined by so many wonderful organizations that have dedicated their time, treasure and talent to their respective areas.

I wish you all a wonderful year of giving back, and I hope to see you out and about!

Stay safe and well,

Susan Brooks SVP of Winchester Operations Navy Federal Credit Union



AARP TAX-AIDE VOLUNTEER INCOME TAX ASSISTANCE

601 E STREET NW WASHINGTON, DC 20049

WEBSITE:

AARP.ORG/MONEY/TAXES/AARP TAXAIDE

PHONE: 1-888-687-2277

EMAIL: TAXAIDE@AARP.ORG



MISSION:

Free tax preparation service for persons with low and moderate income, with special attention to those 50 and older. Through a cadre of trained volunteers, we have helped low- to moderate-income individuals for more than 40 years.

SERVICE AREA:

Locations in Winchester, Front Royal, Luray, Edinburg, and other communities throughout the Shenandoah Valley.

ASSISTANCE/PROGRAMS OFFERED:

Free preparation of personal income tax returns for persons with low to moderate income.

ELIGIBILITY:

Open to anyone with low to moderate income, special attention to persons 50 years of age and older.

VOLUNTEER NEEDS:

Tax preparers are trained by the IRS and need to be computer literate. Need to be comfortable with figures and have done their own taxes in the past. Training takes place every January.

OFFICE HOURS:

Sites open Feb. 1 through April 15. You may also refer to https://seniorsfirstdotinfo.wordpress.com for information.

ABBA CARE, INC.

200 WEEMS LANE WINCHESTER, VA 22601 **WEBSITE**: ABBACARE.ORG PHONE: 540-665-9660 HOTLINE: 1-800-712-HELP EMAIL: INFO@ABBACARE.ORG



MISSION:

Encouraging sexual integrity, empowering life-affirming pregnancy and parenting decisions, strengthening relationships.

SERVICE AREA:

Appointments are available in Winchester, VA and Martinsburg, WV.

ASSISTANCE/PROGRAMS OFFERED:

Free of charge services: pregnancy tests, STD/STI information, pregnancy confirmation ultrasound, confidential peer counseling (for men and women), accurate options information, abortion recovery support (PACE program), ongoing pregnancy and parent education, community referrals, material resources (maternity and baby).

ELIGIBILITY:

Women and men facing an unplanned pregnancy

VOLUNTEER NEEDS:

Email info@abbacare.org for volunteer information.

OFFICE HOURS:

Winchester location: Monday - Thursday: 10am - 5pm, Friday: 10am - 2pm

Martinsburg location: Tuesday: 10am - 4:30pm

ACCESS INDEPENDENCE, INC.

324 HOPE DRIVE WINCHESTER, VA 22601

WEBSITE: ACCESSINDEPENDENCE.ORG

PHONE: 540-662-4452

FAX: 540-622-4474 TDD: 540-662-5556 VIDEO PH: 540-931-9124 CAPTEL: 540-722-4834

TTY: 540-409-4028



MISSION:

To promote independent living by providing services that enhance the quality of life for people with disabilities living in Virginia's Northern Shenandoah Valley.

SERVICE AREA:

Al provides services in the counties of Clarke, Frederick, Page, Shenandoah, Warren, and the City of Winchester.

ASSISTANCE/PROGRAMS OFFERED:

Individual and systems advocacy, independent living skills, peer mentoring, personal care assistance and housing registry, home modifications, assistive technology and adaptive equipment, education - information and referral, community education and awareness, waiver services, accessibility services, advocacy - individual and community advocacy, and representative payee (managing finances).

ELIGIBILITY

Anyone can be referred; disability not required.

VOLUNTEER NEEDS:

Make donations, help with events, planning, fundraising, or serve as a Board member.

OFFICE HOURS:

8:30am to 4:30pm Monday through Friday

ADAPT (ADULT DAY ACTIVITIES PROGRAM TEAM)

P.O. BOX 2500 WINCHESTER, VA 22604

WEBSITE: GRAFTON.ORG



MISSION: The Adult Day Activities Program Team (ADAPT in Winchester; Integrations in Richmond) serve people with complex intellectual and developmental challenges who have aged out of the school system and do not qualify for work programs.

PHONE: 888-955-5205

SERVICE AREA: Grafton's services are offered at multiple locations in Virginia, as well as Cold Spring, Minnesota. In addition, Grafton is providing administrative and strategic assistance to Maryland Salem Children's Trust in Frostburg, Maryland.

ASSISTANCE/PROGRAMS OFFERED: Both programs provide a physical space, activities (arts and crafts, music therapy, and physical recreation), and opportunities for individuals to get involved in the community through social, recreational, volunteer, and skill development activities.

ELIGIBILITY: For immediate inquiries, call 888-955-5205 or email us at admissions@grafton.org

VOLUNTEER NEEDS: See website

OFFICE HOURS: Varies by location

ADULT CARE CENTER

OF THE NORTHERN SHENANDOAH VALLEY, INC.

411 N. CAMERON ST., SUITE 100

WINCHESTER, VA 22601

WEBSITE: ADULTCARECENTER.NET

PHONE: 540-722-2273 **FAX:** 540-450-2263

EMAIL: ADULTCARE@NTELOS.NET



MISSION:

The Adult Care Center provides assistance to those with conditions impacting memory and independence for the purpose of enriching one's life story through encouraging and engaging services and activities.

SERVICE AREA:

Services offered to anyone throughout the region (Transportation not provided); Monday-Friday adult day, health care for adults unable to stay by themselves due to conditions such as Alzheimer's disease. Support services for caregivers.

ASSISTANCE/PROGRAMS OFFERED:

Individualized care plans based on medical, health and social needs. The Adult Care Center is private pay, Medicaid provider, or a Veteran Affairs approved facility. More information about assistance offered can be found on the website.

ELIGIBILITY:

Are frail and/or impaired, have varying degrees of Alzheimer's disease or forms of dementia, stroke patients, Parkinson's disease, cannot be left unsupervised due to mental or physical challenges, are 18 years of age or older, require supervision with daily medications, or will benefit from a safe and secure environment in a warm and encouraging setting.

VOLUNTEER NEEDS:

Volunteers are needed to assist with activities in group or one-or-one setting. We also accept food and supplies donations as well as monetary donations.

OFFICE HOURS:

Monday through Friday, 7:30am to 5:30pm

AIDS RESPONSE EFFORT, INC.

PICCADILLY OFFICE

124 WEST PICCADILLY STREET WINCHESTER, VA 22601

WEBSITE: AIDSRESPONSEEFFORT.ORG

AMHERST OFFICE

1104 AMHERST STREET WINCHESTER, VA 22601 **PHONE:** 540-536-5291

FAX: 540-536-0190



MISSION:

To enrich the lives of those in need in our community through innovative, compassionate care and coordinator of quality of services and delivery.

SERVICE AREA:

Lord Fairfax Health District

ASSISTANCE/PROGRAMS OFFERED:

Prevention & Testing: free rapid HIV & hepatitis C testing, HIV/STI Testing- HIV, hepatitis B & C, syphilis, and

chlamydia & gonorrhea; linkage to care to treatment or support services; HIV/STI Education presentations; PrEP Navigation & assistance; condom distribution program (free condoms); Safe Zone & Gender Identity trainings for agencies and businesses; Ryan White Program: medical case management for people living with HIV/AIDS, assistance with medication access, support services, and housing; Housing: Rapid Rehousing, Homeless Prevention, Tenant Based Rental Assistance (TBRA) and HOPWA (Housing Opportunities for Persons with HIV/AIDS).

ARE Housing programs can offer the following services for those who qualify: Security Deposit, Rental Assistance, Utility Deposits, Utility Assistance, Housing Case Management-service planning, goal setting, health assessment, Financial Literacy (budgeting) Counseling Services, Collaboration with Local Healthcare Systems- to facilitate discharge planning for homeless individuals exiting the hospital, Linkages to Support Services-such as food pantries, C-CAP, job training, etc. The first step to accessing housing services is to call Centralized Housing Intake at 540-271-1701. ARE hosts a Centralized Intake Walk-In Clinic on Tuesdays and Thursdays from 10am-12pm and 1pm-3pm.

ELIGIBILITY:

Varies between programs. All testing is free.

VOLUNTEER NEEDS:

Outreach events and housing navigation.

OFFICE HOURS: Monday through Friday, 8:30am to 5pm

ALCOHOLICS ANONYMOUS

A.A. WORLD SERVICES: 475 RIVERSIDE DRIVE AT W. 120 ST., 11TH FLOOR NEW YORK, NY 10115 **HELPLINE:** 800-839-1686

WEBSITE: AA.ORG

AAVIRGINIA.ORG/MEETINGS



MISSION:

Alcoholics Anonymous is an international fellowship of men and women who have or have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere.

SERVICE AREA:

AA is a self-supportive fellowship and there are no boundaries to its service.

ASSISTANCE/PROGRAMS OFFERED:

AA is a Twelve Step program. A.A.'s Twelve Steps are a group of principles, spiritual in their nature, which, if practiced as a way of life, can expel the obsession to drink and enable the sufferer to become happily and usefully whole.

ELIGIBILITY:

There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

VOLUNTEER NEEDS:

Numerous volunteer needs are available to persons who join the fellowship.

OFFICE HOURS:

24 hours a day hotline

ALZHEIMER'S ASSOCIATION

NATIONAL CAPITAL AREA CHAPTER

WEBSITE: ALZ.ORG/NCA **24/7 HELPLINE**: 800-272-3900

alzheimer's \\ association\

National Capital Area Chapter

MISSION:

Alzheimer Association leads the way to end Alzheimer's desease and all other dementia, by accelerating global research, driving risk education and early detection, and maximizing quality care and support.

SERVICE AREA:

The National Capital Area Chapter serves people with Alzheimer's disease and other dementias and their families and caregivers in the District of Columbia, suburban and Southern Maryland and Northern Virginia.

ASSISTANCE/PROGRAMS OFFERED:

Programs and services are offered free of charge or at low cost to those in need. Offer a 24/7 Helpline, information and resources, online tools, support groups, education workshops, conferences, and safety services. Advocate for critical Alzheimer's research and prevention and care initiatives at the state and federal level.

ELIGIBILITY:

Available to all

VOLUNTEER NEEDS:

Current opportunities include community outreach representatives, support group facilitators, speakers bureau representatives, education program presenters, special events planning, and logistics volunteers. Orientation, training, and on-going support provided

OFFICE HOURS:

Helpline 24/7

AMERICAN CANCER SOCIETY

GLEN ALLEN, VA

WEBSITE: CANCER.ORG/ABOUT-US/LOCAL/VIRGINIA.HTML

FACEBOOK.COM/ACSVIRGINIA

24/7 HELPLINE: 1-800-227-2345



MISSION:

To save lives, celebrate lives, and lead the fight for a world without cancer.

SERVICE AREA:

The American Cancer Society has programs and services to help you manage cancer treatment and recovery and find the emotional support you need. And best of all, our help is free. Find programs and services in Virginia at cancer.org/about-us/local/virginia.html.

ASSISTANCE/PROGRAMS OFFERED:

Transportation (Road To Recovery), Advocacy, Cancer Information, Lodging

ELIGIBILITY:

The American Cancer Society offers many local programs and services to help you during and after cancer treatment.

VOLUNTEER NEEDS:

See opportunities at https://volunteercommunity.cancer.org/s/?language=en_US

OFFICE HOURS: 24 hours a day, 7 days per week

AMERICAN LUNG ASSOCIATION

9702 GAYTON RD. SUITE 110

RICHMOND, VA 23238 WEBSITE: LUNG.ORG

HELPLINE: 1800-NOT-REAL **PHONE**: 202-719-2809

EMAIL: DEBORAH.SEALS@LUNG.ORG



MISSION:

To save lives by improving lung health and preventing lung disease.

SERVICE AREA:

Serves the Northwestern quarter of Virginia, 21 counties, 9 cities

ASSISTANCE/PROGRAMS OFFERED:

Provides public education, research, and mobilization of resources to control and cure lung disease. Some of the many online educational courses include Freedom from Smoking, Asthma Basics, and Better Breathers Clubs.

ELIGIBILITY:

Anyone with an interest in lung disease.

VOLUNTEER NEEDS:

Medical and non-medical volunteers needed for a wide range of programs.

OFFICE HOURS:

Monday through Friday, 9am - 4pm

AMERICAN RED CROSS

GREATER SHENANDOAH VALLEY

561 FORTRESS DRIVE WINCHESTER, VA 22603 **WEBSITE:** REDCROSS.ORG PHONE: 1-800-733-2767



MISSION:

The American Red Cross prevents and alleviates human suffering in the face of emergencies by mobilizing the power of volunteers and the generosity of donors.

SERVICE AREA:

Clarke, Warren, Frederick, Page, and Shenandoah counties and the City of Winchester.

ASSISTANCE/PROGRAMS OFFERED:

Provide disaster services, health and safety training, and blood services

ELIGIBILITY:

On an as-needed basis

VOLUNTEER NEEDS:

Blood donors, assistance with blood drives, office volunteers, and disaster volunteers

AMVETS

851 GREEN STREET WINCHESTER VA 22655 WEBSITE: AMVETSVA18.COM

PHONE: 571-232-1184



MISSION: American Veterans is a non-partisan, volunteer-led organization formed by world war ii veterans of the united states military. It advocates for its members as well as for causes that its members deem helpful to the nation at large. The group holds a federal charter under title 36 of the united states code.

SERVICE AREA: Serving the Northern Shenandoah Valley, AMVETS Post 18 meets at 6:30pm on the 3rd Wednesday of each month at 851 Green St.

ASSISTANCE/PROGRAMS OFFERED:

Founded in 1944 and chartered by an act of Congress, the AMVETS organization has more than 250,000 members nationwide. AMVETS exists to enhance the quality of life for all veterans, their families and survivors. Membership in AMVETS is open to anyone who honorably served or is currently serving in the U.S. Armed Forces, including the National Guard and Reserves.

AMVETS has made a long-term economic impact by providing assistance, jobs, and services to veterans and their communities for more than 70 years.

OFFICE HOURS: Mon-Fri 1700-2200 (5-10pm); Sat 1400-2200 (2-11pm), Sun 1600-close (4 pm until close)

THE ARC OF NORTHER SHENANDOAH VALLEY

324 HOPE DR

WINCHESTER, VA 22601 WEBSITE: ARCNSV.ORG

PHONE: 540-692-9650

EMAIL: SHENVALLEYARC@GMAIL.COM



MISSION:

The mission of the Arc of Northern Shenandoah Valley is to empower individuals with intellectual and developmental disabilities through advocacy education and collaboration.

SERVICE AREA:

City of Winchester and Clarke, Frederick, and Shenandoah counties

ASSISTANCE/PROGRAMS OFFERED:

Services include advocacy, education, information and referral, community outreach, service and benefit coordination, technical assistance, and other help as needed.

ELIGIBILITY:

Persons with intellectual and developmental disabilities and their families and friends

VOLUNTEER NEEDS:

Volunteers are needed for committee work, fundraisers, recreational events, website, and social media.

OFFICE HOURS:

Monday through Friday, 8:30am - 3pm

THE ARC OF WARREN COUNTY, INC.

PO. BOX 1473 FRONT ROYAL, VA 22630 **PHONE**: 540-635-5422

WEBSITE: SPARCOFWARREN.ORG



MISSION:

The Arc of Warren County, Inc., advocates for people with disabilities and their families. Through its network of members and its affiliation with The Arc of Virginia and the Arc of the United States, The Arc of Warren County strives to improve systems of supports and services, connect families and inspire communities.

SERVICE AREA:

Warren County

ASSISTANCE/PROGRAMS OFFERED:

Education, resources, and information. Special Olympics Area 13

The Arc is the largest national community-based organization advocating for and with people with intellectual and developmental disabilities and serving them and their families. We work tirelessly to uphold our vision that every individual and family living with IDD in the United States has access to the information, advocacy, and skills they need to support their full inclusion and participation in the community throughout their lifetimes.

ELIGIBILITY:

The Arc promotes and protects the human rights of people with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community and throughout their lifetimes.

VOLUNTEER NEEDS:

Contact The Arc of Warren County, Inc. for opportunities.

ARTE LIBRE VA

118 FAIRWAY DRIVE, WINCHESTER VA 22602

EMAIL: INFO@ARTELIBREVA.ORG

WEBSITE: ARTELIBREVA.ORG

PHONE: 540-323-1343



MISSION:

Arte Libre VA empowers Latinx(e), Black, and Youth of Color through equitable access to quality arts education and programming.

SERVICE AREA: Northern Shenandoah Valley

ASSISTANCE/PROGRAMS OFFERED: Arte Libre VA empowers Latinx, Black, and Youth of Color through equitable access to quality arts education and programming.

The arts are vitally important to a young person's development and fundamental education. The arts heal, inspire, encourage, empower and bring joy. As creatives and culture makers are helping to shape the next generation of innovators, artists and leaders, oftentimes Youth of Color are not able to access the same art opportunities. Access to the arts is extremely important for Youth, but arts programming for Youth is not always equitable. To navigate and overcome this inequity in access, Arte Libre VA will use a mobile art studio, the Artmobile, to provide quality arts education and programming to Youth of Color in their own communities, tuition free.

At Arte Libre VA, we believe that ART is for EVERYONE!

ELIGIBILITY: Focus on Youth of Color, available to ALL youth who don't have access to the arts

VOLUNTEER NEEDS: Volunteer needs: ongoing, specifically Outreach Volunteers & Teaching Artists & Committee Members

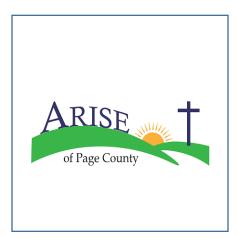
OFFICE HOURS: By Appointment

FOUNDED: Founded: October 2019

ARISE OF PAGE COUNTY

1207 E. MAIN STREET LURAY, VA 22835 PHONE: 540-860-5069

FACEBOOK.COM/ARISEOFPAGECOUNTY



MISSION:

Arise of Page County is a Christian non-profit organization that provides help,presents hope, and prepares lives through Jesus Christ.

SERVICE AREA:

Page County, VA

ASSISTANCE/PROGRAMS OFFERED:

- Provides a safe, temporary residence for homeless families and individuals in Page County and distributes food, personal hygiene items, and other necessities.
- Hot food every day
- Deliver food to clients of Page County
- Temporary Housing Emergency

ELIGIBILITY:

Homeless individuals and families in Page County

VOLUNTEER NEEDS:

Contribute time or goods as a volunteer. Contact a board member. Call the above phone number.

OFFICE HOURS:

Tuesday, Wednesday, and Thursday 9am - 3pm

BIG BROTHERS BIG SISTERS

OF HARRISONBURG-ROCKINGHAM

225 N HIGH STREET HARRISONBURG, VA 22802 PHONE: 540-433-8886 X6 WEBSITE: BBBSHR.ORG EMAIL: PAM@BBBSHR.ORG



MISSION:

Provides children facing adversity with strong and enduring professionally-supported one-to-one relationships to help change lives for the better, forever

SERVICE AREA:

Shenandoah County, Harrisonburg City, Rockingham County

ASSISTANCE/PROGRAMS OFFERED:

Various mentoring partnerships and initiatives available.

ELIGIBILITY:

Children living within the service area may enter the program between the ages of 6 to 14 and may remain in the program through their 18th birthday.

VOLUNTEER NEEDS:

Adults 18 and over who have lived in Shenandoah County for 3 months. Must have a valid driver's license, clean driving record, vehicle insurance, transportation; pass background check (criminal/sexual and CPS), commit to weekly visits up to 1 year.

OFFICE HOURS:

Hours by appointment only

BLUE RIDGE CENTER FOR THERAPEUTIC HORSEMANSHIP

ALMEDA FARM 749 SALEM CHURCH RD BOYCE, VA 22620 PHONE: 540-533-2777 WEBSITE: BRCTH.ORG



MISSION: BRCTH provides life-enhancing, equineassisted activities to persons with disabling conditions in the northern Shenandoah Valley.

SERVICE AREA:

VA counties of Clarke, Frederick, Warren and Shenandoah; WV counties of Berkeley and Jefferson.

ASSISTANCE/PROGRAMS OFFERED:

For people with disabilities and those who are at risk, the horse and its environment can provide unique healing and

learning experiences. Under the watchful eye of a certified instructor, trained volunteers, educators and health care professionals, a student's interaction with a horse can be therapeutic as well as a fun and freeing experience.

ELIGIBILITY:

Participants must be at least 4 years of age; the disabling condition can be physical, cognitive or emotional.

VOLUNTEER NEEDS: Visit https://brcth.org/volunteers/ : Horse Leaders and Side Walkers; help with barn work, administration and fundraising

OFFICE HOURS: Varies by season

FOUNDED: 2007

THE BLUE RIDGE AREA FOOD BANK

1802 ROBERTS STREET, WINCHESTER,

VA 22601

PHONE: 540-665-0770

CONTACT: MILLIE WINSTEAD

MWINSTEAD@BRAFB.ORG, 434-220-

4335

WEBSITE: BRAFB.ORG



MISSION:

To provide nourishing food to our neighbors in need through vibrant community partnerships and passionate public support.

SERVICE AREA:

City of Winchester and Frederick, Clarke, Fauquier, Loudoun, Page, Rappahannock, Shenandoah, and Warren Counties.

ASSISTANCE/PROGRAMS OFFERED:

The Blue Ridge Area Food Bank secures food from local and national sources, makes sure it is safe, and then distributes the food to hundreds of partner agencies throughout the communities we serve. We also operate a number of outreach programs, delivering food directly to the most vulnerable populations in our community.

ELIGIBILITY:

Member agencies must be 501c3 organizations or recognized churches. The Food Bank partners with over 50 pantries and program sites in this service area. For food assistance, individuals and families should visit www.brafb.org/find-help/

VOLUNTEER NEEDS:

View our current volunteer opportunities at www.brafb.org/volunteer or find a partner to help near you using our Food Finder tool at www.brafb.org/find-help/

OFFICE HOURS:

Monday through Friday, 8:30am to 3pm.

BLUE RIDGE EDUCATIONAL CENTER

606 MASSANUTTEN AVE, FRONT ROYAL, VA 22630

PHONE: 540-631-9503

WEBSITE: BLUERIDGEEDUCATION.ORG



MISSION:

To help emotionally and intellectually challenged students develop the academic, emotional, and life skills they need to be successful in the world.

Working in close partnership with schools, we find creative solutions to complex student needs in a safe, community-based educational environment, addressing each individual's unique developmental requirements through a comprehensive, whole-person approach.

SERVICE AREA:

Northern Shenandoah Valley

ASSISTANCE/PROGRAMS OFFERED:

Our day school program provides a structured, yet creative and flexible learning environment in Front Royal where students with a wide range of abilities can enhance the academic, emotional, and life skills they need to be successful in the world.

ELIGIBILITY:

Students with disabilities in grades 6-12, full or part-time. Each student's course of study is designed around his or her Individualized Education Plan (IEP) or Individualized Instructional Plan (IIP), and the Virginia Standards of Learning.

OFFICE HOURS:

Monday through Friday, 8:30am - 3:30pm

BLUE RIDGE HABITAT FOR HUMANITY

400 BATTAILE DR WINCHESTER VA 22601 **PHONE**: 540-662-7066

WEBSITE: BLUERIDGEHABITAT.ORG



MISSION:

Seeking to put God's love into action, Habitat for Humanity brings people together to build homes, communities and hope.

SERVICE AREA:

City of Winchester and Frederick, Clarke, and Shenandoah counties.

ASSISTANCE/PROGRAMS OFFERED:

Provides housing and housing education.

ELIGIBILITY:

As active participants in building a better future for themselves and their families, qualified program partners demonstrate willingness, need, and ability.

VOLUNTEER NEEDS:

Construction Volunteers: no construction experience is necessary; site supervisor and crew leaders on each construction site who will give instructions and help get started. BRHFH provides safety gear, building materials, tools and supervision. We provide water. Please email the Volunteer Coordinator for further information. Or, call the office at 540.662.7066.

Minors 16–17 are allowed to participate in construction work, but are prohibited from: using power tools; being on ladders, scaffolding, or walk boards more than 4' higher than surrounding area; being on platforms or decks without hand or guard rails when more than 4' above surrounding area; and being on a roof or participating in roofing. Youth groups participating on a build site must have adult supervision. All minors must complete a liability waiver and have it signed by their parent or guardian.

Minors 15 and under are not allowed on a construction site unless it is to bring food and drinks during the lunch break when there is no active construction.

OFFICE HOURS:

Monday through Friday, 9am to 5pm

BLUE RIDGE HABITAT FOR HUMANITY RESTORE

400 BATTAILLE DR WINCHESTER VA 22601 **PHONE**: 540-662-9704

WEBSITE: BLUERIDGEHABITAT.ORG



MISSION:

The Winchester ReStore is a home improvement outlet center that sells new and gently used goods donated by individuals, retail and building supply companies, and contractors.

SERVICE AREA:

Winchester and Frederick, Clarke, and Shenandoah counties.

ASSISTANCE/PROGRAMS OFFERED:

Items sold at ReStore are 50%-90% below retail and proceeds are used to further Blue Ridge Habitat for Humanity's mission to build safe, decent, and affordable homes for families in need.

ELIGIBILITY:

Open to the public.

VOLUNTEER NEEDS:

Volunteers are needed at the ReStore. Visit https://blueridgehabitat.org/volunteer/volunteer-interest-form.html.

HOURS:

Wednesday through Friday 10am – 4pm; Saturday 9am – 3pm

Closed: Sunday, Monday and Tuesday

BLUE RIDGE HOSPICE

333 W. CORK ST #405 WINCHESTER, VA 22601 PHONE: 540-313-9200 WEBSITE: BRHOSPICE.ORG



MISSION:

Brightening life's journey with quality and compassionate care for all whom we are privileged to serve.

SERVICE AREA:

City of Winchester, Clarke, Frederick, Shenandoah, Warren, and Western Loudoun counties.

ASSISTANCE/PROGRAMS OFFERED:

Providing hospice care in assisted-living facilities and inpatient care centers, and in the patient's home of choice.

ELIGIBILITY:

Any person diagnosed with a life-threatening or terminal illness; referrals may be made by physicians, clergy, healthcare professionals, friends, or family members.

VOLUNTEER NEEDS:

Tuck-In Program (make calls to patients and caregivers each week to ensure they have everything they need for the weekend), Thrift Shops (Berryville, Front Royal, Purcellville, Leesburg, Strasburg, Stephens City, and Winchester): assist with receiving, sorting, tagging, and displaying donated items as well as assisting customers; Patient/Family Support; Inpatient Care Center; Pet Therapy; Administrative Support; Community Event and Fundraising; Vigil – Eleventh Hour; Massage Therapy; and Pampering and Hairstylists

OFFICE HOURS:

Monday through Friday 8:30am to 4:30pm; on call 24 hours a day/7 days a week

BLUE RIDGE HOUSING NETWORK, INC.

134-A PEYTON STREET FRONT ROYAL, VIRGINIA 22630 PHONE: 540-622-2711

WEBSITE:

BLUERIDGEHOUSINGNETWORK.ORG



MISSION:

Working for safe, decent and affordable housing through community cooperation and to promote homeownership.

SERVICE AREA:

City of Winchester and Frederick, Clarke, Shenandoah, Page, Warren, and Fauquier counties

ASSISTANCE/PROGRAMS OFFERED:

Loss Mitigation/Foreclosure Prevention Counseling, HOMEownership, Downpayment Assistance Program, Pre-

Purchase Counseling, Homeownership Education Program, Tenant Base Rental Assistance (TBRA), Rural Development 502 Direct Loans

ELIGIBILITY:

Visit website for eligibility requirements or call 540-622-2711.

VOLUNTEER NEEDS:

OFFICE HOURS:

Monday through Thursday, 9am - 4:30pm

BLUE RIDGE LEGAL SERVICES

303 S. LOUDOUN ST. SUITE D

P.O. BOX 436

WINCHESTER, VA 22604 WEBSITE: BRLS.ORG

PHONE: 540-662-5021 **FAX**: 540-662-5038

TOLL-FREE: 800-678-5021 EMAIL: INFO@BRLS.ORG



MISSION:

A nonprofit charitable civil legal aid program providing free legal assistance in civil matters of critical importance to lowincome residents of the Shenandoah Valley

SERVICE AREA:

City of Winchester and Clarke, Frederick, Shenandoah, and Warren counties

ASSISTANCE/PROGRAMS OFFERED:

Provides free legal assistance in civil matters of critical importance to low-income households.

ELIGIBILITY:

Financial eligibility for services based primarily on the number of persons in the applicant's household, the household's income and resources, as well as the type of case involved. As a general rule, the household's income must be below 125 percent of the federal poverty guidelines.

VOLUNTEER NEEDS:

Office support and volunteer attorneys to handle Pro Bono programs.

OFFICE HOURS:

Monday through Friday 9am - 5pm

Application hours: Mondays and Wednesdays and Friday 9am to 2pm or online.

BLUE RIDGE OPPORTUNITIES

37 WATER ST, FRONT ROYAL, VA 22630

PHONE: 540-636-4960

WEBSITE: BROPPORTUNITIES.ORG



MISSION:

Blue Ridge Opportunities strives to build foundations on which individuals with disabilities can achieve success.

SERVICE AREA: Front Royal area

ASSISTANCE/PROGRAMS OFFERED: Blue Ridge Opportunities envisions creating components of success for individuals with integrity through client centered services, quality work and communication.

We believe that key components to success are Independence, Individuality, Courage, Confidence, Empowerment, Self-Worth, Dignity and Pride. These qualities are developed with a staff focused on Dedication, Teamwork, Compassion, Efficiency, Respect, Equality, Inclusion, Choices, Healthy Relationships and Advocacy.

ELIGIBILITY: Visit https://www.bropportunities.org/index.php/client-resources

BLUE RIDGE POISON CENTER

UVA HEALTH SYSTEMS BOX 800-774 CHARLOTTESVILLE, VA 22908 HOTLINE: 1-800-222-1222

WEBSITE: MED.VIRGINIA.EDU/BRPC



MISSION:

The Blue Ridge Poison Center (BRPC) is staffed by nurses and doctors specially trained to handle exposures to all sorts of poisons, including: medicines, plants, household products, industrial chemicals, snake bites, carbon monoxide, and more. Our experts are available by phone for immediate, confidential, and free treatment advice 24 hours a day, every single day. We also answer questions about poison safety, including questions about the safe use of prescription and over-the-counter medicines.

SERVICE AREA:

City of Winchester and Clarke, Frederick, Shenandoah, Page, and Warren counties

ASSISTANCE/PROGRAMS OFFERED:

The Blue Ridge Poison Center is a 24-hour, 7-days a week hotline for help with suspected poisonings.

Call 1-800-222-1222 right away if someone:

- Swallows something harmful.
- Touches or breathes something harmful.
- Overdoses on any substance.
- Is bitten or stung by a snake, spider, etc.
- Don't wait for the person to look or feel sick. Call even if you are not sure a poisoning happened.

Having trouble reaching us? Try our local line: 1-800-451-1428 any time, day or night.

We also take non-emergency calls about poisons and poison safety.

ELIGIBILITY:

Our help is confidential and FREE.

BLUE RIDGE WILDLIFE CENTER

106 ISLAND FARM LANE BOYCE, VA 22620

PHONE: 540-837-9000

EMAIL: INFO@BLUERIDGEWILDLIFECTR.ORG

WEBSITE: BLUERIDGE WILDLIFECTR. ORG



MISSION:

To care for native wildlife by integrating veterinary medicine, rehabilitation, education, and research.

SERVICE AREA:

Shenandoah Valley, Northern Virginia, Fredericksburg, Culpeper

ASSISTANCE/PROGRAMS OFFERED:

Full-service, wildlife teaching hospital that cares for injured, sick, or orphaned native wildlife and teaches the public how to be good stewards of the land around us.

Offers educational programs, Discovery Camp, Wildlife Walk

ELIGIBILITY:

VOLUNTEER NEEDS:

Animal Care, Education, Docent, Administration, Building and Grounds Maintenance, Transporting Wildlife

** Our policy does not allow for volunteers under the age of 18 to work with the wildlife patients.

OFFICE HOURS:

Every day, including weekends, 9am to 5pm

BOY SCOUTS OF AMERICA

SHENANDOAH AREA COUNCIL

107 YOUTH DEVELOPMENT COURT WINCHESTER, VA 22602

PHONE: 540-662-2551

EMAIL:

SHENANDOAHAREA.COUNCILBSA@SC OUTING.ORG

WEBSITE: SAC-BSA.ORG



MISSION:

To prepare young people to make ethical and moral choices over their lifetime by instilling in them the values of the Scout oath and Law.

SERVICE AREA:

City of Winchester and the counties of Frederick, Clarke, Warren, Page, Shenandoah, and Rappahannock, along with West Virginia counties of Morgan, Berkeley, and Jefferson

ASSISTANCE/PROGRAMS OFFERED:

Cub Scouts K-5th grade, boys and girls; Scouts BSA, 11-17 years old; Venturing, 14-21 years old; Order of the Arrow

VOLUNTEER NEEDS:

Check with council office or visit website to see offerings.

OFFICE HOURS:

Monday and Tuesday, 10am – 5pm appointment only; Wednesday and Friday 10am – 5pm; Thursday noon – 7pm; every 2nd Saturday of each month 10am – 2pm

BRAIN INJURY ASSOCIATION OF VIRGINIA

2810 N. PARHAM ROAD, SUITE 260 RICHMOND, VA 23294

FREE HELPLINE: 1-800-444-6443

WEBSITE: BIAV.NET



MISSION:

We advance education, awareness, support, treatment, and research to improve the quality of life for all people affected by brain injury.

SERVICE AREA:

Statewide

ASSISTANCE/PROGRAMS OFFERED:

We help individuals and families by offering free, confidential consultations to address personal challenges and referrals

for continued care. We help the community by conducting public awareness campaigns, educational events and trainings, and volunteer opportunities to give back. We help professionals by providing case consultations about client needs, advanced education, and networking through membership.

ELIGIBILITY:

Anyone with a brain injury, their families, and those who care for or about them. Community groups and professionals in need of training, information, or technical assistance on traumatic brain injury.

VOLUNTEER NEEDS:

Call for needs.

OFFICE HOURS:

Monday through Friday, 9am to 5pm

BRAIN INJURY CONNECTIONS OF THE SHENANDOAH VALLEY

JMU CAMPBELL BUILDING 755 MARTIN LUTHER KING JR. WAY HARRISONBURG VA 22801 PHONE: 540-536-8923 WEBSITE: BICSV.ORG



MISSION:

Enhancing the lives of individuals affected by brain injury through cultivating connections with information, services and resources.

SERVICE AREA:

Counties of Rockingham, Augusta, Page, Shenandoah, Bath, Highland, and Rockbridge and all the cities located within.

ASSISTANCE/PROGRAMS OFFERED:

Brain Injury Connections of the Shenandoah Valley provides community-based services for individuals affected by brain injury in the Shenandoah Valley. Services may include:

- Case Management
- Community Support Services (Life Skills Training)
- Behavior Support Facilitation
- Education, Outreach & Advocacy
- Professional & Case Consultation

ELIGIBILITY:

There is no cost to the individual for Case Management services. Anyone can refer an individual to our program; however, the individual must want services and enroll in the program. Please contact our office for more information at info@bicsv.org or call 540.568.8923.

VOLUNTEER NEEDS:

Office help and special events. Help persons with brain injury – to offer support, friendship, and mentorship. Support groups.

OFFICE HOURS:

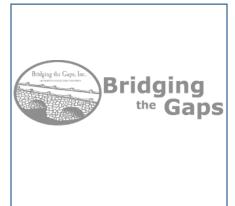
Monday through Friday, 9am to 4pm

BRIDGING THE GAPS

31 S. BRADDOCK STREET WINCHESTER, VA 22601

PHONE: 540-535-1111

WEBSITE: BRIDGINGTHEGAPS.COM



MISSION:

Devoted to optimizing recovery from the grasp of addiction through exceptional quality of care using integrated best practices. There is no status quo in our approach; our programs, facilities, and processes continuously evolve and improve to deliver the best care and quantified outcomes that we can provide.

SERVICE AREA:

Open to all. Accredited through the Commission on Accreditation for Rehabilitation Facilities, licensed through the Virginia Department of Behavioral Health &

Developmental Services, and certified by the American Society of Addiction Medicine for the 3.1 level of residential services.

ASSISTANCE/PROGRAMS OFFERED:

Residential and day treatment, intensive outpatient services, and continuing care services.

ELIGIBILITY:

Must be 18 years of age.

VOLUNTEER NEEDS:

Call main office 9am - 5pm

OFFICE HOURS:

24/7 phone service

BRIGHT FUTURES - FREDERICK/WINCHESTER

178 INDIAN HALLOW ROAD WINCHESTER, VA 22603

PHONE: 540-667-2490

WEBSITE:

BRIGHTFUTURESFREDERICKCOUNTY.ORG COORDINATOR: NANCY MANGO

EMAIL: MANGON@FCPSK12.NET



MISSION:

Together committing all that we are to enrich the life of a child.

SERVICE AREA:

Frederick County and City of Winchester

ASSISTANCE/PROGRAMS OFFERED:

Bright Futures—Frederick/Winchester is a non-profit organization that helps schools connect student needs with resources that already exist in the community. The Bright Futures framework brings together businesses, human service agencies, faith-based organizations, and parent groups and partners them with schools in a way that helps them quickly and efficiently meet the needs of students and schools. Major initiatives include the Food Pack Program, Basic Needs (hygiene products, school supplies, shoes, clothing, teacher and classroom need), Service Learning, Positive Role Models.

ELIGIBILITY:

Students that attend Frederick County Public Schools or Winchester City Schools.

VOLUNTEER NEEDS:

Volunteers are needed to help food packs, provide support in the area of sorting donations, preparing student needs for distribution, and support various special events and fundraisers.

OFFICE HOURS: Monday - Friday 8am - 4:30pm (office hours may vary based on weather and or school closings)

CARS CHANGING LIVES

MINISTRY OF AUTO CARE CLINIC 6768 WINCHESTER RD FRONT ROYAL, VA 22630

WEBSITE: CARSCHANGINGLIVES.COM



MISSION: The Mission of Cars Changing Lives, is to provide a person in need, who is already working with a non-profit or church, but lacks transportation, with a free, safe, reliable vehicle to get to work, school, medical appointments, etc. which will greatly improve their life. "Changing a life, one car at a time!"

SERVICE AREA: Warren, Clarke, Frederick, Shenandoah, and City of Winchester.

ELIGIBILITY: Must be referred by and working with a Case Manager of local Non-Profit, or Pastor of local church; must

not own a vehicle, must be 21 years old and up; must have the financial stability to pay for car insurance, tags, title, tax and maintenance of a vehicle; must be in need of a vehicle to get to school, work, medical appointments, etc., which will greatly improve their life.

NEEDS: Our greatest need is we need more cars to be donated to our ministry. We have a long waiting list and a very small supply of vehicles. Most vehicles donated to us have to be scrapped due to their condition. Older vehicles make the best vehicle as they save the candidates money when paying for taxes and insurance.

VOLUNTEER NEEDS: Volunteers needed to handle emails and maintain a list of candidates eligible for vehicles.

OFFICE HOURS: By appointment only - email carschangingliveswarrencounty@gmail.com for appointment

FOUNDED: November, 2019

CATHOLIC CHARITIES

DIOCESE OF ARLINGTON

MAIN OFFICE

200 N. GLEBE ROAD, SUITE 506

ARLINGTON, VA 22203 PHONE: 703-841-3830 WEBSITE: CCDA.NET

LOCAL OFFICE

113 EXECUTIVE DR., BUILDING #2,

SUITE 110

STERLING, VA 20166 **PHONE**: 703-443-2481

EMAIL: EA-LRO@CCDA.NET



MISSION:

Catholic Charities strengthens individuals, families, and communities based on Catholic principles.

SERVICE AREA:

The Loudoun Regional Office Emergency Assistance serves City of Winchester the counties of Frederick, Rappahannock, Fauquier, Culpeper, Madison, Orange, Clarke, Loudoun, Warren, Shenandoah, and Page counties.

ASSISTANCE/PROGRAMS OFFERED:

Limited financial assistance for rent and utilities is by email appointment only, Monday through Thursday 9:30 am to 2:30 pm. We do not accept walk-ins. To request assistance send an email to EA-LRO@ccda.net. Other services provided by the Diocese include food, citizenship, legal services, counseling and pregnancy and adoption.

ELIGIBILITY:

Eligibility guidelines are posted on our website at https://www.ccda.net/need-help/rent,-utility-assistance,-and-basic-household-needs/

VOLUNTEER NEEDS:

A variety of volunteer opportunities are available. Visit our website at ccda.net and click on the VOLUNTEER button at the top.

OFFICE HOURS:

Monday through Thursday, 9:30am to 2:30pm, by appointment only

C-CCAP FRONT ROYAL

316 N. ROYAL AVE FRONT ROYAL VA 22630 PHONE: 540-636-2448 WEBSITE: OURCCAP.ORG



MISSION:

To provide "safety net" services for those in our community who need food, clothing, limited financial assistance and help with finding other social services in warren County. Our goal is to help our clients become "self-sufficient" as soon as possible.

SERVICE AREA:

Warren County, Front Royal

ASSISTANCE/PROGRAMS OFFERED:

C-CAP provides fresh foods as well as long shelf life canned goods and related food products. We are often able to provide fresh and frozen meats donated by local groceries and farmers. We also have a wide variety of high-quality clothes for adults and children for each season. We can often provide bedding and quilts donated by local individuals and organization.

ELIGIBILITY:

Warren County residents

VOLUNTEER NEEDS:

Directly with clients regarding client records, assist clients with their selection of clothing items and food choices, food teams, pick up and deliver food from retail stores to C-CAP storage sites and help with shelving, reporting and managing inventory, report management data to the food bank, create internal management reports and financial data.

OFFICE HOURS:

Monday, 9am - noon; Wednesday, 9am - noon

C-CAP WINCHESTER

112 SOUTH KENT STREET WINCHESTER, VA 22601

WEBSITE: CCAPWINCHESTER.ORG

PHONE: 540-662-4318

FAX: 540-662-8109

EMAIL:

EXECUTIVEDIRECTOR@CCAPWINCHESTE

R.COM



MISSION:

To provide assistance to those who are unable to meet their needs and responsibilities; a cooperative ministry of churches, civic organizations, religious communities, and individuals in Winchester/Frederick County.

SERVICE AREA:

City of Winchester and Frederick County.

ASSISTANCE/PROGRAMS OFFERED:

Provision of financial and supportive assistance to needy individuals and families. Food, clothing, prescriptions, assistance with rent, utilities, vehicle expenses, and work boots and other items necessary for employment.

ELIGIBILITY:

Persons in need of assistance. For financial assistance, client must meet with interviewers to determine the extent of financial opportunities.

VOLUNTEER NEEDS:

Persons to sort and distribute clothing, work in the baby/toddler room, stock pantry shelves, help clients load groceries, drive the van, work in the receiving department, work in the reception area, interview clients, and much more. This is an all-volunteer organization.

OFFICE HOURS:

Monday through Thursday 10:00am to 1:00pm; Friday 10:00am to 12:00pm.

CDI HEAD START

COMMUNITY DEVELOPMENT INTITUTE & TRI-COUNTY OIC

444 SHADY ELM ROAD WINCHESTER, VA 22602

WEBSITE: WWW.CDIHEADSTART.ORG

PHONE: 540-869-1558 **FAX**: 540-869-5583

EMAIL: STRIPLETT@CDIHSFCCVA.ORG

CLARKE COUNTY CENTER: 540-955-

4575

WINCHESTER CENTER: 540-450-7782 SENSENY ROAD CENTER: 540-535-

1092



MISSION:

To positively impact children and families by providing access to resources to maximize opportunities in the community. To support children's overall development, helping them to thrive and reach full potential by promoting health, safety, and well-being by maintaining strong community partnerships.

SERVICE AREA:

City of Winchester and Clarke and Frederick counties; Serving 162 preschool children in a comprehensive preschool environment.

ASSISTANCE/PROGRAMS OFFERED:

Parent training and other services available.

ELIGIBILITY:

Based upon poverty income guidelines

VOLUNTEER NEEDS:

Volunteers are needed to assist in daily classroom projects and to provide other classroom assistance.

OFFICE HOURS:

Monday through Friday 8 am to 4 pm

CENTRALIZED HOUSING INTAKE

WEBSITE: CONTINUUMOFCARE513.COM

INTAKE: 540-271-1701

EMAIL: HRCINTAKE@GMAIL.COM



MISSION:

Centralized Housing Intake is the centralized entry point to the homeless services for households who are homeless or at risk of homelessness in the City of Harrisonburg, City of Winchester. Counties of Rockingham, Clark, Frederick, Shenandoah, Warren, and Page

SERVICE AREA:

Serving the counties of Page, Clarke, Warren, Shenandoah, Frederick and Rockingham. The Cities of Harrisonburg and Winchester VA.

ASSISTANCE/PROGRAMS OFFERED:

Shelter Programs, Rapid-Rehousing, Case Conferencing with Built-for-Zero, Homeless Prevention, HOPWA, Permanent Supportive Housing, Street Outreach, TBRA, and Centralized Housing Intake

- Harrisonburg Office 305 N. High Street, Harrisonburg, VA 22802 540-271-1701
- Woodstock Office 109 N. Main Street, Woodstock, VA 22664 540-459-3212
- AIDS Response Effort 124 W. Piccadilly Street, Winchester, VA 22601 walk-in clinic Tuesday and Thursday, 10am – noon and 1pm-3pm

ELIGIBILITY:

The hotline is staffed with Housing Counselors who can help callers look at various option and (when available) refer them to available housing programs. During the initial phone call, the Counselor will ask question that will help determine the caller's eligibility for services with local agencies where they might find help for their particular situation. Information Collection: the caller will be asked for consent for each household member to be entered into our database.

CFW FOSTER FAMILIES

CLARK-FREDERICK-WINCHESTER

107 N. KENT STREET 3RD FLOOR WINCHESTER, VA 22601

WEBSITE: CFWFOSTERCARE.COM

CONTACT: KATIE LO MONACO PHONE: 540-665-5688 EXT. 185



MISSION:

CFW Foster Families provide a competency-based program to all prospective/approved foster, adoptive, and resource families.

SERVICE AREA:

Clarke, Frederick, and Winchester

ASSISTANCE/PROGRAMS OFFERED:

Foster, Adopt, Kinship, and Resources

ELIGIBILITY:

We welcome all qualified applicants and do not discriminate on the basis of race, color, sex, national origin, age, religion, political beliefs, sexual orientation, disability or family status.

VOLUNTEER NEEDS:

Explore your foster care option with Foster Families of Clarke, Frederick, and Winchester (CFW)

OFFICE HOURS:

Monday through Friday, 9am - 4:30pm

CHILDSAFE CENTER

CHILD ADVOCACY CENTER

411 N. CAMERON ST., SUITE 301 WINCHESTER, VA 22601

WEBSITE: CHILDSAFECENTER.COM

PHONE: 540-665-4426

EMAIL: KELLY@CHILDSAFECAC.COM



MISSION:

To promote a child-focused approach to the investigation, prosecution, and treatment of child abuse by providing a safe, child-friendly facility, a multidisciplinary team response to abuse allegations, and professional support, education and advocacy.

SERVICE AREA:

For children served by the Winchester team and the Shenandoah team –community education.

ASSISTANCE/PROGRAMS OFFERED:

Case management, forensic interviews, trauma focused therapy for children, supportive therapy for non-offending caretakers, community education. For children in other jurisdictions, including Warren, Shenandoah, Frederick, Fauquier, Rappahannock, and Clarke Countries – courtesy forensic interviews, expert testimony, limited therapy,

ELIGIBILITY:

Referrals to the CAC are made through Child Protective Services, Law Enforcement, Prosecutors, or court

VOLUNTEER NEEDS:

Clerical Support, Special Events, Therapy Buddy Program

OFFICE HOURS:

9am - 5pm, Monday through Friday

CHOICES, COUNCIL ON DOMESTIC VIOLENCE FOR PAGE CO.

SHELTER ADDRESS: 216 W MAIN

STREET, LURAY, VA 22835.

NON-SHELTER ADDRESS: 230 W MAIN

STREET, LURAY, VA 22835

WEBSITE: CHOICESOFPAGECOUNTY.ORG

HELPLINE: 540-743-4414

FAX: 540-843-3251

EMAIL:

VANESSA@CHOICESOFPAGECOUNTY.ORG



MISSION:

To prevent both domestic and sexual violence through public awareness and education and to serve as a resource and safe haven to those affected.

SERVICE AREA:

Page County including towns of Luray, Stanley, and Shenandoah. Also support imminent danger cases outside of Page County, VA.

ASSISTANCE/PROGRAMS OFFERED:

Provides a 24-hour hotline, education, crisis intervention, and safety to victims of domestic and sexual violence. Also support prevention and community outreach programs.

ELIGIBILITY:

Victims of domestic and sexual violence and families, no age limits. Children must be with a parent or guardian.

VOLUNTEER NEEDS:

Drivers, community event organizers, covering evening hours in the shelter

OFFICE HOURS:

8am to 5pm, Monday through Friday Hotline is 24 hours a day

CLARKE COUNTY PARKS & RECREATION DEPARTMENT

225 AL SMITH CIRCLE BERRYVILLE, VA 22611

WEBSITE: CLARKECOUNTY.GOV/PARKS

PHONE: 540-955-5140

EMAIL: CCPR@CLARKECOUNTY.GOV



MISSION:

To provide quality, wholesome, recreational opportunities for all citizens.

SERVICE AREA:

Clarke County

ASSISTANCE/PROGRAMS OFFERED:

Clarke County Parks & Recreation manages county-owned Chet Hobert Park, a 102-acre property west of Berryville. The park includes an outdoor swimming pool, 6 lighted outdoor tennis courts, 6 baseball-softball fields, 5 picnic shelters, 2 playgrounds, a 2-mile fitness trail, a dog park, and 13 soccer fields of various sizes. The Clarke County Recreation Center has exercise equipment, a gymnasium, meeting rooms, and kitchen. One room serves as the Clarke County Senior Center, offering programming and lunch for seniors four days each week.

OFFICE HOURS:

9am – 5pm, Monday through Friday

COMMUNITY PRENATAL ACCESS

301 N. CAMERON ST, SUITE 202 WINCHESTER, VA 22601			PHONE: 540-536-1630 WEBSITE: CONCERNHOTLINE.ORG
		e acc	cess to prenatal care for low income gible women.
SERVICE		AREA	λ:
	City of Wind		ster and Frederick and Clarke counties.
	ASSISTANCE/PROGRAMS OFFERED:		

Provides assistance accessing care including referrals, transportation, interpretation, and bill

ELIGIBILITY:

reconciliation.

Any

OFFICE HOURS:

Monday through Friday, 8:30am to 4:30pm

COMMUNITY VETERANS ENGAGEMENT BOARD

1460 UNIVERSITY DRIVE WINCHESTER, VA 22601 WEBSITE: NSVCVEB.ORG

FACEBOOK: FACEBOOK.COM/NSVCVEB EMAIL: CONTACT@NSVCVEB.ORG



MISSION:

The Northern Shenandoah Valley Community Veterans Engagement Board (CVEB) brings together local resources and capabilities to improve outcomes for Veterans, transitioning service members, and those who support them.

SERVICE AREA:

City of Winchester, Frederick, Clarke, and Shenandoah Counties.

ASSISTANCE/PROGRAMS OFFERED:

Community education and veteran referrals for veterans

ELIGIBILITY:

Veterans, Active Duty, Reserves, National Guard and their families, stakeholders, resource advocates

VOLUNTEER NEEDS:

Board members, events committee members, outreach committee, board officers (by vote)

COMPASSION CUPBOARD

533 BURGESS STREET STRASBURG, VA 22657 **PHONE**: 540-465-9476

WEBSITE: COMPASSION-CUPBOARD-

INC.BUSINESS.SITE



MISSION:

Compassion Cupboard offers canned foods, boxed foods, frozen meats, seasonal fresh produce, breads and pastries. Often cleaning products, personal care items, and baby supplies are available. Some items will differ every month.

SERVICE AREA:

Strasburg

ASSISTANCE/PROGRAMS OFFERED:

Compassion Cupboard offers canned foods, boxed foods, frozen meats, seasonal fresh produce, breads and pastries. Often cleaning products, personal care items, and baby supplies are available. Some items will differ every month.

ELIGIBILITY:

Referral from Blue Ridge Area Food Bank

VOLUNTEER NEEDS:

Distribution, pre-pack foods

OFFICE HOURS:

Third Tuesday of every month, 9am to noon; 1pm to 3pm.

CONCERN HOTLINE, INC.

301 N. CAMERON ST., SUITE 201 WINCHESTER, VA 22601

WEBSITE: CONCERNHOTLINE.ORG

PHONE: 540-536-1630

EMAIL: INFO@CONVERNHOTLINE.ORG



MISSION:

To comfort, calm, and inform people in crisis by providing compassionate listening, crisis intervention, suicide prevention and information, and referral via toll-free 24/7/telephone hotlines.

SERVICE AREA:

City of Winchester, and counties of Frederick, Clarke, Warren, Page, and Shenandoah.

ASSISTANCE/PROGRAMS OFFERED:

Provides a hotline for community members

- Hotline number for Winchester/Frederick/Clarke is 540-667-0145
- Hotline number for Warren County is 540-635-4357
- Hotline number for Page County is 540-743-3733
- Hotline number for Shenandoah County is 540-459-4742

ELIGIBILITY:

Community members who are in a mental health crisis, and/or persons seeking information and referral

VOLUNTEER NEEDS:

Compassionate and caring volunteers who are willing to be trained to be active listeners. See website for additional criteria.

OFFICE HOURS:

Monday through Friday 9am to 4pm (by appointment only)

COUNCIL ON ALCOHOLISM LORD FAIRFAX HOUSE

512 S BRADDOCK ST WINCHESTER, VA 22601

WEBSITE: LORDFAIRFAXHOUSE.COM

PHONE: 540-773-1566 **FAX**: 540-773-1567

EMAIL:

CALFC.DIRECTOR@LORDFAIRFAXHOUSE.COM



MISSION:

To help our clients learn to live in society without drugs or alcohol through a systematic approach

SERVICE AREA:

City of Winchester and Frederick, Clarke, and Warren counties

ASSISTANCE/PROGRAMS OFFERED:

Services include a sober living environment and/or meals, aftercare planning, in house group, discussion, referral to community resources, guidance in practical life skills, Alcoholics Anonymous, Narcotics Anonymous

ELIGIBILITY:

The Lord Fairfax House offers services to chemically dependent adults. There is an interview process prior to acceptance. Those accepted into the program will complete a service plan that describes the program expectations and participants responsibilities. Participants must be chemical free and detoxed at the time of admission. Alcohol and other mind-altering drugs are forbidden in the house or grounds.

OFFICE HOURS:

Monday through Friday 8am to 4pm

DEAF AND HARD OF HEARING SERVICES CENTER, INC.

324 HOPE DRIVE WINCHESTER, VA 22601

WEBSITE: DEAFHH.ORG

VOICE/VIDEOPHONE: 540-931-9124

EMAIL:DDAY@ACCESSINDEPENDENCE.ORG



MISSION:

To promote accessible communication so that persons who are deaf and hard of hearing may fully participate in programs, services, and opportunities throughout the Commonwealth.

SERVICE AREA:

Statewide but the Winchester office, located at Access Independence, 324 Hope Drive, serves Winchester and counties of Clarke, Warren, Shenandoah, and Page. Donna Day runs the Technology Assistance Program which provides doorbell flashers and captioned telephones for

those who can't afford them. Call 540-931- 9124 (videophone) or 540-662-4474 (fax) or email dday@accessindependence.org

ASSISTANCE/PROGRAMS OFFERED:

Services include coping with hearing loss, hearing aid resources, hearing loss prevention, emergency preparedness, increasing sign language skills, and cochlear impact information.

ELIGIBILITY:

Based on financial guidelines

OFFICE HOURS:

Access Independence Inc - Monday through Friday 8:30am to 4:30pm

DEMENTIA MATTERS

P.O. BOX C WHITE POST, VA 22663 PHONE: 703-628-7723

EMAIL: SVANTINE@DEMENTIAMATTERS.ORG **WEBSITE**: DEMENTIAMATTERSUSA.ORG



MISSION:

Empowering the Caregiver and Carepartner with awareness, knowledge, skills, techniques, strategies and resources for better ways to care for someone living with dementia.

SERVICE AREA:

Shenandoah Valley, West Virginia panhandle

ASSISTANCE/PROGRAMS OFFERED:

Dementia training and support

ELIGIBILITY:

All are welcome.

VOLUNTEER NEEDS:

Events, support group speakers

OFFICE HOURS:

Monday through Sunday, 9am to 7pm

DENTAL CLINIC OF THE NORTHERN SHENANDOAH VALLEY

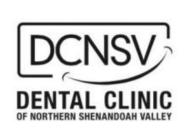
301 N. CAMERON STREET, SUITE 200 WINCHESTER, VA 22601

WEBSITE: DENTALCLINICNSV.ORG

PHONE: 540-536-1684

EMAIL:

DENTALCLINIC@DENTALCLINICNSV.ORG



MISSION:

The Dental Clinic of Northern Shenandoah Valley, Inc. provides basic dental services for children enrolled in Medicaid, FAMIS, FAMIS Plus, The Smiles for Children program as well as qualifying uninsured adults in need of dental services in the community

SERVICE AREA:

City of Winchester and Frederick and Clarke counties.

ASSISTANCE/PROGRAMS OFFERED:

Children's services include preventive and restorative dentistry, and extractions. Adult services include an acute pain relief clinic and limited restorative and limited preventive dentistry

ELIGIBILITY:

Persons who fall in the 200 percent federal poverty guidelines and below and/or Medicaid insured.

VOLUNTEER NEEDS:

Dentists and hygienists needed.

OFFICE HOURS:

Monday 8:30am - 5pm, Tuesday 2pm to 5pm, closed Wednesdays, Thursday 2pm to 5pm, Friday 8:30am to 5pm, closed weekends

DEPARTMENT OF SOCIAL SERVICES CLARKE COUNTY

311 E. MAIN STREET BERRYVILLE, VA 22611

PHONE: 540-955-3700 **FAX**: 540-955-3958

WEBSITE:

CLARKECOUNTY.GOV/GOVERNMENT/SO CIAL-SERVICES



MISSION:

To promote the well-being of citizens through the delivery of essential services and benefits to ensure families are strengthened, and individuals achieve the highest level of self-sufficiency.

SERVICE AREA:

Clarke County

ASSISTANCE/PROGRAMS OFFERED:

CCDSS administers Child Protective Services, In-Home and Prevention Services, Foster Care, Fostering Futures, and Adoption for families and children. CCDSS also provides Adult Protect Services and Adult Services for the elderly and disabled. In addition to services programs, Clarke County Department of Social Services administers benefit programs such as the Supplemental Nutrition Assistance Program (SNAP, formerly known as food stamps), Medicaid, Temporary Assistance for Needy Families (TANF), Child Care Subsidy, Employment Assistance, and Energy Assistance programs.

ELIGIBILITY:

Based upon determined need and eligibility

VOLUNTEER NEEDS:

Volunteers needed to work with adults and children in countywide programs. Volunteers also needed to assist with receptionist duties.

OFFICE HOURS:

Monday through Friday, 8:30am to 4:30pm

DEPARTMENT OF SOCIAL SERVICES FREDERICK COUNTY

107 N. KENT ST.,3RD FLOOR WINCHESTER, VA 22601 **WEBSITE**: FCVA.US

EMAIL: MYCASE@FCVA.US

PHONE: 540-665-5688

FAX: 540-665-5664 FOR BENEFITS

DEPT.

FAX: 540-5352146 FOR SERVICES

DEPT.



MISSION:

Our mission is to deliver client centered, quality human services that help the citizens of Frederick County achieve safety, independence, and overall well-being.

SERVICE AREA:

Frederick County

ASSISTANCE/PROGRAMS OFFERED:

Supplemental Nutrition Assistance Program (SNAP-formerly known as the Food Stamp program), Medicaid (applications only), Temporary Assistance for Needy Families (TANF), daycare, energy assistance, foster care, family services, child protective services, adult protective services, companion services, and adoption

ELIGIBILITY:

Depends on program required

OFFICE HOURS:

Monday through Friday, 8:30am to 4:30pm

DEPARTMENT OF SOCIAL SERVICES PAGE COUNTY

215 W. MAIN STREET STANLEY, VA 22851

WEBSITE:

PAGECOUNTY.VIRGINIA.GOV/190/SOCIAL-SERVICES

PHONE: 540-778-1053 FAX: 540-778-1421



MISSION:

Our goal is to promote the well-being of our citizens through the delivery of essential services and benefits to ensure families are strengthened, and individuals achieve their highest level of self-sufficiency.

SERVICE AREA:

Page County

ASSISTANCE/PROGRAMS OFFERED:

Childcare assistance, energy assistance, Medicaid, SNAP/EBT and TANF (temporary assistance for needy families). The Service Programs provide the following: adoption services/adoption subsidy, adult protective services/adult services, child protective services (CPS) and foster care/foster care prevention.

ELIGIBILITY:

Varies, depending on the program

OFFICE HOURS:

8:30am – 5pm, Monday through Friday

DEPARTMENT OF SOCIAL SERVICES SHENANDOAH COUNTY

494 N. MAIN STREET #200 WOODSTOCK, VA 22664 PHONE: 540-459-6226

WEBSITE:

SHENANDOAHCOUNTYVA.US/SOCIAL-

SERVICES

SHENANDOAH COUNTY

MISSION:

We provide a variety of public assistance and social service programs to residents of Shenandoah County.

SERVICE AREA:

Residents of Shenandoah County

ASSISTANCE/PROGRAMS OFFERED:

Service Programs do not require financial eligibility with the exception of Day Care services. The services we provide are mostly protective in nature and include child protective services, adult protective services and foster care. We also provide adoption studies and court mandated studies concerning the placement of children.

ELIGIBILITY:

The Benefit programs require eligibility based upon the income and resources of the family.

OFFICE HOURS:

8am – 4pm, Monday and Wednesday through Friday; 8am – 6pm Tuesday

DEPARTMENT OF SOCIAL SERVICES WARREN COUNTY

465 W. 15TH STREET, SUITE 100 FRONT ROYAL, VA 22630

WEBSITE:

WARRENCOUNTYVA.NET/GOVERNMENT/EXTER NAL-OFFICES/SOCIALSERVICES

CPS HOTLINE: 800-552-7096

PHONE: 540-635-3430 **FAX**: 540-635-8451



MISSION:

Everything we do is designed to inspire positive change and empower the residents of Warren County to thrive, build resilience and promote wellbeing within our community.

SERVICE AREA:

Warren County

ASSISTANCE/PROGRAMS OFFERED:

Child protective services, adult protective services, adoption, foster care. Benefits which require eligibility include Medicaid, childcare assistance, energy assistance, SNAP, and TANF.

ELIGIBILITY:

As prescribed by law.

OFFICE HOURS:

9am to 5pm, Monday through Friday

DEPARTMENT OF SOCIAL SERVICES WINCHESTER CITY

24 BAKER ST WINCHESTER, VA 22601 **WEBSITE**: WINCHESTERVA.GOV/DSS

PHONE: 540-662-3807



MISSION:

People helping people triumph over poverty, abuse and neglect to shape strong futures for themselves, their families and communities.

SERVICE AREA:

Residents of the City of Winchester

ASSISTANCE/PROGRAMS OFFERED:

Provides assistance with Federal, State, and Local programs such as Child and Adult Protective Services, Foster Care, Adoption, SNAP/Medicaid/TANF/Energy Assistance and other benefits.

ELIGIBILITY:

Determined by program guidelines

OFFICE HOURS:

8:30am – 4:30pm, Monday through Friday

DIABETES MANAGEMENT PROGRAM VALLEY HEALTH

1840 AMHERST ST. WINCHESTER, VA 22601 PHONE: 540-536-5108

WEBSITE: VALLEYHEALTHLINK.COM/OUR-SERVICES/DIABETES-MANAGEMENT



MISSION:

The Valley Health Diabetes Management Program serves the regional community by educating and supporting individuals with or at-risk for diabetes and their family members.

SERVICE AREA:

Winchester, Romney WV, Luray, Front Royal, Woodstock, Berkeley Springs WV

ASSISTANCE/PROGRAMS OFFERED:

Monthly educational and support meetings

- Winchester Medical Center Winchester VA 540-536-5108
- Hampshire Memorial Hospital Romney WV 304-822-2198
- Page Memorial Hospital Luray VA 540-843-4523
- Warren Memorial Hospital Front Royal VA 540-636-0314
- Shenandoah Memorial Hospital Woodstock 540-459-1252
- War Memorial Hospital Berkeley Springs WV 304-258-6519

ELIGIBILITY:

Individuals diagnosed with Diabetes or Gestational Diabetes and who have obtained a physician referral to the Diabetes Self-Management Program. (Recognized by the American Diabetes Association). A Pre-Diabetes education program is also available and open to the public.

DISABILITY LAW CENTER OF VIRGINIA

1512 WILLOW LAWN DRIVE, SUITE 100

RICHMOND, VA 23230 WEBSITE: DLCV.ORG

PHONE: 800-552-3962 **FAX**: 804-662-7431

EMAIL: INFO@DLCV.ORG



MISSION:

The disAbility Law Center of Virginia's mission is to advance independence, choice and self-determination; protect legal, human and civil rights, and eliminate abuse, neglect and discrimination of people with disabilities through zealous and uncompromising legal advocacy and representation.

SERVICE AREA:

The Commonwealth of Virginia

ASSISTANCE/PROGRAMS OFFERED:

The disAbility Law Center of Virginia ("dLCV") advocates for and protects the legal rights of persons with disabilities through education, training, promotion of self-advocacy skills for people with disabilities, and through information and referral services. Provides direct advocacy services in particular cases that fall within the Strategic Goals and Focus Areas. Due to limited resources, it is not possible for dLCV to provide legal services or direct representation to everyone who calls for assistance. The center also refers clients to other agencies or resources when appropriate.

ELIGIBILITY:

Individuals with disabilities

VOLUNTEER NEEDS:

Fundraising/grant writing, helping with events, and administrative support.

OFFICE HOURS:

Monday, Wednesday, Friday 8:30am to 4pm

DISABLED AMERICAN VETERANS

VA REGIONAL OFFICE 210 FRANKLIN ROAD ROANOKE, VA 24011

PHONE: 877-426-2838 WEBSITE: DAV.ORG



MISSION:

Veterans serving veterans because no one should go it alone. The Disabled American Veterans is dedicated to one single purpose: building better lives for all of our nation's disabled veterans and their families.

SERVICE AREA:

VA Regional Office – 210 Franklin Rd. Roanoke, VA 24011 540-597-1731

ASSISTANCE/PROGRAMS OFFERED:

Provides free, professional assistance to veterans of all generations in obtaining VA and other government benefits earned through service. Provides transportation to veterans who need help getting to and from medical appointments. DAV is also a leader in connecting veterans with meaningful employment, hosting job fairs, and providing resources to ensure they have the opportunity to participate in the American dream their sacrifices have made possible.

ELIGIBILITY:

Veterans of the U.S. military

VOLUNTEER NEEDS:

DAV offers a wide range of opportunities to assist our nation's heroes. Volunteer to transport veterans to and from their VA medical appointments, help at a VA facility or assist veterans in your local community.

No matter who you are, or what your level of experience, you can stand by our nation's veterans.

DIVISION OF CHILD SUPPORT ENFORCEMENT

629 CEDAR CREEK GRADE, SUITE A WINCHESTER, VA 22601

PHONE: 800-468-8894 FAX: 540-722-7528

WEBSITE:

DSS.VIRGINIA.GOV/FAMILY/DCSE



MISSION:

The Division of Child Support Enforcement (DCSE) is committed to helping parents support their children by focusing on more than just money. DCSE offers free family engagement services focusing on access and visitation, responsible parenting, employment assistance, and prisoner reentry.

SERVICE AREA:

Serving Clarke, Frederick, Loudoun, and Warren counties and the City of Winchester as well as other areas.

ASSISTANCE/PROGRAMS OFFERED:

Locates absent parents, establishes paternity, enforces support orders, supports co-parenting, and refers parents to other agencies for help in resolving problems.

ELIGIBILITY:

Custodial and non-custodial parents

OFFICE HOURS:

Monday through Friday, 8:15am to 5pm

DR. TERRY SINCLAIR HEALTH CLINIC

301 N. CAMERON STREET, SUITE 100 WINCHESTER, VA 22601

PHONE: 540-536-1680

WEBSITE:

SINCLAIRHEALTHCLINIC.ORG



MISSION:

To provide comprehensive primary care and pharmacy services to people who are uninsured or underinsured while creating connections and removing barriers to promote the overall wellbeing of our patients.

SERVICE AREA:

People who live in Virginia, particularly residents of Winchester and Clarke and Frederick Counties.

ASSISTANCE/PROGRAMS OFFERED:

Sinclair Health offers integrative primary care, mental health services, and a full-service discount pharmacy. Sinclair Health treats most acute and chronic diseases, offers preventative care to keep people well, provides reproductive health care services including a variety of birth control options, provides prenatal care, connects patients to resources to address non-clinical factors that impact health; and helps patients meet their lifestyle goals.

ELIGIBILITY:

Medical services are open to people without insurance or who are insured only through Medicaid.

VOLUNTEER NEEDS:

Sinclair Health Clinic has a variety of long-term volunteer opportunities, including those for VA licensed medical professionals, e.g. medical providers, pharmacists, and pharmacy technicians. Sinclair Health also seeks medical assistants, CNAs, and non-clinical volunteers willing to provide administrative support and act as community engagement specialists who enroll people as patients and perform case management services. Spanish-English fluency is extremely helpful.

OFFICE HOURS:

Medical Clinic: Monday-Friday 9am-5pm Extended hours until 7:30pm Tuesdays

Pharmacy: Monday: 8:30-4pm Tuesday: 8:30-7pm Wednesday: 8:30-4pm Thursday: 8:30-4pm

Friday: 8:30am-1pm

EDGEHILL, A RECOVERY RETREAT CENTER

315 EAST CORK STREET WINCHESTER, VA 22601

WEBSITE: EDGEHILLRECOVERY.ORG

PHONE: 540-662-8865 FAX: 540-545-7975



MISSION:

At Edgehill Recovery Retreat Center, we believe chemical dependency is a progressive disease affecting a person's mind, body, and spirit.

We believe in a total wellness concept which encompasses not only a person's chemical dependency needs but also educational, social, mental, physical, and spiritual needs as well.

We believe that the primary goal for individuals harmfully involved with chemicals is the establishment of a totally abstinent lifestyle.

We believe that chemical dependency is a family illness and emphasis is placed on establishing a family system that is conducive to abstinence and health for all its members.

We believe each client and family possess a unique combination of strengths and weaknesses. Therefore, the most effective recovery approach is individualized. Their recovery is based upon intensive daily meetings, groups, lectures and 12-Step meetings that result in the utilization of the client's strengths to work toward the goal of abstinence!

SERVICE AREA:

Serving all states.

ASSISTANCE/PROGRAMS OFFERED:

Services include a residential program in which clients work toward abstinence, intensive daily meetings, group lectures, and the 12-step program.

ELIGIBILITY:

Must be 18 years or older

VOLUNTEER NEEDS:

Volunteers must be in recovery from substance abuse or alcoholism.

F.R.E.E. FOUNDATION

FOUNDATION FOR REHABILITION EQUIPMENT & ENDOWMENT

333 W. CORK STREET, SUITE 40 WINCHESTER, VA 22601

WEBSITE: FREE-FOUNDATION.ORG

PHONE: 540-664-7552 **FAX**: 303-593-3510

EMAIL: NSV@FREE-FOUNDATION.ORG



MISSION:

Helping adults achieve independence through mobility. To acquire and provide mobility related rehabilitation equipment to maximize functional independence and improve quality of life.

SERVICE AREA:

Winchester City and the counties of Frederick, Clarke, Warren, Shenandoah, and Page are included in the Northern Shenandoah Valley District.

ASSISTANCE/PROGRAMS OFFERED:

Walkers, canes, crutches, toilet aids, wheelchairs, Hoyer Lifts and other medical equipment is provided free to eligible individuals.

ELIGIBILITY:

Equipment is free to persons who have no other means of obtaining the equipment.

VOLUNTEER NEEDS:

Donations needed of Durable Medical Equipment (tub benches, rollators, wheelchairs, etc.) Volunteers for cleaning and repairing medical equipment, participating in area events, distributing flag cards to area businesses

OFFICE HOURS:

Monday - Wednesday 9am - 3pm; Thursday 9am - 4pm; Closed Fridays and weekends

FAITHWORKS, INC.

26 W. BOSCAWEN ST., SUITE A-201 WINCHESTER, VA 22601

WEBSITE: FAITHWORKSINC.ORG

Faithworks
transforming neighborhoods and lives
through faith-based community development

OFFICE PHONE: 540-313-7682 **CELL PHONE**: 540-514-0293

EMAIL: INFO@FAITHWORKSINC.ORG



To renew communities and the lives of individuals and families.

SERVICE AREA:

The Northern Shenandoah Valley of Virginia

ASSISTANCE/PROGRAMS OFFERED:

Various financial assistance programs for rent, security deposit, utility bill payments, and other emergency financial needs. Faithworks utilizes the Unite Us platform for receiving and sending referrals and works closely with partner agencies to provide assistance that has the greatest impact in helping individuals and families restore and maintain financial and household stability.

ELIGIBILITY: Must live in the Northern Shenandoah Valley. Other eligibility will be determined based on need and funding availability.

OFFICE HOURS:

By appointment only.

FAMILIES REACHING OUT GROUP (FROGGY'S CLOSET)

200 NORTH BRADDOCK STREET WINCHESTER, VA 22601

WEBSITE: FROG-KIDS.ORG PHONE: 540-773-4192



MISSION:

Families caring enough to provide the basics and beyond ,that ALL children deserve.

SERVICE AREA:

Serves children and families in the City of Winchester and Frederick, Clarke, Warren, and Shenandoah counties

ASSISTANCE/PROGRAMS OFFERED:

Serves children and families who have been abused, neglected, or are at-risk. Froggy's Closet provides clothing, shoes, and more to children. Also pay for enrichment activities for children and support groups.

ELIGIBILITY:

We have 21 agencies that refer children to us.

VOLUNTEER NEEDS:

We need volunteers to disinfect toys and sort clothing.

Donations accepted of new and like new clothing, books, toys, and more.

OFFICE HOURS:

Tuesday/Wednesday 10am-5pm

FAMILY PROMISE OF SHENANDOAH COUNTY

PO BOX 733 781 SPRING PARKWAY WOODSTOCK, VA 22664

WEBSITE:

SHENANDOAHFAMILYPROMISE.ORG

PHONE: 540-459-4599 FAX: 540-459-4315

EMAIL: SHENFAMILYPROMISE@GMAIL.COM



MISSION:

To help families experiencing homelessness and lowincome families achieve sustainable independence through a community-based response.

SERVICE AREA:

Shenandoah County, Virginia

ASSISTANCE/PROGRAMS OFFERED:

Family Promise provides a family-centered approach to assist families in overcoming homelessness.

ELIGIBILITY:

Families with children under the age of 18.

Families who are willing to abide by the Guest Guidelines.

VOLUNTEER NEEDS:

Please contact directly; donations for Move in Kids: food or emergency pantry- Needs are updated on website. For more info about these opportunities contact-Sherry Avery: Shenfamilypromise@gmail.com

FISH OF CLARKE COUNTY, INC. FOR IMMEDIATE AND SYMPATHETIC HELP

36 EAST MAIN STREET BERRYVILLE, VA 22611

WEBSITE: FISHOFCLARKCOUNTY.ORG

PHONE: 540-955-1823

EMAIL:

FISHFOODPANTRY@COMCAST.NET



MISSION:

Provides support for neighbors in need of food, clothing, emergency-financial assistance, and efforts of committed volunteers

SERVICE AREA:

Clarke County

ASSISTANCE/PROGRAMS OFFERED:

Providing financial assistance, food, clothing, firewood and medications to the needy

ELIGIBILITY:

Clarke County residents

VOLUNTEER NEEDS:

Answer landline telephones from home, provide transportation, provide counseling, and help with clothing and food bank

OFFICE HOURS:

Tuesday and Wednesday 8am to 10am

Help line open 8:30am-4pm Monday - Friday

FREDERICK COUNTY ESTHER BOYD ANIMAL SHELTER

161 FORT COLLIER RD. WINCHESTER, VA 22603

WEBSITE:

FCVA.US/DEPARTMENTS/ANIMAL-SHELTER

PHONE: 540-667-9192

EMAIL: SHELTER@FCVA.US



MISSION:

The goals of the shelter are to provide humane care for the dogs and cats at the shelter, reunite lost pets with owners, place dogs pet ownership.

SERVICE AREA:

Frederick County Lost & Found Animals

ASSISTANCE/PROGRAMS OFFERED:

Lost and found animal reporting, adoptions, acceptance of animals from Frederick County, rabies clinics, human trap rental information referral.

VOLUNTEER NEEDS:

Volunteers are always welcome at the shelter. Volunteers must be at least 18 years of age. Help is needed walking dogs, socializing felines, working as a greeter on Saturdays and during special events. For more information, please call Holly at 540-667-9192

OFFICE HOURS:

Open Daily except Sunday.

Monday & Tuesday 10am-4pm, Wednesday 10am-6pm, Thursday & Friday 10am-4pm, Saturday 11am-3pm, Closed on Holidays

FREDERICK COUNTY PARKS & RECREATION DEPARTMENT

107 N. KENT STREET WINCHESTER, VA 22601

WEBSITE:

FCVA.US/DEPARTMENTS/PARKS-RECREATION

PHONE: 540-665-5678 **FAX**: 540-665-9687

EMAIL: FCPRD@FCVA.US



MISSION:

The Frederick County Parks and Recreation Department strives to enhance the quality of life through recreational opportunities and resources for future generations.

SERVICE AREA: Frederick County

ASSISTANCE/PROGRAMS OFFERED:

Services include two regional parks, fishing, lighted ball fields, disc golf, hiking trails, picnic shelters, athletics, before and after recreation-based programs in most county elementary schools, fitness classes, trips, and much more.

ELIGIBILITY:

All residents of Frederick County.

VOLUNTEER NEEDS:

A variety of volunteer opportunities within our parks are available, including coaches for youth sports programs, and crafts for children and adults.

OFFICE HOURS:

Monday through Friday, 8am to 5pm

FREMONT STREET NURSERY

533 FREMONT ST WINCHESTER, VA 22601

WEBSITE:

FREMONTSTREETNURSERY.COM

PHONE: 540-662-7236 **FAX**: 540-662-7237

CONTACT: FREDA ROBERSON EMAIL: FREMONTST@VERIZON.NET



MISSION:

To provide quality childcare within the financial reach of families that is safe, secure, and educationally appropriate for each child's need and development.

SERVICE AREA:

City of Winchester and surrounding areas.

ASSISTANCE/PROGRAMS OFFERED:

Quality care for children ages 6 weeks to 12 years of age; licensed to care for 84 children.

ELIGIBILITY:

Tuition is based on a sliding scale.

VOLUNTEER NEEDS:

Volunteers are needed to interact with children during play.

OFFICE HOURS:

Monday through Friday, 6:30am to 5:30pm.

FRONT ROYAL AREA THERMAL SHELTER

HEALTH AND HUMAN SERVICES COMPLEX

465 W. 15TH ST.

FRONT ROYAL VA 22630

PHONE: 540-551-6944 6PM - 7AM

ALL OTHER TIMES CALL 540-892-6108 WEBSITE:

THERMALSHELTEROFFRONTROYAL.COM



MISSION:

We are a faith based organization showing God's love by offering a warm, safe place to sleep, food and basic needs to those who are homeless, especially during the winter months.

SERVICE AREA:

Front Royal and Warren County

ASSISTANCE/PROGRAMS OFFERED:

Hot dinner provided by volunteers, activities, social Services, spiritual guidance if requested, basic first aid, breakfast, bag Lunch

ELIGIBILITY:

The Thermal Shelter of Front Royal is a low-barrier shelter serving Homeless Men and Women over the age of 18. While some shelters require sobriety and administer alcohol and drug tests, we do not. Therefore, children (under 18) are not allowed at the shelter after guests arrive.

VOLUNTEER NEEDS:

Laundry, driving the van for evening pick up, evenings or overnight monitoring, play a board game or have a quiet discussion with our guests.

OFFICE HOURS:

Nightly from 7pm - morning 7 days a week.

FRONT ROYAL PREGNANCY CENTER

11 SOUTH ROYAL AVE FRONT ROYAL VA 22630

WEBSITE:

FRONTROYALPREGNANCY.ORG

PHONE: 540-635-6181

EMAIL:

STAFF@FRONTROAYLPREGNANCY.ORG



MISSION:

Every woman facing an unexpected pregnancy deserves to have complete, medically accurate, objective information on all options.

SERVICE AREA:

Warren County and surrounding areas, including Maryland and Washington, DC. No limitations on residency status

ASSISTANCE/PROGRAMS OFFERED:

Offers free and confidential services to those facing an unexpected pregnancy. Services include pregnancy tests, ultrasound, options information, maternity clothing, and infant clothing, and much more.

ELIGIBILITY:

Persons facing an unexpected pregnancy.

Cater to the needs of both men and women for all situations.

VOLUNTEER NEEDS:

Please reach out to us directly: staff@frontroyalpregnancy.org

OFFICE HOURS:

Monday and Tuesday 1pm to 6pm, Wednesday 11am to 7pm, Friday 1pm to 6pm.

GIRL SCOUTS NATION'S CAPITAL

LOCAL OFFICE: 153 MCMILLAN COURT MARTINSBURG, WV 25404 PHONE: 304-263-8833 WEBSITE: GSCNC.ORG



MISSION:

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place.

SERVICE AREA:

City of Winchester and Frederick, Clarke, Page, Warren, and Shenandoah counties.

ELIGIBILITY:

Any girl 5-17 years of age can join the world's largest organization of girls.

VOLUNTEER NEEDS:

Adult volunteers needed to support girls on a short-or long-term basis.

OFFICE HOURS:

Monday through Friday 9am to 5pm. (Please call first)

GIRLS ON THE RUN SHENANDOAH VALLEY

420 GLEN LEA COURT WINCHESTER, VA 22601 **PHONE**: 540- 431-5320

WEBSITE: GIRLSONTHERUNSV.ORG



MISSION:

We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running.

SERVICE AREA:

Virginia: the cities of Harrisonburg and Winchester, Clarke, Frederick, Page, Rockingham, Shenandoah, Warren Counties.

ASSISTANCE/PROGRAMS OFFERED:

3rd-5th grade program, Girls on the Run; Heart & Sole is Girls on the Run's middle school program that meets the unique needs of girls in 6th-8th grade; and Camp Girls on the Run for grades 3-5

ELIGIBILITY:

All girls; scholarships available

VOLUNTEER NEEDS:

Coaching and Board opportunities

GODFREY MILLER HOME & FELLOWSHIP CENTER

28 SOUTH LOUDOUN ST WINCHESTER, VA 22601

PHONE: 540-667-5869

WEBSITE:

GODFREYMILLERCENTER.ORG

EMAIL:

INFO@GODFREYMILLERCENTER.ORG



MISSION:

Dedicated to serving senior adults of the community by providing benevolent services, fellowship programs, and community events in the historic home and Woltz Pavilion.

SERVICE AREA:

City of Winchester; Clarke and Frederick counties and parts of West Virginia.

ASSISTANCE/PROGRAMS OFFERED:

Community outreach includes making Teddy Bears for area children and cancer comfort bags for Well Spring. Classes offered include mahjong, bridge, beginner and intermediate computer, line dancing, knitting, arthritis class exercises, and yoga and balance.

ELIGIBILITY:

Senior adults

VOLUNTEER NEEDS:

Volunteer entertainers, teachers with all types of expertise who wish to share their talent, i.e. calligraphy, cooking, music, painting, gardening, etc., clerical and kitchen assistance.

OFFICE HOURS:

Monday through Thursday 10am to 3pm

GRAFTON INTEGRATED HEALTH NETWORK

3150 SHAWNEE DRIVE WINCHESTER, VA 22601 **WEBSITE**: GRAFTON.ORG

PHONE: 888-955-5205

FAX: 540-542-1721

EMAIL:

COMMUNICATIONS@GRAFTON.COM



MISSION:

The Grafton Integrated Health Network is dedicated to providing a specialized environment which combines both academic and therapeutic components necessary to facilitate the optimal development of each individual student. Grafton creates solution-focused opportunities for individuals challenged by complex disabilities.

SERVICE AREA:

Multi State

ASSISTANCE/PROGRAMS OFFERED:

Grafton provides education, residential, and community-based services for people with intellectual, developmental, and complex mental health challenges.

ELIGIBILITY:

Children, youth, and adults with autism, psychiatric, and intellectual disabilities.

OFFICE HOURS:

Check website

HABITAT FOR HUMANITY OF PAGE COUNTY

P.O. BOX 613 LURAY, VA 22835

PHONE: 540-743-7879

EMAIL: PAGEHFH@GMAIL.COM

WEBSITE:

PAGECOUNTYHABITAT.WEBS.COM



MISSION:

Habitat for Humanity works in partnership with God and people everywhere, from all walks of life, to develop communities with people in need by building and renovating houses, so that there are decent houses in decent communities in which every person can experience God's love and can live and grow into all that God intends.

SERVICE AREA:

Luray and Page County.

ASSISTANCE/PROGRAMS OFFERED:

Provides training for potential homeowners and homes for selected applicants.

ELIGIBILITY:

Applicants must earn \$16,000 to \$32,000 a year and provide sweat labor.

VOLUNTEER NEEDS:

Builders, fundraisers, church relations

OFFICE HOURS:

Monday - 9am to noon.

HABITAT FOR HUMANITY OF WARREN COUNTY

109 WATER STREET FRONT ROYAL, VA 22630

WEBSITE:

WARRENCOUNTYHABITAT.ORG

PHONE: 540-551-3232

EMAIL:

INFO@WARRENCOUNTYHABITAT.ORG



MISSION:

Through shelter, we empower. The vision is a world where everyone has a decent place to live

SERVICE AREA:

Warren County and Front Royal.

ASSISTANCE/PROGRAMS OFFERED:

Warren County Habitat for Humanity sells homes to income-eligible households. Homes are sold at no profit, with an interest-free mortgage. Offer home repairs with affordable financing to qualified homeowners.

ELIGIBILITY:

Refer to the website or call the office

VOLUNTEER NEEDS:

Volunteers are needed for many different types of positions, including construction, professional skills (architect, graphic designer, photographer, accounting, attorney), lunches or baked goods for volunteers on a construction site.

OFFICE HOURS:

By appointment only.

HANDLEY REGIONAL LIBRARY

100 W. PICCADILLY STREET WINCHESTER, VA 22601

WEBSITE: HANDLEYREGIONAL.ORG

PHONE: 540-662-9041 **FAX**: 540-662-9053



MISSION:

Handley Regional Library system provides outstanding information, resources, programs, and services to enrich a diverse community.

SERVICE AREA:

City of Winchester and Frederick and Clarke counties. Other libraries in the region include Clarke County Library, 101 Chalmers Ct., Berryville, VA 540-955-5144 & Bowman Library, 871 Tasker Rd., Stephens City, 540-869-9000

ASSISTANCE/PROGRAMS OFFERED:

Free computer access, reference and information service, archives room, children's rooms, books on tape, videos, and much more.

ELIGIBILITY:

Borrowing items from the library collection is free with a library card for residents of the City of Winchester and Frederick, and Clarke counties. Free WIFI is available at all locations.

VOLUNTEER NEEDS:

Volunteers are needed to type, repair books, re-shelve books, help with the book sales, assist with children's programs, and numerous other special projects.

OFFICE HOURS:

Call or visit website for current operating hours.

HEALTHY FAMILIES NORTHERN SHENANDOAH VALLEY

301 N. CAMERON STREET, SUITE 101 WINCHESTER, VA 22601

WEBSITE: HEALTHYFAMILIESNSV.ORG

PHONE: 540-536-4113 **FAX**: 540-536-0194

EMAIL:

SSCHOONO@VALLEYHEALTHLINK.COM



MISSION:

Provides education and support for all families to promote healthy births and continued nurturing to ensure children can reach school age emotionally and physically healthy.

SERVICE AREA:

City of Winchester and Frederick, Clarke and Warren counties.

ASSISTANCE/PROGRAMS OFFERED:

Services provided include home visitation, distribution of new baby care packages, parenting education classes, book lending library, and distribution of Cribs for Kids.

ELIGIBILITY:

First-time parents and expectant parents who are challenged by the additional pressures and stress that comes with the birth of a child.

VOLUNTEER NEEDS:

Clerical support, assistance at a variety of special events/activities, donations, and board members.

OFFICE HOURS:

Monday through Friday 9am to 4:30pm; Satellite office in Front Royal: 540-636-0539.

HEALTHY FAMILIES PAGE & SHENANDOAH COUNTIES

SHENANDOAH COUNTY

768 SPRING PARKWAY WOODSTOCK, VA 22664

PHONE: 540-459-8858

MAILING ADDRESS: 759 S. MAIN STREET WOODSTOCK, VA 22664

PAGE COUNTY

294 E. MAIN STREET, STANLEY, VA 22851 PHONE: 540-778-4061

WEBSITE:

SHENANDOAHPAGE.WIXSITE.COM/HEA

LTHYFAMILIES



MISSION:

Healthy Families Shenandoah County and Page County empowers families through ongoing supportive home visits and connection to community resources. Healthy Families provides pregnant women and parents with education and guidance to help give children a safe, healthy start in life. Healthy Families believes every parent wants to do his or her best and raising kids is the hardest, most important job anyone can ever have. Through collaboration with other community groups and agencies, families gain skills to improve the lives for parents and children.

SERVICE AREA:

All services are voluntary and free to residents of Shenandoah County and Page County.

ASSISTANCE/PROGRAMS OFFERED:

Healthy Families provides pregnant women and parents with education and guidance to help give children a safe, healthy start in life.

OFFICE HOURS:

Monday through Friday 9am to 4pm.

HENRY & WILLIAM EVANS HOME FOR CHILDREN

330 E. LEICESTER STREET WINCHESTER, VA 22601 **WEBSITE**: EVANSHOME.ORG PHONE: 540-662-8520 FAX: 540-662-4224

EMAIL: EVANS@EVANSHOME.ORG



MISSION:

To provide the love, security, private resources, and guidance of a family in a group home setting for foster or homeless children.

SERVICE AREA:

City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren counties and will accept placements from any locality in Virginia

VOLUNTEER NEEDS:

Does not use volunteers in direct care roles but accepts donations of funds and household items in new or like new condition to help support children.

OFFICE HOURS:

Monday through Friday 9am to 4pm.

HERITAGE CHILD DEVELOPMMENT CENTER

224 MOSBY BLVD. BERRYVILLE, VA 22611

WEBSITE: HERITAGECDC.ORG

PHONE: 540-955-4194 FAX: 540-955-4196

EMAIL: ATIBBENS@HERITAGECDC.ORG



MISSION:

A place where children know love, sense security, and embrace education.

SERVICE AREA:

Support state-subsidized children through City of Winchester and Clarke, Frederick, Shenandoah, and Warren counties.

ASSISTANCE/PROGRAMS OFFERED:

A childcare facility, offering preschool programs and beforeand after-school care as well as summer programs.

VOLUNTEER NEEDS:

For those families who may not qualify for state-funded assistance or may be experiencing a short-term financial struggle, the CHEERS Scholarship Fund is available as a resource to families. Funding varies due to current community donations and fundraiser income.

OFFICE HOURS:

Monday through Friday, 6:30am to 6:30pm.

HIGHLAND FOOD PANTRY, INC

446 HIGHLAND AVE. WINCHESTER, VA 22601 IN THE LOWER LEVEL OF THE HIGHLAND PRESBYTERIAN CHURCH

PHONE: 540-662-4118



MISSION:

To provide without obligation nutritious food and other help when able, to those in need. Aim to work collaboratively and creatively with other community organizations on behalf of clients. The intention is to serve others faithfully with respect and compassion.

SERVICE AREA:

Serves people in the northern Shenandoah Valley who are experiencing chronic hunger.

ASSISTANCE/PROGRAMS OFFERED:

Main activity is the distribution of food to individuals and families in need.

ELIGIBILITY:

Food insecurity

VOLUNTEER NEEDS:

Volunteers needed to unload trucks, help in the pantry, share computer skills, speak Spanish. Donors needed to host food drives, share produce from gardens, or make monetary donations.

OFFICE HOURS:

Pantry operates every Tuesday 9am to 11:30am, and 6:30pm to 8pm.

HOME HEALTH SERVICES- VALLEY HEALTH

333 W. CORK STREET, SUITE 135 WINCHESTER, VA 22601

WEBSITE:

VALLEYHEALTHLINK.COM/OUR-SERVICES/HOME-HEALTH **PHONE**: 540-536-5200

FAX: 540-536-3251



MISSION:

To provide the highest quality medically directed health care that is home-based, technically feasible, and cost effective, using a coordinated team-approach effort.

SERVICE AREA:

City of Winchester and Frederick, Clarke, Page, and Shenandoah counties, also western Loudoun, and Rappahannock counties.

ASSISTANCE/PROGRAMS OFFERED:

Provides nursing, physical, occupational therapy, social workers, nurse's aides, and speech therapy.

ELIGIBILITY:

Homebound individuals with a doctor's prescription, requiring the skills of a nurse or therapist.

OFFICE HOURS:

Monday through Friday 8 am to 4:30 pm.

HORIZON GOODWILL INDUSTRIES – WORKFORCE DEVELOPMENT CENTER

2 N. CAMERON STREET, WINCHESTER, VA 22601

WEBSITE:

WWW.HORIZONGOODWILL.ORG

PHONE: 304-237-0723



MISSION:

To provide employment and training services to individuals with disabling and disadvantaging conditions.

SERVICE AREA:

City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren counties.

ASSISTANCE/PROGRAMS OFFERED:

We offer a wide variety of services to the community ranging from business solutions, job training, and human resources assistance.

ELIGIBILITY:

Anyone who is looking for work or looking to improve employment skills.

VOLUNTEER NEEDS:

Donations, help sorting, hanging, and tagging merchandise for retail sale and general warehouse.

Thrift Store location: 2592 Valley Avenue, Winchester, VA 22601

OFFICE HOURS:

Monday through Friday 8 am to 4:30 pm.

HOUSE OF HOPE

724 WARREN AVE. FRONT ROYAL, VA 22630

WEBSITE:

WARRENCOUNTYHOMELESS.ORG

PHONE: 540-635-2466

FAX: 540-635-2469

E-MAIL:

WARRENCOUNTYHOMELESS@YAHOO.

COM



MISSION:

To provide a temporary shelter for homeless men.

SERVICE AREA:

Homeless men of Front Royal and Warren County.

ASSISTANCE/PROGRAMS OFFERED:

Offers shelter, food, and guidance in obtaining needed services.

ELIGIBILITY:

Must be a man at least 18 years of age and free of drugs and alcohol.

VOLUNTEER NEEDS:

Volunteers are always needed during the day. Also needed are hand tools, food, cash donations, and office supplies.

OFFICE HOURS:

Emergency Intake is 24 hours a day. Call 540-635-2466.

HUMANE SOCIETY OF WARREN COUNTY

1245 PROGRESS DRIVE FRONT ROYAL, VA 22630

WEBSITE:

HUMANESOCIETYWARRENCOUNTY.ORG

PHONE: 540-635-4734 FAX: 540-635-0262

EMAIL:

INFO@HUMANESOCIETYWARRENCOUNTY.

ORG



MISSION:

A non-profit organization dedicated to providing compassionate care to abandoned, abused, homeless, and neglected animals in the community. Aims to educate pet owners on the importance of vaccinations and population control and to place adoptable pets in loving homes.

SERVICE AREA:

Front Royal and Warren County.

ASSISTANCE/PROGRAMS OFFERED:

Provide numerous services related to pets, including adoption, vaccinations, veterinarian services, foster care, shelter, food, and care for lost animals, spay and neuter, rabies clinics.

VOLUNTEER NEEDS:

Dog walking, customer service, kitty socialization, toy and treat making, plus numerous other opportunities.

OFFICE HOURS:

Thursday through Tuesday, closed Wednesday 10 am to 4 pm.

I'M JUST ME MOVEMENT

411 N. CAMERON STREET, 2ND FLOOR

WINCHESTER, VA 22601

WEBSITE: IMJUSTMEMOVEMENT.ORG

PHONE: 703-344-6206

EMAIL: TINA@IMJUSTMEMOVEMENT.ORG



MISSION:

Strengthening youth, families, and communities through mentorship, education and training, positive development, and community partnerships.

SERVICE AREA:

City of Winchester, counties of Frederick, Clarke, Shenandoah, and Page.

ASSISTANCE/PROGRAMS OFFERED:

Provides innovative mentoring programs through "I'm Just Me Workshop," Live Life Forward Program, Intervention Group Sessions, Bullying and Diversity Workshops, Individual and Group Mentoring, Mobile Resource Centers, and Job Readiness events. Forms partnerships with a variety of organizations.

ELIGIBILITY:

Youth ages 12-26. Younger children through partnership with the Shenandoah Valley Discovery Museum.

OFFICE HOURS:

Monday through Friday, 9am to 6pm.

INFANT AND TODDLER CONNECTION OF THE SHENANDOAH VALLEY (ITC-SV)

3150 SHAWNEE DRIVE WINCHESTER

VA 22601

WEBSITE: GRAFTON.ORG/EARLY-

INTERVENTION-2

PHONE: 540-450-1052 **FAX**: 540-450-1051

EMAIL: <u>SSTOWERS@GRAFTON.ORG</u> GENA.A.ZYDELIS@GRAFTON.ORG



MISSION:

The Sooner – The Better! The ITC-SV is an early intervention service which teaches, coaches, and mentors families of children, up to the age of three, with a developmental delay or diagnosed disabling condition.

SERVICE AREA:

City of Winchester, Frederick, Clarke, Page, Shenandoah, and Warren counties.

ASSISTANCE/PROGRAMS OFFERED:

Services include coordination/case management, developmental screenings and assessments, individual family service plan development, and developmental services (speech, occupational, physical therapies; visual services; deaf services; etc.) provided in home by licensed professionals.

ELIGIBILITY:

Children ages birth to three who have a developmental delay, a diagnosed condition or atypical development in gross or fine motor skills, speech/language, self-help, cognitive, or social skills.

VOLUNTEER NEEDS:

Assist in developing and presenting programs and events.

OFFICE HOURS:

Monday through Friday 8:30am to 5pm.

JUST NEIGHBORS MINISTRY

301 N. CAMERON STREET, SUITE 102, WINCHESTER, VA 22601

PHONE: 703-979-1240

WEBSITE: JUSTNEIGHBORS.ORG



MISSION:

To provide high-quality immigration legal services to lowincome immigrants, asylees and refugees in Washington, DC, Maryland, and Virginia; and, to build community among clients, staff, volunteers and the larger society through education, advocacy, and volunteerism.

SERVICE AREA:

Just Neighbors provides immigration legal counsel to residents of Virginia, Maryland and Washington DC. Please call for an appointment.

ELIGIBILITY:

Low-income immigrant families (at or below 200% of poverty guidelines)

VOLUNTEER NEEDS:

Volunteer interpreters/translators; occasionally legal clinic and/or outreach volunteers; pro-bono attorneys

OFFICE HOURS:

Monday through Friday 9am 5pm, appointments only

ORGANIZED: 1996

Just Neighbors' main office is located in Annandale, but regularly assists clients at the shared LVWA office in Winchester.

JUST SERVE

WEBSITE: JUSTSERVE.ORG EMAIL: JUSTSERVE@GMAIL.COM



MISSION: To assist in linking community volunteer needs with volunteers.

JustServe.org is a website where volunteer needs of organizations may be posted and volunteers may search for places to serve in the community, providing opportunities to help those in need and enhance the quality of life in the community. There is also a JustServe app.

SERVICE AREA: All of Virginia

Volunteer! JustServe projects should not have a political or advocacy focus, be for profit oriented, or directly involve volunteers in soliciting or handling money.

VOLUNTEER NEEDS: Volunteer interpreters/translators; occasionally legal clinic and/or outreach volunteers; pro-bono attorneys

OFFICE HOURS: By appointment only

THE KIDS CLUBS OF NORTHERN SHENANDOAH VALLEY

2400 ROOSEVELT BLVD WINCHESTER, VA 22601

WEBSITE: THEKIDSCLUBS.ORG

PHONE: 540-723-6665

EMAIL: INFO@THEKIDSCLUBS.ORG



MISSION:

To do our part in making the world a better place for our kids.

SERVICE AREA:

City of Winchester, Frederick, Clarke, and Warren Counties.

ASSISTANCE/PROGRAMS OFFERED:

Focus on education and career development; character and leadership development; sports, fitness and recreation; health and life skills; the arts; help with homework, board games, and much more.

After school programs and summer camp

ELIGIBILITY:

All youth between the ages of 6 and 18

VOLUNTEER NEEDS:

Tutors, mentors, special programs.

OFFICE HOURS:

Monday through Friday, summer: 7:45am to 6pm, school year: 10am to 6pm

THE LAUREL CENTER INTERVENTION FOR DOMESTIC & SEXUAL ABUSE

P.O. BOX 14 WINCHESTER, VA 22604

WEBSITE: THELAURELCENTER.ORG

HELPLINE: 540-667-6466

PHONE: 540-667-6160 **FAX**: 540-667-0138

EMAIL:

TLC.INFO@THELAURELCENTER.ORG



MISSION:

Empowering those affected by domestic and sexual violence by providing emergency housing, advocacy, outreach, support services, education and awareness.

SERVICE AREA:

City of Winchester and Frederick, Warren, and Clarke counties.

ASSISTANCE/PROGRAMS OFFERED:

Emergency shelter and a 24/7 hotline, free therapy and psychoeducational counseling, a children's program for children ages 5 -17 who have witnessed domestic violence, sexual assault services including hospital response and crisis intervention, court advocacy services, and an empowerment program that provides workforce training and job placement services.

ELIGIBILITY:

Primary and secondary victims of domestic and/or sexual violence. All services are free.

VOLUNTEER NEEDS:

Program support services such as fundraising, outreach, administer and maintenance assistance.

OFFICE HOURS:

Monday through Friday, 9am to 5pm

LIONS CLUB EYEGLASSES PROGRAM-WINCHESTER CITY & FREDERICK COUNTY



MISSION:

Lions Clubs believe in saving sight. Lions in Winchester and Frederick County (Winchester Host Lions Club, Winchester Shawnee Lions Club, and the Stephens City Lions Club) offer assistance with purchasing eyeglasses for those in need.

SERVICE AREA:

City of Winchester and Frederick County, including Stephens City and Middletown. The Lions can help pay for exams and eyeglasses for those who have been prescreened by one of four local non-profit organizations.

ASSISTANCE/PROGRAMS OFFERED:

Sight Services - Please go to the following locations to get a Sight Application:

- CCAP 112 S. Kent Street 540 662-4318
- The Sinclair Medical Clinic 301 N Cameron Street 540 536- 1680
- The Salvation Army 300 Fort Collier Rd 540 662-4777
- Valley Assistance Network 301 N. Cameron Street Suite 202 540 773-3178

The application must be completely filled out and signed by the agency.

IF YOU HAVE MEDICAID, THEY WILL PAY FOR THE EYE EXAM. GET THE EXAM AND HAVE THE PUPILLIARY DISTANCE ANNOTATED ON THE PRESCRIPTION. THEN GO TO ONE OF THE ABOVE AGENCIES. WE CAN HELP WITH GLASSES.

Questions can be sent to sightlions@gmail.com.

ELIGIBILITY:

You must live in the City of Winchester, or in Frederick County, Virginia; Eligibility is determined by your completed application.

THE LIFE CENTER OF PAGE VALLEY

21 N. DEFORD AVE LURAY, VA 22835

PHONE: 540-743-1464

WEBSITE: LIFECENTERPAGECO.ORG

EMAIL:

THELIFECENTERPAGEVALLEY@GMAIL.COM



MISSION:

We believe every life matters. We believe every woman facing an unplanned pregnancy deserves to have complete information and support as she makes decisions. We believe in protecting the unborn and sharing the hope and healing that comes from the Gospel.

SERVICE AREA:

Page County and surrounding areas

ASSISTANCE/PROGRAMS OFFERED:

Free pregnancy testing, health and nutrition counseling, post abortion care, grandparent and single family programs. Promote abstinence and alternatives to abortion.

ELIGIBILITY:

Contact by phone for more information

VOLUNTEER NEEDS:

Events as advertised

OFFICE HOURS:

Tuesday 12pm - 7pm, Thursday 12pm - 7pm

LITERACY VOLUNTEERS- WINCHESTER AREA

301 N. CAMERON STREET, SUITE 102

WINCHESTER, VA 22601

WEBSITE: LVWA.ORG

PHONE: 540-536-1648 EMAIL: INFO@LVWA.ORG

MISSION:

Strengthening our community through literacy, education, and advocacy.

SERVICE AREA:

City of Winchester, and Frederick and Clarke counties.



ASSISTANCE/PROGRAMS OFFERED:

Provides tutoring and small group instruction to adults who need basic education in reading and writing, English language learners, math literacy, financial literacy, basic computer skills, Winchester Little Libraries, the Dolly Parton Imagination Library, Campaign for Grade Level Reading, and GED and naturalization test preparation. Offers low-cost, family-based immigration legal advice.

ELIGIBILITY:

Adults

VOLUNTEER NEEDS:

Tutoring (one-on-one, small group, classes) office support, special events, fundraising, grant writing, technology.

OFFICE HOURS:

Monday through Thursday, 9am to 5pm and Friday 9am to 2pm.

LORD FAIRFAX COMMUNITY COLLEGE BECOMING LAUREL RIDGE

MIDDLETOWN CAMPUS: 173 SKIRMISHER LANE MIDDLETOWN, VA 22645 PHONE: 540-868-7000 WEBSITE: LFCC.EDU



MISSION:

To provide a positive, caring and dynamic learning environment that inspires student success, values diversity and promotes community vitality.

SERVICE AREA:

Counties of Clarke, Fauquier, Frederick, Page, Rappahannock, Shenandoah, and Warren and the City of Winchester.

ASSISTANCE/PROGRAMS OFFERED:

More than 75 associate degrees and certificate programs and more than 30 fast-track career training programs. Online education, transfer programs, adult basic education, corporate training, ESL, fast track programs, dual enrollment, professional development and continuing education,

ELIGIBILITY:

Open admission

CAMPUS HOURS:

Monday through Friday: 7am - 11pm; Saturday: 7am - 5pm; Sunday: 7am - 5pm

LORD FAIRFAX HEALTH DISTRICT

(5 HEALTH DEPARTMENTS)

FREDERICK / WINCHESTER HEALTH DEPT: 10 BAKER ST. WINCHESTER, VA

22601 PHONE: (540) 722-3470

CLARKE COUNTY HEALTH DEPT: 100 NORTH BUCKMARSH ST. BERRYVILLE, VA 22611 PHONE: (540) 955-1033

WARREN COUNTY HEALTH DEPT: 465 W. 15TH ST., SUITE 200 FRONT

ROYAL, VA 22630

PHONE: (540) 635-3159

PAGE COUNTY HEALTH DEPT: 75 COURT LANE LURAY, VA 22835

PHONE: (540) 743-6528

SHENANDOAH COUNTY HEALTH DEPT 494 NORTH MAIN ST., SUITE 100

WOODSTOCK, VA 22664 PHONE: (540) 459-3733

WEBSITE: LFHD.ORG



MISSION:

To protect the health and promote the well-being of all people in Virginia.

SERVICE AREA:

City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren Counties.

ASSISTANCE/PROGRAMS OFFERED:

See full list at https://www.vdh.virginia.gov/lord- fairfax/community-health-services/

ELIGIBILITY:

Available to all residents of the Lord Fairfax Health District (the City of Winchester and the Counties of Clarke, Frederick, Page, Shenandoah and Warren). Services are either free, provided for a low fee (called a "flat fee"), or available on a sliding fee scale. Sliding fee scale services are available free or a decreased cost to low income persons who provide proof of their income status. This proof of income can include, for example, pay stubs, letters of support, or a Medicaid card. Call your health department for details. Services available for free to anyone include all immunizations required for school entry, communicable disease investigations, diagnosis and treatment of sexually transmitted diseases, public health education and H.I.V. testing.

OFFICE HOURS:

Monday through Friday 8am to 4:30pm

Please call your local health department or email AskLFHD@vdh.virginia.gov if you have a question or need information.

LORD FAIRFAX SMALL BUSINESS DEVELOPMENT CENTER

173 SKIRMISHER LANE MIDDLETOWN, VA 22645

PHONE: 540-868-7093 WEBSITE: FSBDC.ORG



MISSION:

To grow Virginia's economy through small business success.

SERVICE AREA:

Frederick, Clarke, Shenandoah, Warren and Rappahannock Counties.

ASSISTANCE/PROGRAMS OFFERED:

Counseling, business education programs, workshops, brown bag programs, roundtables, webinars, and connections to professionals, associations, government programs, research resources, business organizations or other businesses.

ELIGIBILITY:

All Lord Fairfax SBDC resources and services are free, confidential and without obligation.

OFFICE HOURS:

Monday through Thursday 8am - 5pm and Friday 8am - noon

LYDIA'S CLOTHES CLOSET, INC

137 E KING ST, STRASBURG, VA 22657

WEBSITE: LYDIASCLOTHESCLOSET.COM

PHONE: 540-465-1905

Lydia's Clothes Closet, Inc Thrift Shop Non-profit Organization

MISSION:

Lydia's Clothes Closet, Inc. is an all volunteer 501(c)3 non-profit thrift shop. We sell gently used clothing and household goods and provide the same at no cost when and where needed. We also provide financial support to local agencies that provide health care, food and shelter for those in need.

SERVICE AREA: Strasburg and surrounding area

ELIGIBILITY: See website for more information

VOLUNTEER NEEDS: Store assistance

OFFICE HOURS:

Tuesday - Friday 10am - 4pm; Saturday 10am - 2pm; Sunday and Monday - CLOSED

MOMS IN MOTION

P.O. BOX 609

FRONT ROYAL, VA 22630

WEBSITE: MOMSINMOTION.NET

PHONE: 800-417-0908 **FAX**: 703-468-4958

EMAIL: INFO@MOMSINMOTION.NET



MISSION:

To enhance the outcome for clients and families by using person-centered practices while providing superior service, sharing resources, continually expanding knowledge, and networking. Will help navigate life with a disabled child and advocate for all children with special needs.

SERVICE AREA:

Northwest Division serves City of Winchester, and the counties of Frederick, Clarke, Warren, Shenandoah, and Page.

ASSISTANCE/PROGRAMS OFFERED:

Moms In Motion (Moms) is a Service Facilitation provider for Medicaid CD-PAS (EDCD, ID & DD Waivers) enrollees and a Case Management provider for DD Waiver enrollees. Medicaid waiver navigation assistance; linkage to community and government disability-related resources; service facilitation for individuals on Medicaid waivers; Case management for individuals eligible for Medicaid Case Management

SPECIAL EVENTS:

Visit website for current events

ELIGIBILITY:

Varies depending on program. Services are free to the individual.

NAACP - WINCHESTER AREA BRANCH #7127B

P.O. BOX 2365 WINCHESTER, VA 22604 **PHONE**: 540-327-7061

EMAIL:

NAACPWINCHESTERAREA@GMAIL.COM



MISSION:

To ensure the political, educational, social, and economic quality of the right of all persons, and to eliminate racial hatred and racial discrimination.

SERVICE AREA:

The NAACP Branch #7127B covers the City of Winchester and Frederick and Clarke counties.

ASSISTANCE/PROGRAMS OFFERED:

Fights for the advancement of minority groups by bridging the gaps in seven advocacy areas, including education, economic empowerment, healthcare, criminal justice, civic engagement, international affairs, and poverty issues.

ELIGIBILITY:

All interested parties who reside or work in Frederick or Clarke counties or the City of Winchester.

VOLUNTEER NEEDS:

Varies depending on projects and events.

MEETINGS:

Second Saturday of every month and are open to all current and prospective members.

NARCOTICS ANONYMOUS

SHENANDOAH VALLEY AREA

GRACE COMMUNITY CHURCH 2333 ROOSEVELT BLVD. WINCHESTER, VA 22601 PHONE: 800-777-1515 WEBSITE: SHEVANA.ORG

Shenandoah Valley Area of Narcotics Anonymous

MISSION:

Narcotics anonymous has universal recognition and respect as a viable program of recovery!

Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. NA was founded in 1953, and our membership growth was minimal during our initial twenty years as an organization. Since the publication of our Basic Text in 1983, the number of members and meetings has increased dramatically. Today, NA members hold more than 63,000 meetings weekly in 132 countries. We offer recovery from the effects of addiction

through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA's approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

SERVICE AREA: Includes meetings in Berryville, Front Royal, Mt. Jackson, Stephens City, Strasburg, White Post, Winchester, Woodstock, VA & Capon Bridge, WV.

OFFICE HOURS: Open 24 hours

NATIONAL ALLIANCE ON MENTAL ILLNESS

(NAMI NSV)

P.O. BOX 4550 WINCHESTER, VA 22604

WEBSITE: NAMINSV.ORG PHONE: 540-533-1832

EMAIL: NSV.NAMI@GMAIL.COM



MISSION:

To provide support, education, and advocacy for individuals, their families, and others most affected by mental illness.

SERVICE AREA:

City of Winchester and counties of Clarke, Frederick, Warren, Shenandoah, and Page. Offices are located in Winchester, Woodstock, Front Royal, and Luray. Provides educational classes and support for persons affected by mental illness.

ELIGIBILITY:

NAMI is a membership organization. Annual membership is \$40. Do not have to be a paid member to utilize services.

VOLUNTEER NEEDS:

Peer mentors, teachers, facilitators, presenters, and coordinators for signature education and support programs.

NEW BRIDGES IMMIGRANT RESOURCE CENTER

64 W. WATER STREET HARRISONBURG, VA 22801 **PHONE**: 540-438-8295

WEBSITE: NEWBRIDGESIRC.ORG



MISSION:

Engaging immigrants, connecting cultures, and building community.

SERVICE AREA:

Shenandoah Valley, including City of Winchester, Frederick, Clarke, Shenandoah, and Page counties.

ASSISTANCE/PROGRAMS OFFERED:

Immigration Legal Program, Citizenship applications, residency applications and renewals, family based petitions,

employment authorization documents, DACA and TPS renewals, removal of conditions for residency, adjustment of status applications, affidavits of support, travel documents; answers to immigration inquiries and referrals, guidance on immigration laws and regulations, Health Navigation Program, understand their bills, fill out financial aid applications (if applicable), communicate with providers to get financial aid awards applied (if applicable) and help set up payment plans; document translations, referrals for health care, housing, transportation, social services and other basic needs, and referrals for English language tutoring and citizenship classes.

ELIGIBILITY:

Immigrant families living in the Shenandoah Valley, including City of Winchester, Frederick, Clarke, Shenandoah, and Page counties.

OFFICE HOURS:

Monday through Thursday, 9am – 4:30pm

NEW EVE MATERNITY HOME

P.O. BOX 1518 WINCHESTER, VA 22604 PHONE: 540-450-0775

WEBSITE:

NEWEVEMATERNITYHOME.ORG



MISSION:

New Eve Maternity Home provides a haven for pregnant women and their children who are facing homelessness. New Eve offers them the opportunity to grow in self respect and independence while celebrating the life within them and the dignity of motherhood. We welcome women who find themselves alone and in need of physical, spiritual, emotional, and material support. At New Eve mothers can celebrate the gift of life free from fear.

SERVICE AREA:

Shenandoah Valley and surrounding area.

ASSISTANCE/PROGRAMS OFFERED: We welcome women who find themselves alone and in need of physical, spiritual, emotional and material support.

ELIGIBILITY:

Expectant mothers facing homelessness.

OFFICE HOURS:

Phone messages checked daily.

NORTHERN SHENANDOAH VALLEY ADULT EDUCATION

173 SKIRMISHER LANE, MIDDLETOWN, VA 22645

PHONE: 540-869-0748

WEBSITE: LFCC.EDU/ADULT-

EDUCATION/



MISSION: Northern Shenandoah Valley Adult Education (through Lord Fairfax Community College) is proud to serve the region with FREE classes that help students improve academic, language, and workplace skills.

ASSISTANCE/PROGRAMS OFFERED: We offer free adult basic education, GED prep and ESL classes throughout the Northern Shenandoah Valley. See website for current information regarding classes.

NORTHERN SHENANDOAH VALLEY REGIONAL COMMISSION

400-E KENDRICK LN. FRONT ROYAL, VA 22630

> MISSION: The NSVR pursue con

The NSVRC exists to bring local governments together to pursue common goals, work together on regional issues and find efficiencies through collaboration.

PHONE: 540-636-8800

WEBSITE: NSVREGION.ORG

SERVICE AREA:

Counties of Clarke, Frederick, Page, Shenandoah, and Warren and all jurisdictions within--as well as the City of Winchester.



ASSISTANCE/PROGRAMS OFFERED:

Consultant selection RFP/RFQ's, General Planning: land use, transportation (motorized & non-motorized), environmental, comprehensive, housing, community services, financial administration for government, GIS & Mapping, grant application preparation, highway project scoping field views (with VDOT), data collection, analysis & reporting, marketing assistance, natural resources, public involvement (in person & on-line), professional development opportunities, project administration/management, regional re-certification training services, rideshare/commuter assistance, road safety audits, state mandates, examples: recycling rate report, regional water supply plan, technical assistance for comprehensive plan updates, and website development

ELIGIBILITY:

All governmental and private entities in the region.

OFFICE HOURS:

Monday through Friday, 9am - 5pm

NORTHERN SHENANDOAH VALLEY SUBSTANCE **ABUSE COALITION**

305 EAST PICCADILLY STREET, WINCHESTER, VA 22601

Northern Shenandoah Valley

Coalition



MISSION:

The Northern Shenandoah Valley Substance Abuse Coalition will collaborate with community partners to identify and develop effective resources to ensure that the necessary continuum of care for substance use disorders are available to all members of the community.

PHONE: 540-536-5000

WEBSITE: NSVSAC.ORG

SERVICE AREA:

Winchester, Frederick County, Clarke County, Warren County, Shenandoah County, and Page County

ASSISTANCE/PROGRAMS OFFERED:

The NSVSAC operates the Northwest Regional Adult Drug Treatment Court, the Law Enforcement Overdose Intervention Program (LEO), and the CATALIST program. The NSVSAC offers free REVIVE! Training, medication lockboxes, and medication deactivation kits to the community. The organization also assists individuals who have a substance use disorder with referrals to treatment and other resources.

ELIGIBILITY:

Individuals are referred into the Drug Treatment Court and LEO programs by their attorney or probation officer. The CATALIST program serves adolescents ages 12-18 years old and their primary caregivers. The youth must be using substances or at risk of substance use.

OFFICE HOURS:

Monday through Friday, 8am - 5pm

NORTHWESTERN COMMUNITY SERVICES BOARD

ADMINISTRATIVE OFFICE: 209 W. CRISER RD. FRONT ROYAL, VA 22630

OFFICES ARE LOCATED THROUGHOUT THE NORTHERN SHENANDOAH VALLEY

PHONE: 540-636-2931

WEBSITE: WWW.NWCSB.COM



MISSION:

To help people through life's challenges with quality behavioral health services guided by principles of respect, recovery, and self-determination.

SERVICE AREA:

City of Winchester, counties of Frederick, Page, Shenandoah, and Warren

ASSISTANCE/PROGRAMS OFFERED:

Outpatient, case management, day support, residential and emergency programs that are designed to enhance the quality of life for both children and adults affected by emotional/behavioral disorders, mental illness, substance use, and intellectual disabilities and developmental disabilities (ID/DD). Northwestern specializes in rehabilitative and family support services for individuals with such long-term challenges as schizophrenia, bipolar disorder, major depression, addiction, and those with significant impairments from ID/DD.

24-hour emergency evaluation, short-term treatment and hospital referral to individuals having mental health, emotional, substance use, or behavioral crises that pose a safety risk to themselves or others. After regular office hours when centers are closed, access to our professional emergency staff is available through Concern Hotline (https://concernhotline.org).

Substance Use Confidential Warmline - 833-626-1490: Confidential 24 hr peer to peer service for individuals, family members, or those who would like someone to talk to about their journey. Peers provide personal experiences of wellness, recovery, and hope. Peers are not licensed professionals and it is not a crisis hotline.

ELIGIBILITY: Determined through call center. New referrals are screened for appropriateness and, depending upon capacity/need for service requested, may require placement on a waiting list.

OFFICE HOURS: Varies by location.

NORTHWESTERN REGIONAL EDUCATION PROGRAMS (NREP)

1481 SENSENY ROAD, WINCHESTER,

VA 22602

PHONE: 540-665-0103

WEBSITE:

FREDERICKCOUNTYSCHOOLSVA.NET/ DOMAIN/965



MISSION:

NREP staff members are dedicated to working collaboratively with students who have special needs, their families and their community to provide a positive, safe, respectful learning environment that will produce life-long learners, who will transition into a more independent environment.

SERVICE AREA:

The school divisions of Clarke County, Frederick County and Winchester City

ASSISTANCE/PROGRAMS OFFERED:

Northwestern Regional Educational Programs (NREP) provides cost effective, quality programming for school-aged (K-12) students with autism, emotional disabilities, hearing impairments, multiple disabilities and traumatic brain injury. In addition, NREP provides child find and early childhood special education services for students from the age of two through five for Frederick County Public Schools and Winchester City Public Schools serving all disability classifications. NREP also offers a Kaleidoscope Program for children aged three and four without disabilities.

ELIGIBILITY:

Comprehensive supportive services are available to those who are found eligible. These services may include:

Transportation Hearing Impaired Services

Speech Therapy Parent Programs

Occupational Therapy Individual Counseling

Physical Therapy Music Therapy

Vision Services

Related services are delivered to those students who are found eligible, based on standardized evaluations, and are delivered as outlined in a child's IEP (Individual Educational Plan).

NW WORKS, INC.

3085 SHAWNEE DRIVE WINCHESTER, VA 22601 **WEBSITE**: NWWORKS.COM **PHONE**: 540-313-9400

EMAIL: INFO@NWWORKS.COM



MISSION:

Our mission is to empower adults with disabilities and individuals with barriers to employment to build skills and secure and sustain meaningful employment.

SERVICE AREA:

City of Winchester and Clarke, Frederick, and Warren counties. Provides in-facility and community-based employment opportunities, CARF Accredited, janitorial and landscaping services available and contract work.

SPECIAL EVENTS:

Annual Farm to Table in Middletown; vocational training opportunities

ELIGIBILITY:

Anyone 18 or older diagnosed with a disability, must have basic self-care skills, must have some form of funding.

VOLUNTEER NEEDS:

For volunteer opportunities, call 540-313-9440.

OFFICE HOURS:

Monday through Friday, 8am to 4pm

OPPORTUNITY SCHOLARS

918 S BRADDOCK ST WINCHESTER VA 22601 **PHONE**: 540-664-2213 **FAX**: 540-404-8084

WEBSITE: OPPORTUNITYSCHOLARS.ORG



MISSION:

Opportunity Scholars is a nonprofit organization that provides a pathway for students to achieve a good career and a good life. We believe that supporting high-value education and training for our youth is an investment that strengthens local families, local communities and the local workforce. Through our collaboration with students, their families, local schools and community business leaders, we help to create the pathway leading to the successful futures for our young people and build a pipeline of professional, career and technology workers to invigorate local economies.

SERVICE AREA:

Winchester and Frederick County (expanding to Clarke and Loudoun County 2023)

ELIGIBILITY: SUCCESSFUL NOMINEES WILL: Be from families with limited resources and/or have access to limited financial or other support; Be in good standing academically in school and enrolled in the 7th through 10th grade; Have good character; Wish to pursue their education in the Upper Shenandoah Valley; Have substantial potential for personal growth; Be hard working and wish to serve others in our community; Are believed to enjoy the support of their family to pursue education beyond high school.; Wish to pursue one of the career pathways offered by Opportunity Scholars: Education, Healthcare, Technology, Criminal justice, Accounting, Technical or building trade certification; and Willing to follow the requirements and expectations of the Opportunity Scholars program.

VOLUNTEER NEEDS:

Interns seeking a post-secondary degree or credential program or volunteers interested in working with youth to help with projects, data entry, facilitating events or community engagement.

OFFICE HOURS:

Tuesday - Thursday from 10am-5pm; Mondays and Fridays by appointment only; Weekend and evening appointments are available upon request

We work collaboratively with WPS, FCPS, LFCC and SU.

OUR HEALTH, INC.

329 N. CAMERON STREET, SUITE 200, WINCHESTER, VA 22601

PHONE: 540-536-1600

WEBSITE: OURHEALTHVA.ORG



MISSION:

Our Health, a regional non-profit organization, sustains and improves the health and well-being of our community by bringing together, supporting, and expanding capabilities of our partners in the delivery of health and human services, to address unmet needs, and provide ease of access to services.

SERVICE AREA:

The Lord Fairfax Planning District

ASSISTANCE/PROGRAMS OFFERED:

Our Health provides a community campus, currently for 24 agencies, with room to grow. The campus provides those in need with many resources to achieve overall health. Our Health supports campus agencies, providing a reasonable, inclusive rate for office space. Partnerships through the Volunteer Action Center, grant writing, and training resources create a diverse network of services for non-profits. Many levels of support are offered to these agencies by sharing the skilled staff of Our Health. Our Health offers non-profit agencies guidance to improve their organizational structure and efficiency with an eye toward sustaining and enhancing the non-profit community.

VOLUNTEER NEEDS:

Our Health's Volunteer Action Center (VAC) is the region's non-profit volunteer resource hub, working with community non-profit and public service organizations to address volunteer needs. The Volunteer Action Center is a convener and a catalyst to action, as we connect, mobilize, engage, and support volunteers.

PAGE ALLIANCE FOR COMMUNITY ACTION (PACA)

P.O. BOX 723 200 MEMORIAL DRIVE LURAY, VA 22835 PHONE: 540-742-9386

WEBSITE: PAGECOALITION.ORG



MISSION:

To promote the drug-free, healthy and positive development of youth and families through community collaboration and prevention based initiatives in Page County.

SERVICE AREA:

Page County

ASSISTANCE/PROGRAMS OFFERED:

Educational and collaborative programs for families.

ELIGIBILITY: Open to all who reside in Page County.

VOLUNTEER NEEDS:

Volunteers needed for three Community Gardens and outdoor events.

OFFICE HOURS:

Monday through Friday 8am - 5pm

PAGE COUNTY PUBLIC LIBRARY

A BRANCH OF THE MASSANUTTEN REGIONAL LIBRARY

100 ZERKEL STREET LURAY, VA 22835 PHONE: 540-434-4475 EXT. 500 WEBSITE: MRLIB.ORG/ABOUT-US/LOCATIONS-HOURS.HTML



MISSION:

Massanutten Regional Library is an engaged community partner providing programs and services that bring people together, foster creativity, and encourage lifelong learning.

SERVICE AREA:

Page County

ASSISTANCE/PROGRAMS OFFERED:

Founded in 1928, Massanutten Regional Library is a seven branch system that serves over 155,000 residents in Harrisonburg, Page County, and Rockingham County. As a 501(c)(3), non-profit organization we are funded in partnership with these localities and through the generosity of our patrons. https://mrlib.org/about-us/services.html

ELIGIBILITY:

All members of the community.

VOLUNTEER NEEDS:

Volunteers of all ages and abilities are welcome. Needs vary seasonally, please call for details.

OFFICE HOURS:

Monday through Thursday: 10am - 6pm; Friday - Saturday: 11am - 2pm

PAGE FREE CLINIC

250 MEMORIAL DRIVE SUITE C, LURAY, VA 22835

PHONE: 540-743-1054

WEBSITE: PAGEFREECLINIC.ORG



MISSION:

To provide quality medical services to those who do not have access to affordable healthcare.

SERVICE AREA:

Page County

ASSISTANCE/PROGRAMS OFFERED:

Office Visits, Basic Lab Work, Prescription Assistance Program, Diabetes Support – offering classes and follow-ups, Personalized Exercise Programs at Page Memorial Hospital Fitness Center

Women's Health Program offers specialized medical care on the first Tuesday of each month with Dr. Virginia Baker by appointment only.

Behavioral Health Program, in collaboration with Northwestern Community Services. Appointments are offered the first Tuesday of each month by appointment only.

Dental services by appointment to our patients.

Testing for HIV & HEP-C is scheduled once a month for anyone interested. Check Facebook or call us to find out the next scheduled day. See Aids Response Effort website for helpful information.

ELIGIBILITY:

Residents of Page County, whose ages are between 19-64; yearly income before taxes is between \$0-200% of the Federal Poverty Level; no medical insurance, including Medicaid and Medicare

VOLUNTEER NEEDS:

Contact the clinic

OFFICE HOURS:

Tuesdays, 4-7pm

PAGE ONE OF PAGE COUNTY, INC.

LURAY LOCATION: 35 N. BANK STREET, LURAY, VA 22835

PHONE: 540-743-4863

SHENANDOAH LOCATION: 600 COMER

LANE, SHENANDOAH, VA 22849

PHONE: 540-652-8780

WEBSITE: VAPAGEONE.ORG



MISSION:

Provides food and financial assistance to those in the community who find themselves unemployed, sick or for some unforeseen situation, unable to feed their family or meet their financial needs.

SERVICE AREA:

Page County

ELIGIBILITY:

Low-income, must have been a resident of the county for six months, have an ID, and provide information regarding the income of everyone in the household.

VOLUNTEER NEEDS:

Office help, unloading food/food pantry, thrift store: sorting, folding, restocking clothes, cashier

OFFICE HOURS:

Family Assistance (Main Office) Hours: 8:30am to 11:30am

Luray Food Pantry Hours: Monday, Tuesday and Thursday 8:30am -11:30am 35 North Bank Street Luray, VA 22835

Shenandoah Thrift Store, Food Pantry & Family Assistance 600 Comer Lane Shenandoah, VA 22849

Thrift Store Hours: Monday - Friday 10am – 4pm, Saturday 10am – noon

Food Pantry Hours: Monday, Wednesday and Friday 10am - 4pm

PEOPLE INCORPORATED OF VIRGINIA

152 SOUTH MAIN ST., WOODSTOCK, VA 22664

EMAIL: INFO@PEOPLEINC.NET

PHONE: 540-459-9096

WEBSITE: WWW.PEOPLEINC.NET



MISSION: To provide opportunities for economically disadvantaged people to reach their goals in order to enhance their lives, their families, and their communities.

SERVICE AREA: The Northern Shenandoah Valley area

ASSISTANCE/PROGRAMS OFFERED: Service includes various programs including capacity building, technical assistance, affordable housing, housing counseling, business development, and loan services. Also includes

income tax preparation.

ELIGIBILITY: Varies depending on program

FOUNDED: 1964

OFFICE HOURS: Monday-Friday, 8:00am-4:30pm

PHOENIX PROJECT

P.O. BOX 1747 222 S. ROYAL STREET FRONT ROYAL, VA 22630 **PHONE**: 540-635-2302 **HOTLINE**: 540-635-2300

WEBSITE: PHOENIX-PROJECT.ORG



MISSION:

Ensuring freedom from all forms of domestic violence through empowerment, education, and community.

SERVICE AREA:

Front Royal and Warren County

ASSISTANCE/PROGRAMS OFFERED:

Help victims by providing emergency housing for those in imminent danger, crisis intervention, court accompaniment, safety planning, 24-hour hotline. Documents available in Spanish.

ELIGIBILITY:

All victims of domestic violence regardless of age, race, religion, gender, or gender identity. All services are free.

VOLUNTEER NEEDS:

Many volunteer opportunities are available and training is provided. Some opportunities include Hotline Volunteer, event support, fundraising, and social media.

OFFICE HOURS:

Monday through Friday 8:30am to 4:30pm Hotline is 24/7

THE READING ROAD SHOW & GUS BUS

220 UNIVERSITY BLVD, SUITE 1200

HARRISONBURG VA

WEBSITE: IIHHS.JMU.EDU/THEGUSBUS

PHONE: 540-568-5251 EMAIL: GUSBUS@JMU.EDU



MISSION:

To promote a love for learning and mitigate socio-economic barriers to academic success for elementary students in our community

SERVICE AREA:

Currently serving in Harrisonburg City, Rockingham County and Shenandoah County

ASSISTANCE/PROGRAMS OFFERED:

After-School programs, in-home tutoring, and neighborhood-based academic enrichment for K-5 students

ELIGIBILITY:

Students should attend one of our grant schools to participate: Stone Spring, Spotswood, Smithland, or Waterman.

VOLUNTEER NEEDS:

Volunteers needed to support our staff at the After-School programs and at our Neighborhood Bus Stops, and to serve as in-home tutors for or students

OFFICE HOURS:

Monday through Friday, 8:30am - 4:30pm

THE RED WAGON MINISTRY

WEBSITE: THEREDWAGONMINISTRY.COM

PHONE: 540-955-0949

EMAIL:

THEREDWAGONMINISTRY@GMAIL.ORG



MISSION:

To share the love of Christ, by providing disposable baby diapers and adult hygiene products for low income families. Through the principle of good stewardship we endeavor to distribute the blessings supplied to our organization with the local community.

SERVICE AREA:

Serves the Clarke County and C-CAP in Winchester-Frederick County

ASSISTANCE/PROGRAMS OFFERED:

Donate disposable hygiene products for distribution by local organizations for babies/toddlers and senior saints.

ELIGIBILITY:

Recipients are qualified by partnering organizations.

VOLUNTEER NEEDS:

Volunteers are needed to host diaper drives/collections

RESOLUTIONS, INC.

505 NORTH MAIN STREET, SUITE 105 WOODSTOCK, VIRGINIA 22664

EMAIL:

ADMINISTRATION@RESOLUTIONS-INC.ORG

PHONE: 540-459-8799

WEBSITE: RESOLUTIONS-INC.ORG



MISSION:

The mission of reSOLUTIONS, inc. is to establish safe environments for family and community members to come to the table, and receive support and the necessary tools for improved relations.

SERVICE AREA:

reSOLUTIONS, inc. offers court-ordered mediation services in Page, Shenandoah, and Warren counties and private mediations throughout the Commonwealth. Our mediators are trained and certified through the Supreme Court of Virginia.

RESPONSE, INC.

P.O. BOX 287

WOODSTOCK, VA 22664

WEBSITE: RESPONSEVA.ORG

HOTLINE: 540-459-5161 **PHONE**: 540-459-5599

EMAIL: INFO@RESPONSEVA.ORG



MISSION:

Response is a Shenandoah County organization dedicated to preventing and helping people overcome the problems of sexual and domestic violence and other forms of abuse through outreach, advocacy, education, and supportive service.

SERVICE AREA:

Shenandoah County. A 24-hour hotline, a 20-bed emergency shelter for women and children, and court advocacy, support and crisis counseling, and education in the community. All services are free and confidential.

SPECIAL EVENTS:

Celebration of Hope; Candlelight Walk; Sexual Assault Awareness Month; Child Abuse Prevention Month

ELIGIBILITY:

Men, women, and children who are victims and survivors of domestic violence, stalking or sexual abuse.

VOLUNTEER NEEDS:

Two levels of volunteers. One includes fundraising, community event participation, administrative assistance, materials organizer, job coordinator, and shelter maintenance. The other includes court advocacy, client transportation, hotline advocate, childcare, participation in shelter groups/activities, and children and youth advocacy.

OFFICE HOURS:

Monday through Friday, 8am to 5pm, 24/7 Hotline

RONALD MCDONALD HOUSE CHARITIES OF CHARLOTTESVILLE, INC.

300 9TH STREET, SW, CHARLOTTESVILLE, VA 22903 PHONE: 434-295-1885

WEBSITE:

RMHCHARLOTTESVILLE.ORG



MISSION:

The Ronald McDonald House of Charlottesville exists to serve and sustain families when serious illness or injury strikes the most cherished part of their lives, their children.

ASSISTANCE/PROGRAMS OFFERED:

Provides low cost lodging and a home-like atmosphere for pediatric patients (18 years and younger) and/or their families

ELIGIBILITY:

Pediatric patients (18 years and younger) and/or their families who travel to the University of Virginia Medical Center or Martha Jefferson Hospital for treatment.

VOLUNTEER NEEDS:

Golf tournament in Harrisonburg, VA in September

For volunteer opportunities, please contact Debbie Kaplan, Director of Outreach, dkaplan@rmhcharlottesville.org or 434-295-1885

Also visit https://rmhcharlottesville.org/volunteer

OFFICE HOURS:

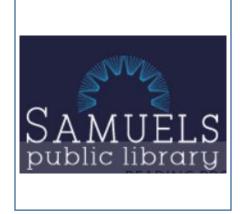
Monday through Friday, 8am to 5pm

SAMUELS PUBLIC LIBRARY

330 E CRISER RD, FRONT ROYAL, VA 22630

PHONE: (540) 635-3153

WEBSITE: SAMUELSLIBRARY.NET/



MISSION: Samuels Public Library brings people, information, and ideas together to enrich lives and build community.

SERVICE AREA: Front Royal

ASSISTANCE/PROGRAMS OFFERED: See website here for listings: https://samuelslibrary.net/

ELIGIBILITY: Front Royal residents

VOLUNTEER NEEDS: Visit: https://samuelslibrary.net/index.php/support/volunteering/adult-volunteers

OFFICE HOURS: Monday through Thursday we are open from 10:00 a.m. to 8:00 p.m. Friday and Saturday we are open 10:00 a.m. to 5:00 p.m. The Library is closed on Sunday.

THE SALVATION ARMY FRONT ROYAL-WARREN COUNTY

357 CLOUD ST FRONT ROYAL, VA 22630

EMAIL:

ANN.HAWK@USS.SALVATIONARMY.ORG

PHONE: 540-635-4020

WEBSITE:

SALVATIONARMYPOTOMAC.ORG/FRONTR

OYAL



MISSION:

To preach the gospel of Jesus Christ and to meet human needs in his name without discrimination.

SERVICE AREA:

Warren, Page, Rappahannock County and Strasburg City

ASSISTANCE/PROGRAMS OFFERED:

Clothing vouchers, USDA food services, utility assistance. No shelter.

VOLUNTEER NEEDS:

See website

OFFICE HOURS:

Monday, Tuesday, Thursday, Friday: 9am - 12pm, 1:30-3:30pm

THE SALVATION ARMY WINCHESTER

300 FORT COLLIER RD WINCHESTER, VA 22601 **PHONE**: 540-662-4777

WEBSITE:

SALVATIONARMYPOTOMAC.ORG/WINC HESTERVACORPS



MISSION:

To preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

SERVICE AREA:

Winchester City, Frederick and Clarke Counties

ASSISTANCE/PROGRAMS OFFERED:

Day and overnight shelter, soup kitchen and more.

VOLUNTEER NEEDS:

Bell ringing at Christmas and more. See website and social media.

OFFICE HOURS:

Monday through Friday: 8am - 5pm, closed 12pm - 1pm

SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)

131 PROVIDENCE LANE PETERSBURG, WV26847

WEBSITE: REGIONEIGHT.ORG

PHONE: 304-257-1221 FAX: 304-257-4958

EMAIL: BFORTNER@REGIONEIGHT.ORG



MISSION:

To provide work experience, training, and skill development to older workers interested in employment

SERVICE AREA:

Provides services to citizens of City of Winchester, Frederick and Shenandoah counties in VA. Additionally, Jefferson, Berkeley, Morgan, Mineral, Grant, Hardy, Hampshire, Pendleton counties in WV.

ASSISTANCE/PROGRAMS OFFERED:

Employment services (SCSEP is funded by the U.S. Department of Labor and the National Council on Aging.)

ELIGIBILITY:

Age 55 and over, income eligible and unemployed

OFFICE HOURS:

Monday through Friday, 8am to 4pm

SENIORS FIRST SHENANDOAH AREA AGENCY ON AGING

207 MOSBY LANE FRONT ROYAL, VA 22630

WEBSITE: SHENANDOAHAAA.COM

HELPLINE: 540-635-7141

FAX: 540-636-7810

EMAIL: INFO@SHENANDOAHAAA.COM



MISSION:

SAAA is the only comprehensive regional provider of support services that enable older persons to continue living in their homes.

SERVICE AREA:

City of Winchester and Frederick, Clarke, Shenandoah, Page, and Warren counties.

ASSISTANCE/PROGRAMS OFFERED:

Among the numerous services, the agency operates senior centers, provides Meals-on-Wheels program to homebound seniors, arranges for personal care services for seniors who need help with activities of daily living, provides transportation to and from senior centers, coordinates WellTran rides, and Medicare insurance counseling.

ELIGIBILITY:

Varies but most programs are targeted to those age 60 and over and their caregivers.

VOLUNTEER NEEDS:

Riding vans and delivering Meals on Wheels, providing programs or other assistance at the Active Living (Senior Citizen) Centers. Medicare Insurance Counseling, fundraising, and more. Please refer to website.

OFFICE HOURS:

Monday through Friday, 8:30am to 4:30pm

SHENANDOAH ALLIANCE FOR SHELTER

135 S MAIN ST P.O.BOX 386 WOODSTOCK, VA 22664 WEBSITE: ALLIANCEFORSHELTER.COM

PHONE: 540-459-3212 **FAX**: 540-459-3235

EMAIL: ALLIANCE4SHELTER@GMAIL.COM



MISSION:

To prevent homelessness by providing supportive services and/or temporary shelter to enable our clients to achieve independence.

SERVICE AREA:

Shenandoah, Page and Warren Counties.

ASSISTANCE/PROGRAMS OFFERED:

Provide temporary financial rental assistance through several housing programs for Shenandoah, Page and Warren County. In partnership with the Salvation Army, administer utility assistance to Shenandoah County residents only who have a disconnection notice.

ELIGIBILITY:

Housing Programs: Must first complete eligibility screening through Centralized Housing Intake at 540-271-1701.

Utility Assistance: Must call the office to complete an eligibility screening.

OFFICE HOURS:

Monday through Friday 8:30am to 4:30pm.

SHENANDOAH ARTS COUNCIL

530 AMHERST ST. WINCHESTER, VA. 22601 PHONE: (540) 667-5166 WEBSITE: SHENARTS.ORG



MISSION:

The Shenandoah Arts Council (ShenArts) works to make the arts accessible and enrich the community of the Northern Shenandoah Valley with diverse and immersive arts experience for people of all ages — bringing art to the people and people to the art.

SERVICE AREA:

Northern Shenandoah Valley

PROGRAMS OFFERED:

Founded in 1978 as the Shenandoah Arts Council, ShenArts provides regional artists with opportunities to exhibit their artworks in various partnership programs, including the Museum of the Shenandoah Valley (MSV), the City of Winchester, the Barns of Rose Hill and Navy Federal Credit Union. These programs include exhibitions such as Art in the Halls, the ArtScape banners in Old Town Winchester and the Veterans Art Exhibit.

ELIGIBILITY: Membership is open to artists of any age and skill level and to any art lovers and patrons of the arts, we welcome community partnerships.

VOLUNTEER NEEDS:

ArtScape, event and youth program support, sponsorships, website, marketing, etc.

OFFICE HOURS:

The ShenArts office is currently open by appointment only. Call and email anytime, response rate is usually 24 hours.

SHENANDOAH COMMUNITY HEALTH CLINIC

(THE SHENANDOAH FREE CLICNIC & SHENANDOAH DENTAL CLINIC)

124 VALLEY VISTA DRIVE, P.O. BOX 759 WOODSTOCK, VA 22664

WEBSITE: SHENCLINIC.ORG

PHONE: 540-459-1700 (HEALTH) **PHONE**: 540-459-9333 (DENTAL)



MISSION:

Bridging gaps in healthcare while providing access to onestop, comprehensive health services for the whole community.

SERVICE AREA:

Shenandoah and surrounding counties

ASSISTANCE/PROGRAMS OFFERED:

Sliding Fees, Medicaid and commercial insurances accepted

ELIGIBILITY:

Virginia residents, Medicaid and commercial insurances, uninsured sliding fees are based off recent financials

VOLUNTEER NEEDS:

Medical and dental professionals, receptionist, and clerical staff, fundraising and outreach

OFFICE HOURS:

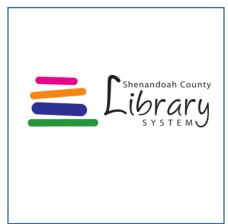
Monday - Thursday 8am to 5pm (closed 12:30-1:30pm every day for lunch)

SHENANDOAH COUNTY LIBRARY SYSTEM

MAIN OFFICE ADDRESS: 514 STONY CREEK BLVD., EDINBURG, VA. 22824

PHONE: 540-984-8200

WEBSITE: COUNTYLIB.ORG



MISSION:

To provide library services to the people of Shenandoah County.

SERVICE AREA:

Shenandoah County, VA.

ASSISTANCE/PROGRAMS OFFERED:

Six branches across Shenandoah County feature children's programming and more.

ELIGIBILITY:

Live or work in Shenandoah County

VOLUNTEER NEEDS:

Varies based on branch location

OFFICE HOURS:

Varies based on branch location

SHENANDOAH COUNTY PARKS & RECREATION DEPARTMENT

600 N. MAIN STREET, SUITE 108 WOODSTOCK, VA 22664

WEBSITE:

SHENANDOAHCOUNTYVA.US/PARKS

PHONE: 540-459-6777 FAX: 540-459-8040

EMAIL: SCPR@SHENANDOAHCOUNTYVA.US



MISSION:

Provide recreational opportunities, programs, and parks that enhance the quality of life for all within the community.

SERVICE AREA:

Shenandoah County residents and visitors.

ASSISTANCE/PROGRAMS OFFERED:

The department maintains a park, the Old Edinburg School, and the Historic Court House for recreational and meeting/party facilities. Sports leagues are numerous and available for men, women, and children of all ages. Before and after-school and summer programs are offered, as well as Senior Fellowships in several locations.

ELIGIBILITY:

Shenandoah County residents.

VOLUNTEER NEEDS:

Clinical and office assistance, officials for youth sports, special event assistance, coaches for youth sports programs, landscaping, and labor assistance.

OFFICE HOURS:

Monday through Friday, 8:30am to 5pm

SHENANDOAH COUNTY PREGNANCY CENTER

28 CEDARWOOD LANE EDINBURG, VA 22824

WEBSITE: HOPE4FUTURE.ORG HELPLINE-AFTER HOURS: 430-3353164

PHONE: 540-984-4673

EMAIL: INFO@HOPE4FUTURE.ORG

SHENANDOAH COUNTY PREGNANCY CENTER

MISSION:

Provides objective information and resources to make a confident, fully informed decision about pregnancy. Clients are treated with kindness and compassion, always receiving honest and open answers from staff.

SERVICE AREA:

Shenandoah County.

ASSISTANCE/PROGRAMS OFFERED:

Options are discussed for parenting, adoption, and abortion. To talk about any of these options, call or text.

ELIGIBILITY:

Services are free of charge and strictly confidential.

VOLUNTEER NEEDS:

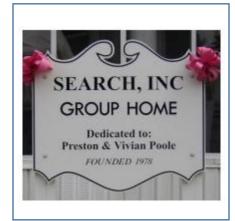
Volunteers are needed to help with donations, mailings, grounds upkeep; and others willing to take the training to become client advocates.

OFFICE HOURS:

Monday by appointment; Tuesday Noon to 8pm; Wednesday Noon to 4pm; Thursday 10am to 6pm; Friday Noon to 4pm

SHENANDOAH COUNTY SEARCH, INC.

5742 MAIN STREET – GROUP HOME MOUNT JACKSON, VA 22842 **WEBSITE**: SHENANDOAHSEARCH.ORG 5982 MAIN STREET – THRIFT STORE PHONE: 540-477-2808 OR 540-477-2600 EMAIL: SEARCHTHRIFT@GMAIL.COM



MISSION:

Provide a warm and nurturing home for intellectually challenged adults. The secondary mission is to operate the thrift shop which provides most of the financial support for the group home.

ASSISTANCE/PROGRAMS OFFERED:

SEARCH is a group home licensed by VA Department of Social Services and serves intellectually challenged adults in Shenandoah County. The home provides help with daily activities, meal preparation, laundry, and transportation to a day program, shopping, and appointments.

ELIGIBILITY:

All residents must be born intellectually challenged and be 18 years of age or older. All residents are encouraged to have a daytime activity away from the home.

VOLUNTEER NEEDS:

Volunteers needed in thrift store. Hours are Tuesday through Saturday 10am to 4pm.

OFFICE HOURS:

Monday through Friday, 9am to 3pm

SHENANDOAH VALLEY COMMUNITY RESIDENCES, INC.

301 N. CAMERON STREET, SUITE 103

WINCHESTER, VA 22601 WEBSITE: SVCR.ORG

HELPLINE: 540-536-0336 **PHONE**: 540-722-3207 **EMAIL**: INFO@SVCR.ORG



MISSION:

To operate and maintain community-integrated residential settings and support services for adults whose primary diagnosis is intellectual disability. The goal is to promote independence by affording the individual choice in their daily life and in building relationships which utilize natural supports in the greater community.

SERVICE AREA:

Greater Winchester VA area

ASSISTANCE/PROGRAMS OFFERED:

Group homes and supervised apartments.

ELIGIBILITY:

MUST have primary diagnosis of Intellectual Disability; 18 years +

VOLUNTEER NEEDS:

Assistance in maintaining the residences/landscape.

OFFICE HOURS:

Monday through Friday, 9am - 5pm

SHENANDOAH VALLEY COMPASSIONATE CARE PHARMACY

507 AMHERST STREET WINCHESTER, VA 22601 INSIDE OF WALGREENS **PHONE**: 540-536-4101 **FAX**: 540-536-4102



MISSION:

A non-profit organization that assists the uninsured and the underinsured in obtaining prescription medicine.

SERVICE AREA:

Serves the northwestern quarter of Virginia

ASSISTANCE/PROGRAMS OFFERED:

Order and dispense medication according to a written prescription by a physician in the area served by Valley Health. The medicine should be for a chronic condition.

ELIGIBILITY:

Eligibility is based on income. Clients must call first to be screened. If eligible, an appointment will be set-up. Pharmacy is located in the Walgreens building

OFFICE HOURS:

Pharmacy: Monday through Thursday, 9am - 1pm

Office hours: 9am - 4:30pm

SHENANDOAH VALLEY DISCOVERY MUSEUM

19 WEST CORK STREET, WINCHESTER, VA. 22601

PHONE: 540-722-2020

WEBSITE: DISCOVERYMUSEUM.NET

EMAIL:

INFO@DISCOVERYMUSEUM.NET



MISSION:

To spark curiosity and inspire learning through exploration and creative play

SERVICE AREA:

Winchester and surrounding area

ASSISTANCE/PROGRAMS OFFERED:

Refer to website for up to date opportunities

VOLUNTEER NEEDS:

Museum volunteers needed! Contact the Museum for more information.

CURRENT HOURS:

Sunday, Monday and Tuesday: Closed

Play sessions open Wednesday-Saturday 9:30am - 3:330pm

SHENANDOAH VALLEY LUTHERAN MINISTRIES

P.O. BOX 132 TOMS BROOK, VA 22660 WEBSITE: SVLM.ORG PHONE: 540-325-7521

EMAIL: SHENVALLEYLM@GMAIL.COM



MISSION:

Our charge is to work with Lutheran congregations, other communities of faith, and existing agencies to strengthen outreach throughout Shenandoah County by providing community services related to support of the aging, infant, and youth communities in fulfillment of faith-based principles.

SERVICE AREA:

We provide services to residents of Shenandoah County, Virginia.

ASSISTANCE/PROGRAMS OFFERED:

We serve our community through programs that help local people from infancy through old age:

- A Small Hand provides supplies for babies and toddlers
- Luke's Backpack provides weekend meals for schoolchildren
- Good Shepherd provides personal and household supplies for the elderly

ELIGIBILITY:

- A Small Hand serves anyone who is signed for WIC (Women, Infant and Children) and resides in Shenandoah County.
- Luke's Backpack provides meals over the weekend to any child in need in any of the Shenandoah County Public Schools.
- The Good Shepherd provides cleaning and hygiene supplies for anyone over 65 who has been identified by SAAA (Shenandoah Area Agency on Aging) or DSS (Department of Social Services) or other providers.

VOLUNTEER NEEDS:

We need delivery drivers to transport food from providers to our packing sites for Luke's Backpack. We need people to help pack and distribute bags of diapers and wipes for A Small Hand. We need a communications and database expert to help with those aspects of our ministry.

OFFICE HOURS: We do not have physical office space.

SHEN-PACO INDUSTRIES, INC.

1032 WISSLER RD QUICKSBURG, VA 22847 PHONE: 540-477-2049

WEBSITE: SHEN-PACO.ORG



MISSION:

Providing an array of services to people with disabilities, focusing on education, development, vocational training, employment and residential services.

Established in 1974

SERVICE AREA:

Shenandoah and Page County

ASSISTANCE/PROGRAMS OFFERED:

Day programs and community engagement programs

VOLUNTEER NEEDS:

Call for more information

OFFICE HOURS:

8am to 4pm

SKYLINE COMMUNITY ACTION PARTNERSHIP-HEAD START

532 SOUTH MAIN STREET MADISON, VA, 22727

WEBSITE: SKYLINECAP.ORG

PHONE: 540-948-3916 **FAX**: 540-948-2264



MISSION:

To improve the lives of low-income children by involving parents in the total operation and administration of the Head Start Program

SERVICE AREA:

Services provided in Page, Shenandoah, Warren, Madison, and Greene counties.

ASSISTANCE/PROGRAMS OFFERED:

Provide Head Start programs in Page, Shenandoah, Warren, Madison, and Greene counties. There are two classrooms in Page County, Shenandoah County, and Warren County for preschool children.

ELIGIBILITY:

Based upon Federal guidelines.

OFFICE HOURS:

Monday through Friday, 8am to 4:30pm

SPCA WINCHESTER-FREDERICK-CLARKE

115 FEATHERBED LANE WINCHESTER, VA 22601

WEBSITE: WINCHESTERSPCA.ORG

PHONE: 540-662-8616 **FAX**: 540-7733697



MISSION:

To provide a safe, nurturing, temporary environment for homeless animals; facilitate transition of companion animals to loving homes; promote spay/neuter services; advocate against animal abuse.

SERVICE AREA:

Serving City of Winchester and the counties of Frederick and Clarke.

ASSISTANCE/PROGRAMS OFFERED:

Provide adoption services, cremation, lost and found, spay and neuter information, and assistance with surrendering. Operate a thrift shop located at 1944 Abrams Creek, Winchester, which is open daily to help financially support the SPCA.

VOLUNTEER NEEDS:

Volunteers to work in thrift shop, cat kennels, adoption, and fundraising events.

OFFICE HOURS:

Closed Mondays. Tuesday through Friday 10am to 5pm.

Saturday and Sunday noon to 5pm - Appointment only.

Thrift Shop: Monday: closed, Tuesday-Friday: 10am - 6pm, Saturday-Sunday: by appointment

Adoption Center: Monday: closed, Tuesday-Friday: 10am - 6pm, Saturday-Sunday: by

appointment

Admission Center: Monday: closed, Tuesday-Friday: 10am - 6pm, Saturday-Sunday: by

appointment

SPECIAL LOVE, INC. & CAMP FANTASTIC

158 FRONT ROYAL PIKE, SUITE 301

WINCHESTER, VA., 22602 **WEBSITE**: SPECIALOVE.ORG

HELPLINE: 1-888-930-2707 **PHONE**: 540-667-3774 **FAX**: 540-667-8144



MISSION:

To provide year-round programs for children with cancer, as well as a community of support for parents and families

SERVICE AREA:

Primarily Virginia, West Virginia, Maryland, and Washington, DC but camp is available to any child in the U.S. who has cancer.

ASSISTANCE/PROGRAMS OFFERED:

Camps are held at the Northern VA 4-H Educational Center in Front Royal; additional patient and family weekends are also held throughout the year.

ELIGIBILITY:

Ages 7-17 within three years of cancer-specific treatment; brothers and sisters of children with cancer.

VOLUNTEER NEEDS:

Volunteers are very important-- try to match volunteers not only to needs but also to interests. Refer to website for the contact.

OFFICE HOURS:

Monday through Friday, 9am to 5pm

ST. LUKE COMMUNITY CLINIC

316 N. ROYAL AVE.

FRONT ROYAL, VA 22603

WEBSITE: SAINTLUKECLINIC.ORG

PHONE: 540-636-4325

FAX: 540-636-1743

EMAIL:

EXECUTIVE.DIRECTOR@SAINTLUKECLINIC

.ORG



MISSION:

Non-profit community-based organization of volunteer and professional staff committed to providing high-quality health care services to low-income, uninsured residents of Front Royal and Warren County.

SERVICE AREA:

Front Royal and Warren County uninsured residents or people with only part A Medicare.

ASSISTANCE/PROGRAMS OFFERED:

Services offered include acute and chronic care, minor illnesses, mental health, limited dental, medications, and a diabetes clinic. Woman's health which includes a complete woman's physical exam, Pap smear, and mammogram. The clinic does not provide emergency care nor does it have specialty care, radiological, or laboratory services. It refers patients to other medical specialists within the community.

OFFICE HOURS:

Monday, Tuesday, and Thursday 9am to 2pm, later if we have patients.

All new patients can be seen any time. There is an open-door clinic on Tuesdays 9am – 11am, no appointment needed.

STRENGTH IN PEERS

917 N. MAIN STREET HARRISONBURG, VA., 22802

WEBSITE: STRENGTHINPEERS.ORG

PHONE: 540-217-0869

EMAIL:

SERVICES@STRENGTHINPEERS.ORG



MISSION:

We offer hope, support and advocacy for those seeking recovery so that we can build resilience and thrive in our lives and communities.

SERVICE AREA:

Shenandoah County and Page County.

ASSISTANCE/PROGRAMS OFFERED:

The Side-by-Side Recovery Program provides comprehensive recovery support services to adults who are struggling with substance use, mental health and/or trauma related challenges. Services include case management and individual peer support. Telecounseling and telepsychiatry are also provided through our partners. Eligibility is limited to adults under 200% of the Federal poverty level who are on Medicaid, uninsured or underinsured.

Online peer support groups and workshops include SMART Recovery, Wellness Recovery Action Plan, and Anger Management. Groups are open to all adults regardless of income or insurance. The full schedule is posted on the website.

The Comprehensive Harm Reduction program helps individuals who are still using drugs do so more safely and helps prevent the spread of HIV, Hepatitis C and other blood borne diseases. It provides needle/syringe exchange, naloxone, fentanyl test strips, rapid HIV and Hepatitis C testing, and information about accessing various types of recovery support if and when participants are ready.

All services are free, confidential, and non-judgmental.

OFFICE HOURS:

Monday through Friday, 9am to 5pm

SUSTAINABILITY MATTERS

822 SWOVER CREEK RD EDINBURG, VA 22824

PHONE: 540-325-5220

WEBSITE:

SUSTAINABILITYMATTERS.EARTH

EMAIL:

HELLO@SUSTAINABILITYMATTERS.EARTH



MISSION:

A Virginia-grown grassroots nonprofit. We cultivate community through conservation. We make sustainability fun, realistic, and accessible to all.

SERVICE AREA:

Shenandoah and Piedmont Regions

ASSISTANCE/PROGRAMS OFFERED:

Educational programs

ELIGIBILITY:

Open to the public

VOLUNTEER NEEDS:

Available on website volunteer page

TIMBER RIDGE SCHOOL

(LEARY EDUCATIONAL FOUNDATION, INC.)

1463 NEW HOPE ROAD CROSS JUNCTION, VA 22625 PHONE: 540-888-3456

WEBSITE: TIMBERRIDGESCHOOL.ORG



MISSION:

To teach and empower youth to be successful, safe, and responsible citizens by building healthy relationships and providing therapeutic activities in a safe environment

Founded in 1977

SERVICE AREA:

Virginia and West Virginia

ASSISTANCE/PROGRAMS OFFERED:

Enhanced Residential Services, Substance Abuse Services, Goal-Based Services, Diagnostic and Assessment Services, Academic Day School for non-resident students, Community In-Home Services, Career and Technical Training

ELIGIBILITY:

Referral required, more information is available by contacting admissions

VOLUNTEER NEEDS:

Seasonal and event help

OFFICE HOURS:

Monday through Friday, 9am - 5pm

TOYS FOR TOTS WINCHESTER

PHONE: 540-664-9303

WEBSITE: CLEAR-BROOK-VA.TOYSFORTOTS.ORG



MISSION:

The basic mission of the Marine Toys for Tots Program is to collect new unwrapped toys and distribute those toys to less fortunate children at Christmas.

SERVICE AREA:

Winchester and surrounding areas

ASSISTANCE/PROGRAMS OFFERED:

Toy giveaways

ELIGIBILITY:

Apply online in fall for Christmas. Child(ren) must be between 1 day to 17 years of age

VOLUNTEER NEEDS:

Assisting in the transportation and storage of toys, assisting in our local warehouse, assisting with meals, and more. See website for opportunities and application.

UNITED WAY OF FRONT ROYAL/WARREN COUNTY

134 B PEYTON ST FRONT ROYAL, VA 22630 **PHONE**: 540-635-3636

WEBSITE: FRONTROYALUNITEDWAY.ORG



MISSION:

To improve lives by mobilizing and coordinating the caring power of our community to advance the common good.

SERVICE AREA:

Warren County and Front Royal

ASSISTANCE/PROGRAMS OFFERED:

Conduct the community campaign, manage funds, provide coordination, guidance, and support for community-based human-service programs.

VOLUNTEER NEEDS:

Contact us at 540-635-3636 to discuss the type of volunteer opportunity you are looking for. We will help you find ways to help the community that match your interests.

OFFICE HOURS:

Monday through Friday: 9am - 4pm

UNITED WAY OF NORTHERN SHENANDOAH VALLEY

329 N. CAMERON STREET WINCHESTER, VA 22601

P.O. BOX 460 WINCHESTER, VA 22604

WEBSITE: UNITEDWAYNSV.ORG

HELPLINE:

PHONE: 540-536-1610

EMAIL: INFO@UNITEDWAYNSV.ORG



MISSION:

To increase the organized capacity of people to care for one another.

SERVICE AREA:

City of Winchester and counties of Frederick, Clarke, Shenandoah, and Page. United Way NSV conducts a community fundraising campaign and distributes funds to eligible nonprofit agencies. For assistance connecting with community organizations: See Valley Assistance Network

ELIGIBILITY:

Program outcome accountability standards for affiliated organizations.

VOLUNTEER NEEDS:

During campaign time, volunteers are needed to help raise funds through corporate campaigns and special events, annual Day of Caring and monthly Rubbermaid Sales.

SPECIAL EVENTS:

Annual Campaign, Day of Caring, Youth Day of Caring, MLK Jr. Day – Youth Service Project, Monthly Rubbermaid Product Sales, ALICE Awareness Week

OFFICE HOURS:

Monday through Friday, 9am - 5pm

VALLEY ASSISTANCE NETWORK

OF UNITED WAY OF NORTHERN SHENANDOAH VALLEY

301 N. CAMERON STREET, #202 WINCHESTER, VA 22601

WEBSITE: UNITEDWAYNSV.ORG/VAN

PHONE: 540-773-3178

EMAIL: VAN@UNITEDWAYNSV.ORG



MISSION:

To engage community resources to move individuals and families from crisis to financial security.

SERVICE AREA:

Serves Frederick, Clarke, Shenandoah, and Page counties and the City of Winchester

ASSISTANCE/PROGRAMS OFFERED:

Through a coordinated network of services, we help people in crisis access information and resources to stabilize their

situation and begin their journey to financial stability. We provide immediate crisis intervention services to help ALICE® families navigate the complex social services system and move from crisis to stability.

ELIGIBILITY:

Residents of Winchester, Frederick, Clarke, Shenandoah, or Page Counties.

VOLUNTEER NEEDS:

Resource Navigators, Tax Assistance Volunteers, Budget Coach, office help. Visit unitedwaynsv.org/VAN for more opportunities.

OFFICE HOURS:

Monday through Friday, 9am to 5pm

VALLEY HEALTH SYSTEM (HOSPITAL LISTINGS)

220 CAMPUS BLVD WINCHESTER, VA 22601 PHONE: 540-536-8000

WEBSITE: VALLEYHEALTHLINK.COM



MISSION:

Serving our community by improving health.

SERVICE AREA:

Northern Shenandoah Valley and surrounding regions in Maryland and West Virginia

Valley Health is a not-for-profit health system of hospitals, urgent cares, physician practices, and services dedicated to meeting the medical needs of West Virginia, Maryland, and the Top of Virginia. We care about giving back, promoting health and partnering with local communities to provide the care residents need. Our focus remains on putting the patient first, rooted in our commitment to provide high quality, safe, and affordable care.

We are proud to be a trusted health and wellness resource for our regional community. We do much more than care for individuals once they walk into our hospital doors. Valley Health partners with others to enhance health education, prevention, chronic disease management, and accessible healthcare for those with limited resources.

ASSISTANCE/PROGRAMS OFFERED:

Financial assistance available on a case by case basis. More information available at valleyhealthlink.com and by phone at 866-414-4576.

VALLEY LIGHT FOUNDATION

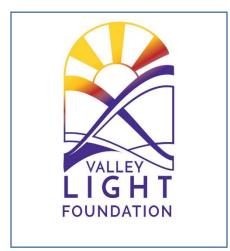
P.O. BOX 2737

WINCHESTER, VA 22604

WEBSITE: VALLEY-LIGHT.ORG

PHONE: 703-727-4233

EMAIL: INFO@VALLEY-LIGHT.ORG



MISSION:

VLF walks alongside people in need, showing them the path to Living In God's Hope & Truth (LIGHT). We partner with individuals who are willing to make changes in their life to become self-sufficient. We partner with individuals to show them the path to wise, healthy decisions – help them understand the consequences of a bad decision. VLF utilizes three core principles through this journey:

- 1. Sustainability Financial Independence
- 2. Responsibility Empowering, not Enabling
- 3. Accountability Love, but Verify

SERVICE AREA:

City of Winchester and counties of Frederick, Clarke, Shenandoah and Page.

ASSISTANCE/PROGRAMS OFFERED:

VLF currently has a transitional home for single men, and a transitional home for single women and children. Guests work with a house supervisor and mentor to reach the goal of self-sufficiency.

ELIGIBILITY:

Eligible candidates must be working and willing to make changes towards becoming self-sufficient and financially stable. Candidates must complete an application and an interview.

VOLUNTEER NEEDS:

Mentors to work one-on-one with guests, and occasional outdoor property maintenance.

OFFICE HOURS:

By appointment only

VCU AUTISM CENTER FOR EXCELLENCE (ACE)

1314 WEST MAIN STREET RICHMOND, VA 23284-2011

PHONE: 855-711-6987

WEBSITE: VCUAUTISMCENTER.ORG



MISSION:

VCU-ACE improves services and supports for individuals with autism spectrum disorder (ASD) by promoting the implementation of research-based practices in schools and the community through training, technical assistance, research, and collaboration.

SERVICE AREA:

Statewide

ASSISTANCE/PROGRAMS OFFERED:

Provides education and training for those working with autism spectrum disorders.

ELIGIBILITY:

Resources are available to all who are dedicated to improving the lives of individuals with autism spectrum disorders.

VIRGINIA CAREER WORKS SHENANDOAH VALLEY REGION/VIRGINIA EMPLOYMENT COMMISSION

419 N. CAMERON STREET WINCHESTER, VA 22601 PHONE: 540-545-4146 WEBSITES: VCWVALLEY.COM VEC.VIRGINIA.GOV/WINCHESTER



MISSION:

Work with a wide range of regional and state partners to offer a variety of services such as employment information, career development training opportunities, easy access to support programs, and self-directed job search/job posting options, on the job training, work experiences, worker training and other business services.

SERVICE AREA:

City of Winchester, Frederick, Clarke, Warren, Shenandoah, and Page counties.

ELIGIBILITY:

Job seekers and employers.

OFFICE HOURS:

Open to the public Monday through Friday 9am to noon and 1pm to 4pm

VIRGINIA COOPERATIVE EXTENSION

107 N. KENT STREET, 2ND FLOOR, WINCHESTER, VA 22601



MISSION:

Virginia Cooperative Extension helps lead the engagement mission of Virginia Tech and Virginia State University, the commonwealth's land-grant universities. Building local relationships and collaborative partnerships, we help people put scientific knowledge to work through learning experiences that improve economic, environmental, and social well-being.

PHONE: 540-665-5699

WEBSITE: FREDERICK.EXT.VT.EDU

SERVICE AREA:

Frederick County

ASSISTANCE/PROGRAMS OFFERED:

Through educational programs based on research and developed with input from local stakeholders, we help the people of Frederick County improve their lives. We provide education through programs in Agriculture and Natural Resources, Family and Consumer Sciences, 4-H Youth Development, and Community Viability.

VOLUNTEER NEEDS:

Virginia Cooperative Extension relies on volunteers to accomplish its mission. We believe that active citizen involvement in our programs makes a difference in our success. The work of volunteers at the local level helps us leverage our paid faculty and staff resources into a much greater impact for the people of Virginia.

There are many ways you can get involved with us. If you are interested in volunteering, please contact us and we will be happy to discuss available opportunities.

OFFICE HOURS:

Monday through Friday, 8am - 5pm

VIRGINIA DEPARTMENT FOR AGING AND REHABILITATIVE SERVICES (DARS)

LOCAL OFFICE:

20 RICKETTS DR.

WINCHESTER, VA 2260

PHONE: 540-722-3453 **FAX**: 540-722-3410

WEBSITE: VADARS.ORG



MISSION:

To improve the employment, quality of life, security, and independence of older Virginians, Virginians with disabilities, and their families.

SERVICE AREA:

Statewide. The local office serves City of Winchester, Frederick, Clarke, Shenandoah, and Warren counties.

ASSISTANCE/PROGRAMS OFFERED:

Services include vocational rehabilitation counseling, vocational evaluation/career exploration, vocational/job training, job placement assistance, situational assessment, job development/job coaching, and assistive technology.

ELIGIBILITY:

Persons who have a physical or mental disability that causes substantial barrier to get or keeping a job. Must be willing and able to work and benefit from vocational rehabilitation services.

OFFICE HOURS:

Monday through Friday, 8:15am - 5pm

VIRGINIA DEPARTMENT OF VETERANS SERVICES

CLOSEST OFFICE:

105 STONY POINTE WAY STE 220

STRASBURG, VA 22657

EMAIL: INFO@DVS.VIRGINIA.GOV

PHONE: 540-465-6113; 540-465-2615

FAX: 540-465-6116

WEBSITE: DVS.VIRGINIA.GOV



MISSION:

The Virginia Department of Veterans Services (DVS) connects Virginia's veterans and their families to federal and state benefits, support, quality care, and recognition they have earned.

SERVICE AREA:

Serving all Virginia Veterans. The Strasburg office serves the City of Winchester and Clarke, Frederick, Page, Shenandoah, and Warren counties.

ELIGIBILITY:

Varies by program.

OFFICE HOURS:

Monday through Friday, 8am - 4:30pm, Veterans will be seen from 8:30am to 3pm.

Office will be closed to the public on the last business day of the month.

VIRGINIA LAWYER REFERRAL SERVICE

A SERVICE OF THE VIRGINIA STATE BAR

1111 E MAIN ST #700 RICHMOND, VA 23219

EMAIL: LAWYERREFERRAL@VSB.ORG

PHONE: 800-522-7977

WEBSITE: VLRS.COMMUNITY.LAWYER



MISSION:

The Virginia Lawyer Referral Service will connect you to a lawyer in your area for #35. You receive a consultation of up to a half hour with him or her.

ELIGIBILITY:

The Virginia Lawyer Referral Service will refer to anyone 18 years or older that wishes to consult with a lawyer that is a VSB member in good standing and that pays the pre-paid consult fee of \$35.00. Referrals to VLRS lawyer are made based on callers' requested Virginia geographical location and requested area of legal practice.

OFFICE HOURS:

Monday through Friday, 9am to 5pm Closed on State and Federal Holidays

VIRGINIA RELAY SERVICES

PHONE: 866-894-4116 (VOICE)

866-246-9300 (TTY)



WEBSITE: VARELAY.ORG

MISSION:

A free public service, Virginia Relay enables people who are deaf, hard of hearing, DeafBlind or have difficulty speaking to communicate with standard telephone users. The conversation is relayed between the two by a specially trained Virginia Relay Communications Assistant (CA).

SERVICE AREA:

Relay services are available 24 hours a day, 365 days per year, who no limit on the number or length of calls a user may make. By law, every call is handled with the strictest confidentiality. Special features are available for individuals who have difficulty speaking, as well as Spanish-speaking and sign language users.

ELIGIBILITY:

Anyone can make a Virginia Relay call just by dialing 7-1-1.

THE WARREN COALITION

PO BOX 2058 538 VILLA AVE FRONT ROYAL, VA 22630 **PHONE**: 540-636-6385

WEBSITE: WARRENCOALITION.ORG



MISSION:

Partnering to support a safe, healthy, and drug-free community for our youth.

SERVICE AREA:

Warren County and Front Royal

ASSISTANCE/PROGRAMS OFFERED:

Halo Read, Deals Hope, Project Wahoo and WeCUWC

Anger/Anxiety/Trauma Management, Project COURAGE, Substance Misuse, Assessment and Treatment, Re-Entry Services, Peer Recovery Services, RSW Regional Jail Services

VOLUNTEER NEEDS:

See website

WINCHESTER AREA TEMPORARY THERMAL SHELTER (WATTS)

P.O. BOX 2936

WINCHESTER, VA 22604

WEBSITE: WATTS-

HOMELESSSHELTER.ORG

PHONE: 540-327-5431

EMAIL: EXECDIRECTOR@WATTS-

HOMELESSSHELTER.ORG



MISSION:

Provide a safe, temporary, overnight, cold weather shelter for homeless guest at host sites in Winchester, Frederick, and Clarke Counties.

SERVICE AREA:

The WATTS program offers a safe haven for homeless and at-risk individuals in the Winchester, VA region during the cold weather months.

VOLUNTEER NEEDS:

There are many volunteer opportunities including: serving and preparing breakfasts and dinners, guest intake, overnight volunteer, providing transportation to guests, and medical volunteers to provide basic first aid.

Please see website to sign up to volunteer.

WINCHESTER DAY PRESCHOOL

133 LINCOLN STREET WINCHESTER, VA 22601

WEBSITE:

WINCHESTERDAYPRESCHOOL.ORG

PHONE: 540-662-2629

EMAIL: SUEWDPS@GMAIL.COM



MISSION:

Our goal is to provide affordable high-quality preschool and childcare to the community in a safe, nurturing environment while offering an enriching early education experience which promotes social, physical, and cognitive development.

SERVICE AREA:

City of Winchester, Frederick and Page counties. Provide preschool and childcare services and prepare children for kindergarten. Offer reading readiness and speech language program.

ELIGIBILITY:

We offer preschool and childcare services to children 2-5 years of age or until entry into kindergarten.

VOLUNTEER NEEDS:

A variety of volunteer opportunities are available. Become a friend of the preschool, join the Board of Directors, or help keep up maintenance of the grounds and provide school upkeep.

OFFICE HOURS:

Monday through Friday, 6:30am to 5:30pm

WINCHESTER PARKS & RECREATION DEPARTMENT

1001 EAST CORK STREET WINCHESTER, VA 22601

WEBSITE: WINCHESTERVA.GOV/PARKS

PHONE: 540-662-4946

EMAIL:

WINCPARKS@WINCHESTERVA.GOV



MISSION:

To provide comprehensive quality and safe recreation and park programs, facilities, and services that enrich the quality of life for the Winchester community and beyond.

SERVICE AREA:

Winchester City and surrounding areas

ASSISTANCE/PROGRAMS OFFERED:

Winchester, VA Parks and Recreation offers over 270 acres of park land (including Jim Barnett Park), a Recreation Center, disc golf course, BMX track, playgrounds, athletics, pools, events, child care, camps, & more.

The Winchester Parks Foundation offers financial aid (scholarship) fund for park programs.

ELIGIBILITY:

Open to the general public.

PARK HOURS:

Monday through Friday, 5:30am to 9:30pm; Saturday 9am to 6pm; Sunday noon to 6pm

WINCHESTER RESCUE MISSION

435 NORTH CAMERON STREET WINCHESTER, VA 22601 WEBSITE: WINRESCUE.ORG

PHONE: 540-667-5379

EMAIL: INFO@WINRESCUE.ORG



MISSION:

The Winchester Rescue Mission transforms lives by providing shelter, supportive services, and advocacy to improve to improve and enhance the lives of individuals experiencing homelessness and poverty in the Northern Shenandoah Valley.

SERVICE AREA:

Northern Shenandoah Valley

ASSISTANCE/PROGRAMS OFFERED:

Provides shelter, services and case management for men, women and families experiencing homelessness. Food pantry provides boxes of food to any in need of nutritional support. Monday to Friday 10am. Free community meals to anyone hungry. Lunch 11am, Dinner 5pm, 365 days a year. Free laundry and showers available.

ELIGIBILITY:

Services available to anyone experiencing homelessness or struggling in our community. There is no registration for nutritional support programs. There are no barriers to shelter programs.

VOLUNTEER NEEDS:

Front desk, prepare and serve meals, resident partners, clothing closest, drivers, data entry and office assistance

OFFICE HOURS:

Monday through Friday, 9am to 5pm

WINCHESTER VICTIM WITNESS PROGRAM

21 S. KENT STREET, SUITE 200 WINCHESTER, VA 22601

WEBSITE:

WINCHESTERVICTIMWITNESS.COM

PHONE: 540-722-7940 **FAX**: 540-665-9087

EMAIL:

JIM.PEARCE@WINCHESTERVA.GOV



MISSION:

To help victims of crime in the City of Winchester Virginia.

SERVICE AREA:

City of Winchester

ELIGIBILITY:

Anyone who was a victim of crime that happened in the City of Winchester.

OFFICE HOURS:

Monday through Friday, 8am to 5pm

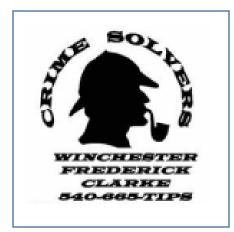
WINCHESTER-FREDERICK-CLARKE CRIME SOLVERS

PO BOX 2151 WINCHESTER, VA 22604

PHONE: 540-665-8477

WEBSITE:

FACEBOOK.COM/WINCHESTER-FREDERICK-CLARKE-CRIME-SOLVERS-117869608295607



MISSION:

To provide an opportunity to anonymously report crime and people wanted for crimes.

SERVICE AREA:

City of Winchester and Frederick and Clarke counties

ASSISTANCE/PROGRAMS OFFERED:

You can download the P3 App or go to www.p3tips.com/980 to anonymously submit a tip.

ELIGIBILITY:

Anyone who has information on wanted persons.

OFFICE HOURS:

24/7 anonymous tip line and P3 app for reporting

YOUTH DEVELOPMENT CENTER (YDC)

3 BATTAILE DRIVE WINCHESTER, VA 22601 **WEBSITE**: MYYDC.ORG PHONE: 540-622-4564 EMAIL: INFO@MYYDC.ORG



MISSION:

The YDC offers year-round programming that caters to the interests of today's youth. We host various events and activities for the academics, gamers, athletes, artists, and world changers in our community.

SERVICE AREA:

Serves Winchester, Frederick, and Clarke counties.

ASSISTANCE/PROGRAMS OFFERED:

Offers year-round programs collaboratively with non-profits,

public education, and the community.

Adventures Beyond is for individuals with physical and intellectual disabilities to have adaptive and inclusive experiences that accommodate their needs and aspirations.

Baker's Anchor Mentoring (BAM) provides positive and supportive mentorship opportunities. We believe that these relationships are valuable in a child's development.

ELIGIBILITY:

The YDC is an open and accessible safe space for all youth in our community.

VOLUNTEER NEEDS:

Chaperones for special events, volunteers for fundraising events, donations of technology and sporting equipment.

OFFICE HOURS:

Monday through Friday 10am to 8pm.

Saturday and Sunday by prescheduled appointment or event

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FOOD PANTRY LISTING

Please note: This list is subject to change. You are advised to call and confirm the pantry or soup kitchen is still open and operating during the times listed. For most pantries, a photo ID is required for service.

Winchester City	Address/Phone	Hours
Highland Food Pantry	446 Highland Avenue (540) 662-0809	Tuesdays 9:00 am - 11:30 am & 6:00 pm - 7:30 pm
Hope Again Care Center	213 S. Cameron Street (540) 450-8935	Tues-Wed 10:00 am - 2:00 pm & Saturday 9:00 am - 12:00 pm
Centenary United Church	202 S. Cameron Street (540) 662-9067	2nd & 4th Fridays from 1:00 pm - 2:00 pm
C-CAP	112 S. Kent Street (540) 662-4318	Mon, Wed, Thurs. 10:00 am - 1:00 pm & Friday 10:00 am - 12:00 pm
Winchester Rescue Mission	435 N. Cameron Street (540) 667-5379	Monday-Friday 9:00 am - 10:00 am

Frederick County	Address/Phone	Hours
Salvation Army	300 Fort Collier Road Winchester, VA (540) 662-4777	Monday-Friday 9:00 am - 11:00 am & 1:00 pm - 2:00 pm
The Love Church	199 Agape Way Stephens City, VA (703) 330-0881	Every Monday @ 6:00 pm until runs out

Olive Branch Food Pantry at Victory Church	2870 Middle Road Winchester, VA (540) 667-9400	Wednesdays 9:30 am - 12:00 pm *Drive Thru
Stephens City United Methodist Church	5291 Main Street Stephens City, VA (540) 869-2348	Tuesdays 11:00 am - 3:00 pm
Welltown United Methodist Church	1444 Welltown Road Winchester, VA (54) 665-0433	Thursdays 5:30 pm - 7:00 pm

Clarke County	Address/Phone	Hours
FISH of Clarke County	36 E. Main Street Berryville, VA (540) 955-1823	Tuesday & Wednesday 8:00 am - 10:00 am
Women of Duncan Memorial	219 E. Main Street Berryville, VA (54) 955-3700	3rd or 4th Friday of the Month *By appointment only
Christ Episcopal Church	809 Bishop Meade Rd. Millwood, VA	1st Friday of the Month 1:00 pm - 3:00 pm *For Seniors & Clients with special needs 1st Saturday of the Month 9:00 am - 11:00 am *For residents of southern Clarke County only

Warren County	Address/Phone	Hours
C-CAP	316 N. Royal Ave.	Monday-Friday 9:00 am -
	Front Royal, VA	12:00 pm
	(540) 636-2448	
Front Royal Church of Christ	140 W. 15th St.	Monday-Friday
	Front Royal, VA	*call for appointment
	(540) 635-2613	
Loaves and Fishes	613 N. Royal Ave.	Tuesday 1:00 pm - 4:00 pm &
	Front Royal, VA	Thursday-Friday 9:00 am -
	(540) 252-4320	2:00 pm
Salvation Army	357 Cloud St.	Monday-Friday 9:00 am - 12:00 pm & 1:30 pm - 3:30 pm
	Front Royal, VA	
	(540) 635-4020	

Shenandoah County	Address/Phone	Hours
Bread of Life at Woodstock Presbyterian Church	156 S. Muhlenberg St. Woodstock, VA (540) 459-4144	3rd Tuesday & 3rd Thursday 1:00 pm - 4:00 pm
The Love Center Pantry	20910 Senedo Rd. Edinburg, VA (540) 459-1632	Every other Saturday 9:00 am - 12:00 pm *in parking lot, same as Columbia Furnace Church of the Brethren
Compassion Cupboard	533 Burgess St. Strasburg, VA (540) 465-3778	3rd Tuesday of the Month 9:00 am - 12:00 pm & 1:00 pm - 3:00 pm

Open Door Food Pantry	11278 Old Valley Pike Mt. Jackson, VA (540) 740-8135	3rd Thursday of the Month 1:00 pm - 6:00 pm
Broadway Presbyterian Church	107 E. Lee St. Broadway, VA (540) 896-3903	3rd Thursday of the Month 5:30 pm - 7:00 pm
Loaves and Fishes Pantry at Manor Memorial UMC	9320 N. Congress St. New Market, VA (540) 740-8959	3rd Thursday of the Month 1:00 pm - 5:00 pm

Page County	Address/Hours	Hours
Page One - Luray	35 N. Bank Street Luray, VA (540) 743-4863	Monday, Tuesday & Thursday 8:30 am - 11:30 am
Page One - Shenandoah	600 Comer Lane Shenandoah, VA (540) 652-8780	Monday, Wednesday & Friday 10:30 am - 2:30 pm

United Way of Northern Shenandoah Valley





United Way of Northern Shenandoah Valley

United Way of Northern Shenandoah Valley | 329 North Cameron Street, Suite 201 Winchester, Virginia, 22601 | www.UnitedWayNSV.org | (540) 536-1610